

Section 1: Ethan

Fri, Feb 22

Viernes, 22 de febrero

Alternate Schedule (see [Calendar](#))

Junior Parents Network Meeting, 8:15 AM, Staff Lounge

Horario alternativo (ver calendario)

Reunión de la Red de Padres Jóvenes, 8:15 AM, Salón del Personal

Sat, Feb 23

Sábado 23 de febrero

GunnHacks 5.0, 7 AM, N Building

GunnHacks 5.0, 7 AM, Edificio N

Tue, Feb 26

Mar 26 feb

Meeting w/ Special Ed Instr Supervisor, 8:15 AM, Staff Lounge

Junior Class Fundraiser, 4 PM, Gott's Roadside

Reunión con el Supervisor del Instrumento de Educación Especial, 8:15 AM, Salón del Personal

Recaudador de fondos de la clase junior, 4 PM, Gott's Roadside

Fri, Mar 1

Viernes 1 de marzo

Winter Dance, 7 PM, Bow Gym

Baile de invierno, 7 PM, Bow Gym

Mon, Mar 4

Lun, 4 de marzo

Site Council, 4 PM, Staff Lounge

Consejo del sitio, 4 PM, sala de personal

Wed, Mar 6

Miércoles 6 de marzo

Band & Orchestra Boosters meeting--CANCELED-TO BE RESCHEDULED, 7:15 PM, Music Building

Reunión de Boosters de la Banda y la Orquesta - CANCELADOS PARA SER PROGRAMADOS, 7:15 PM, Music Building

Thu, Mar 7

Jue 7 mar

Gunn Service Day, 8:30 AM, various sites

Día de Servicio Gunn, 8:30 AM, varios sitios

Fri, Mar 8

Viernes 8 de marzo

End of 3rd Quarter

Fin del 3er trimestre

Gunn

Class of 2020 Fundraising Event

Evento de recaudación de fondos clase 2020

Tue, Feb 26, 4-8 PM, Gott's Roadside, Town & Country Village, 855 El Camino Real, #65, Palo Alto

Martes, 26 de febrero, 4-8 PM, Gott's Roadside, Town & Country Village, 855 El Camino Real, # 65, Palo Alto

Want a great burger and help out the Class of 2020? Come to the fundraising event at Gott's Roadside restaurant on Tuesday, February 26th from 4 PM to 8 PM. Order between 4 PM and 8 PM and 10% of all sales goes to the Class of 2020. No coupon needed. Burgers, hot dogs, tacos, salads, soups, shakes, fries and more. Vegetarian options: Impossible burger & salads.

¿Quiere usted una gran hamburguesa y ayudar a la clase de 2020? Venga al evento de recaudación de fondos en el restaurante Gott's Roadside el martes 26 de febrero de 4 a 8 p. M. El pedido entre las 4:00 p.m. y las 8:00 p.m. y el 10% de todas las ventas va a la Clase de 2020. No se necesita cupón. Hamburguesas, perros calientes, tacos, ensaladas, sopas, batidos, papas fritas y más. Opciones vegetarianas: hamburguesas y ensaladas imposibles.

Volunteers Needed for Gunn Dance

Se necesitan voluntarios para la danza Gunn

Fri, Mar 1, 6:30-10:30 PM, Bow Gym

Viernes 1 de marzo, 6:30-10:30 PM, Bow Gym

The Gunn Winter Dance is next Friday, March 1st, in Bow Gym from 7-10 PM. We need 18 parent volunteers to help support the dance, running coat check, and the water/snack table. Shifts are two hours, from 6:30-8:30 PM and 8:30-10:30 PM. It's a wonderful evening, we would love your help. Sign up [here](#)
El baile de invierno de Gunn es el próximo viernes 1 de marzo en Bow Gym de 7 a 10 p. M. Necesitamos 18 padres voluntarios para ayudar a apoyar el baile, la revisión del abrigo y la mesa de agua / refrigerio. Los turnos son de dos horas, de 6:30-8:30 PM y de 8:30-10:30 PM. Es una noche maravillosa, nos encantaría su ayuda. Regístrate aquí.

Notice of PTSA Special Meeting

Aviso de Junta Especial PTSA

Mon, Mar 4, 8:45 AM, Staff Lounge

Lunes, 4 de marzo, 8:45 AM, personal de la sala

The Gunn PTSA is scheduling a Special Meeting of the General Membership on Monday, March 4th, 2019 in the Staff Lounge at 8:45 AM. The sole purpose of this meeting is to approve budget adjustments we require for conducting business before the regularly scheduled General Meeting in April. We would love any PTSA members who can show up; we need a quorum of 14 people to vote. Thank you very much. --Sigrid Pinsky, PTSA President, Sigridkp@yahoo.com

La PTSA de Gunn está programando una reunión especial de la membresía general el lunes 4 de marzo de 2019 en la Sala del personal a las 8:45 AM. El único propósito de esta reunión es aprobar los ajustes presupuestarios que requerimos para realizar negocios antes de la reunión general programada en abril. Nos encantaría cualquier miembro de PTSA que pueda presentarse; Necesitamos un quórum de 14 personas para votar. Muchas gracias. --Sigrid Pinsky, Presidente de PTSA, Sigridkp@yahoo.com

Section 2: Nikki

Gunn Community Service Day: 10 (of 42) Adult Chaperones Still Needed for Gunn Service Day

Thu, Mar 7, 8:00 AM-2:15 PM (times will vary depending on the service opportunity you choose)

YCS-Interact and Key Club students are working hard to finalize plans for this amazing day. This year there will be on and off-campus service projects for students and for adult chaperones. For off-campus service projects, students will travel in buses to various service sites such as pre-schools, parks, or soup kitchens. MANY adult chaperones are ESSENTIAL to accompany the student-led teams. We hope we will not have to disappoint 2 or 3 planned sites due to lack of adult chaperones. Please visit the [Gunn website](#) for more information and to [sign up](#). Questions: nhesterman@pausd.org or dichikawa@pausd.org. We look forward to seeing you there!

Academic Center Monitor Needed

Alternate Wednesdays, 12-1 PM, Academic Center

We still need ongoing noontime assistance in the Academic Center on alternate Wednesdays. In this 2-hour/month position you are THE adult in the room. The main tasks are to have students know of your presence, to watch over the automatic textbook check-out and return system and to monitor appropriate use of the computers in the room. If no one is available the Center must be closed to disappointed students who may need to check out a text, print off an assignment or seek a quiet place to study.

Compensation: Joy of interacting with our great students, familiarity with what goes on at Gunn and heartfelt appreciation from the students, the AC staff (Lisa and Pam) and me (nhesterman@pausd.org).

Gunn Sports Boosters

Congratulations to **Alia Drescher** and **Mikayla Silverman** receiving Athlete of the Week Honorable Mention from Palo Alto Weekly, Wednesday, 2/20. Follow us on [Facebook at Gunn Sports Boosters!](#)

FROM THE PREVIOUS ISSUE:

Important Advocacy Information

Gunn Families, please note important information from the Palo Alto Council of PTAs (PTAC) regarding the Stanford General Use Permit (GUP). [More information can be found in this flyer.](#) Scroll down to the "PAUSD & PTAC" section below for:

--Follow-up information of PTAC's Special Meeting on February 6

--Related petition.

Section 3: Niki

GunnHacks 5.0 Registration Now Open!

Registración para GunnHacks 5,0 Abierta Ahora!

Sat, Feb 23, 7 AM-10 PM, N Building

Sabado, 23 de febrero, 7 AM-10 PM, N Edificio

We are excited to host the 5th iteration of our school hackathon, GunnHacks 5.0, on Saturday, February 23rd, 7 AM to 10 PM. You'll have the opportunity to work in teams of up to four to create cool projects and make your ideas a reality. No prior experience is necessary. Food and refreshments will be provided. Prizes will be awarded to the best projects. All participants will also receive free access to Wolfram|One for thirty days. To apply, please visit gunnhacks.com. If you have any questions, feel free to contact us at ghshacks@gmail.com.

Estamos emocionados albergar el quinto iteración de nuestra hackathon, GunnHacks 5,0, en domingo, 23 de febrero, 7 AM a 10 PM. Tendrá la oportunidad de trabajar en equipos de cuatro o menos para crear proyectos geniales y hacer su ideas en realidad. No experiencia necesitado. Comida y piscolabis serán proveídos. Premios serán galardonado a los mejores proyectos. Todos los participantes también recibirán acceso gratis a Wolfram|One por treinta días. Solicite a gunnhacks.com. Si tiene cualquier preguntas, no dude en contactarnos a ghshacks@gmail.com.

Parent Meeting with Gunn's Special Education Instructional Supervisor, Teri Lee

Reunión de padres con Teri Lee, la supervisora instruccional de educacion especial de Gunn

Tue, Feb 26, 8:15-10:15 AM, Staff Lounge

Martes, 26 de febrero, 8:15-10:15 AM, sala de profesores

What is the Individual Transition Plan (ITP) and why is it important? The ITP gives students a voice in developing their high school IEP through a self-discovery process. Learn how the ITP can help guide your student to set goals and transition successfully into post-high school life. Ms. Lee will also describe the supports available to assist students with IEPs. Sponsored by PTSA Special Ed/Inclusion Reps. Contact Kimberly Lee at kimberlyenglee@gmail.com, Grace Downer at gracedowner@gmail.com, Ann Xu at ann_xu@yahoo.com or special@paloaltopta.org.

¿Qué es el plan de transición individual y por qué es importante? Este plan un voz da estudiantes en desarrollando su IEP secundaria a través de un proceso de autoconocimiento. Aprenda cómo este plan puede ayudar a guiar su estudiante para hacer metas y convertirse en la vida possecundaria con éxito. Señorita Lee también describirá los servicios disponibles asistir estudiantes con IEPs. Contacte Kimberly Kimberly Lee a kimberlyenglee@gmail.com, Grace Downer a gracedowner@gmail.com, Ann Xu a ann_xu@yahoo.com o special@paloaltopta.org.

Palo Alto Parent Education Series: *The Self-Driven Child--The Science and Sense of Giving Your Kids More Control Over Their Lives*

Series de educación para padres de Palo Alto: El Emprendedor Niño--La Ciencia y Juicio de Dando Su Niños Más Control sobre Sus Vidas

Tue, Mar 12, 7-8:30 PM, Palo Alto High School, Performing Arts Center, 50 Embarcadero Rd, Palo Alto
Martes, 12 de marzo, 7-8:30 PM, Secundaria Paly, centro de bellas artes, 50 Embarcadero Rd, Palo Alto

All parents want children and teens who are confident, self-directed, and goal-driven. In this presentation, authors Dr. William Stixrud and Ned Johnson share tools that parents can use to enhance a child's drive, motivation, and healthy decision-making. "My 25 year career in test-prep, helping families navigate the challenges of high-stakes tests and college admissions, has convinced me of one truth: giving kids a greater sense of control helps them hit the sweet spot of success, internal motivation, and tolerance for stress in an increasingly anxious and competitive world."--Ned Johnson. Parents, students, and educators welcome! Free admission and light refreshments. Register [here](#). Spanish and Mandarin interpretation will be available. Palo Alto Parent Education Series events are jointly sponsored by Paly PTSA and Gunn PTSA.

Todos los padres quieren niños y adolescentes confidentes, emprendedores y orientados a los objetivos. En esta presentación, autores Dr. William Stixrud y Ned Johnson comparten herramientas que padres pueden usar a mejorar la energía, motivación y toma de decisiones saludable de un niño. "Mi veinticinco años carrera en preparación de prueba, ayudando familias con los retos de pruebas de colegio y solicitudes de ingreso a universidad, me ha convencido una verdad: dar niños un mayor sentido de control ayuda ellos en acertar el punto óptimo de éxito, motivación interna y tolerancia para estrés en un mundo más tenso competitivo" -- Ned Johnson. ¡Padres, estudiantes y educadores bienvenidos! Admisión gratis y picolabis ligero. Regístrese [aquí](#). Interpretación español y mandarín serán disponibles. Eventos de las series de educación para padres de Palo Alto son patrocinado por Paly PTSA y Gunn PTSA conjuntamente.

Gunn Sports Boosters

Adeptos deportivos de Gunn

Congratulations to **Timothy Waymouth** for earning Athlete of the Week honors (Feb 13, Palo Alto Weekly). Congrats to the following Gunn athletes who earned Honorable Mention: **Ria Rajupt**, basketball; **Emersen Sweeney**, soccer; and **Dash Lee**, wrestling.

Felicitaciones a **Timothy Waymouth** por se ganando el honor de Atleta de la Semana (13 de febrero, Palo Alto Semanal) y los siguientes atletas quienes se ganandan mención honorífica: **Ria Rajupt**, baloncesto; **Emersen Sweeney**, fútbol; y **Dash Lee**, lucha.

The next Sports Boosters meeting will be on Tue, Feb 19 at 7 PM in the PE Classroom on the side of Bow Gym. All are welcome! [Follow Gunn Sports Boosters](#) on Facebook!

La próxima reunión adeptos deportivos estará en martes, 19 de febrero a las siete en la noche en la clase de deportes al lado de Bow gimnasio. ¡Todos son bienvenidos! ¡[Siga Adeptos Deportivos](#) de Gunn en Facebook!

PAUSD & PTAC
PAUSD Y PTAC

****NEW** EACH FRIDAY! Superintendent's Weekly Board Update**

****NUEVO** ¡CADA VIERNES! Noticias Semanales Consejo del Superintendente Escolar**

Read Dr. Don Austin's Weekly Board Update, published new each Friday <https://www.pausd.org/news>.

Lea noticias semanales consejo de Dr. Don Austin, publicado cada viernes <https://www.pausd.org/news>.

Section 4: Edward

****NEW** Advocate For Our Children NOW - FULLY MITIGATE**

Stanford General Use Permit

**** NUEVO ** Abogar por nuestros niños AHORA - COMPLETAMENTE MITIGAR**

Permiso de uso general de Stanford

Calls to Action: (1) Attend March 14 Rally to Protect our Schools, Palo Alto City Hall, 5:30 PM, (2) Message the County and Stanford to Protect our Schools; (3) Write letters to the editor, (4) School PTSA letters, (5) Attend 2/28 hearing in San Jose.

On Wednesday, February 13th, Joe Simitian spoke at the General Association Meeting. He applauded the community's response to voice our concerns for mitigation. If you haven't done so yet, **now** is the time to message the County and Stanford on the [Click My Cause Two-Tap App](#) (select Palo Alto PTA Council) or [sign our online petition](#). He encourages us to attend the upcoming 3/14 **town hall** on the Stanford GUP and **write** to newspapers/media so that non-school families know about Stanford's gigantic proposed building impact. School impact may not be squarely considered by the Final Environmental Impact Report (EIR), however, the Development Agreement (DA) currently being negotiated may contemplate additional conditions to mitigate impact to our schools, including per student funding, neighborhood school construction (Quarry Road), safe routes to school (SRTS), and afterschool childcare. A copy of the [Final EIR](#) is at local libraries or online. Many schools are beginning their own letter writing campaigns. To learn more or to volunteer, please email president@paloaltopta.org. For resource materials, visit www.paloaltopta.org.

Llamados a la acción: (1) Asistir a la manifestación del 14 de marzo para proteger nuestras escuelas, Ayuntamiento de Palo Alto, 5:30 PM, (2) Enviar un mensaje al Condado y Stanford para que protejan nuestras escuelas; (3) Escribir cartas al editor, (4) Cartas de PTSA de la escuela, (5) Asistir a la audiencia de 2/28 en San José.

El miércoles 13 de febrero, Joe Simitian habló en la reunión de la Asociación General. Aplaudió la respuesta de la comunidad para expresar nuestras preocupaciones por la mitigación. Si aún no lo ha hecho, ahora es el momento de enviar un mensaje al Condado y a Stanford en la aplicación Click My Cause Two-Tap de Click (seleccione Palo Alto PTA Council) o firmar nuestra petición en línea. Nos alienta a asistir al próximo Ayuntamiento de 3/14 en el Stanford GUP y escribir a los periódicos / medios de comunicación para que las familias que no asisten a la escuela conozcan el gigantesco impacto propuesto en el edificio de Stanford. El Informe Final de Impacto Ambiental (EIR, por sus siglas en inglés) no puede considerar directamente el impacto en las escuelas, sin embargo, el Acuerdo de Desarrollo (DA) que se está negociando actualmente puede contemplar condiciones adicionales para mitigar el impacto en nuestras escuelas, incluida la financiación por estudiante, la construcción de escuelas en los vecindarios (Quarry Road), rutas seguras a la escuela (SRTS), y cuidado de niños después de la escuela. Una copia del EIR final está en las bibliotecas locales o en línea. Muchas escuelas están comenzando sus propias campañas de escritura de cartas. Para obtener más información o para ser voluntario, envíe un correo electrónico a president@paloaltopta.org. Para materiales de recursos, visite www.paloaltopta.org.

Call to Action: Please Sign the Petition

Llamado a la acción: por favor firme la petición

Palo Alto PTA Council URGES YOU TO TAKE ACTION. Parents, teachers, staff, PAUSD students, Palo Alto neighbors, and colleagues, too! Please sign the online petition to speak up and voice your concerns. The message is simple: STANFORD TO SAFEGUARD OUR CHILDREN'S EDUCATION WITH FULL MITIGATION. PAUSD students who come with no tax dollars for their education in a public school is just not right. FULL MITIGATION will safeguard our children's education now and for future generations of school children. Please [sign the petition!](#)

El Consejo de la PTA de Palo Alto LE INSTA A QUE TOME ACCIÓN. ¡Padres, maestros, personal, estudiantes de PAUSD, vecinos de Palo Alto y colegas también! Por favor firme la petición en línea para hablar y expresar sus inquietudes. El mensaje es simple: STANFORD PARA SALVAGUARDAR LA EDUCACIÓN DE NUESTROS NIÑOS CON MITIGACIÓN COMPLETA. Los estudiantes de PAUSD que vienen sin impuestos para su educación en una escuela pública simplemente no están bien. La MITIGACIÓN COMPLETA salvaguardará la educación de nuestros hijos ahora y para las generaciones futuras de niños en edad escolar. Por favor firme la petición!

****NEW** Supervisor Joe Simitian: Teacher Housing Project**

****NUEVO** Supervisor Joe Simitian: Proyecto de vivienda para maestros**

At the Wednesday, General Association Meeting, Supervisor Joe Simitian spoke on the Teacher Housing Project to help build affordable teacher housing near California Ave/Cal Train Station. Five local school districts, including PAUSD, are being asked to contribute funds to help power the project's funding. PAUSD Board of Education has held a meeting on this. County land has already been secured. Additional funding is being negotiated. Please help spread the word and send comments to PAUSD Board of Education and the County of Santa Clara if you are supportive of our schools, our children, and our teachers. We are the Parent Teacher Association (PTA) and "T" for Teachers is in our middle name. Contact Micaela.hellman-tincher@bos.sccgov.org.

En la reunión de la Asociación General, el Supervisor Joe Simitian habló sobre el Proyecto de Vivienda para Maestros para ayudar a construir viviendas asequibles para maestros cerca de la estación de tren California Ave / Cal. Se está pidiendo a cinco distritos escolares locales, incluido el PAUSD, que contribuyan con fondos para ayudar a impulsar los fondos del proyecto. La Junta de Educación de PAUSD ha celebrado una reunión sobre esto. La tierra del condado ya ha sido asegurada. Se está negociando financiación adicional. Por favor, ayude a correr la voz y envíe comentarios a la Junta de Educación de PAUSD y al Condado de Santa Clara si usted apoya a nuestras escuelas, nuestros niños y nuestros maestros. Somos la Asociación de Padres y Maestros (PTA) y la "T" para maestros está en nuestro segundo nombre. Comuníquese con Micaela.hellman-tincher@bos.sccgov.org.

Section 5: Breanna

Parent Ed Night: Learn the Basic ABCs About LGBTQ+ Youth

Wed, Mar 13, 7 PM, Fletcher Middle School, MP Rm, 655 Arastradero Rd, Palo Alto

This [Parent Ed event](#) is organized by the Fletcher Middle School PTA and staff, and is open/relevant to anyone, not just Fletcher families. Our event will be about understanding gender identities, sexual orientation, how to support LGBTQ+ youth in our community, and more. Open to all families with the purpose of supporting youth so we can be an inclusive and WELCOMING community. Translation (Spanish and Mandarin) available if requested 3 days in advance. Please email kee@pausd.org to request. Special guests include Miriam Stevenson (PAUSD's Director of Student Services), Valerie Royaltey-Quandt (Greene Middle School Principal), Melissa Howell (Fletcher Middle School Principal), Diana Hernandez and Ryan Fouts (Project Outlet Education Coordinator and Program Director), Shounak Dharap (PAUSD Board of Education member), Sally G. (former PAUSD parent), and Julian G. (former

PAUSD student). Also available: City and school library resource tables and great prizes! Have a question you'd like addressed? [Fill out this anonymous form](#) by Monday, 3/11/19.

Summer Camps Info Now Available on PTAC Website

Looking for a summer camp in your neighborhood or at one of our Palo Alto Unified school sites? Now you can find it at the [PTAC website](#). Camp providers listed on this page host activities/summer camps at PAUSD Schools, and pay rental fees to our district. These rental fees help to defray the cost of running our schools while providing local opportunities for our kids. PTA Council does not endorse one camp over another. This service is offered to give parents an easy way to find out what is being offered and where. Please contact the [PTAC Webmaster](#) to recommend updates to this information. There is no charge to providers to be listed.

Community

Bullet Journaling for Teens

Saturdays, Feb 9, 23; Mar 9, 23; Apr 6, 20; 3-4:30 PM, Mitchell Park Teen Center, 3700 Middlefield Rd, Palo Alto

This free bullet journaling workshop provides a space where students can cultivate creativity and organizational skills while de-stressing from academics. Bullet journaling is an activity that includes artistic elements as well as writing and planning through making lists, calendars, and trackers. Through participating in this activity, students will get their own journal to keep and learn different bullet journaling skills each class. Teens are free to join during any class, and preferably will attend multiple classes. All materials are free. This workshop is funded by Palo Alto Think Fund. No registration is required. If you have any further questions, please email bulletjournalingforteens@gmail.com.

Section 6: Hannah

Real Food for Thought

Wed, Mar 6, 7-8:30 PM, Palo Alto High School, Media Arts Center, 50 Embarcadero Rd, Palo Alto
PTA Council of Palo Alto hosts this event. Has your family thought about eating more "real food"? Is our local community in line with your thinking? Our speaker, Dr. Lustig, will reveal how and why Americans are eating more processed foods with added sugar and less "real foods" like vegetables, whole grains, lentils, nuts, seeds and fruits. Robert H. Lustig, MD, MSL, is the Emeritus Professor of Pediatrics in the Division of Endocrinology, and Member of the Institute for Health Policy Studies at UCSF. [RSVP here](#).

Comida por Pensamiento

Miercoles, el seis de marzo, 7-8:30 pm, Palo Alto escuela, centro de artes, 50 Embarcadero Rd, Palo Alto
PTA Council de Palo Alto hospedado este evento. Si tu familia piensan de comen más saludable, asiste este evento! Aprende si la comunidad también quiere comer más saludable. Tenemos una persona, Dr. Lustig y el va a demostrar porque los americanos come más cosas con azúcar de los cosas saludables por ejemplo los vegetales, grano, nueces, frutas, semillas, y lentejas. Robert H. Lustig, MD, MSL, es el Emeritus profesor de pediatría en el división de endocrinología y miembro de el instituto de estudios de políticas de salud en UCSF. Si quieres asistes, [haces click en esto](#).

Paly Theatre Presents: Guys & Dolls

Mar 8, 9, 15, 16 at 7:30 PM, Mar 14 at 4:30 PM, and Mar 17 at 2 PM, Palo Alto High School, 50 Embarcadero Rd, Palo Alto

Roll the dice and hop on over to the Paly theatre! You'll see it all in the Tony award winning quintessential musical *Guys & Dolls*. This hilarious, high stakes adventure has a multifaceted mission and romance

galore as we dance the night away through Times Square and Havana. Tickets now at www.palytheatre.com/tickets! Tickets are \$15 adults, \$10 students/seniors.

Paly Teatro Presentar: Chicos y Muñecas

El ocho de marzo, el nueve de marzo, el diecicinco de marzo, y el dieciséis de marzo en 7:30 PM. El diecicuatro de marzo en 4:30 PM. El diecisiete de marzo en 2 PM, Palo Alto Escuela, 50 Embarcadero Rd, Palo Alto

Vas a la teatro de Paly! Puedes ver el Tony galardonado musical *Chicos y Muñecas*. Esto musical es cómico, aventurero, y tiene un poco de amor. ¡Debes verlo! Compres su boleto en www.palytheatre.com/tickets. Adultos son veinticinco dólares y estudiantes/personas mayores son veinte dólares.

Special Saints and Sinners Benefit

Sat, Mar 16, 5:30 PM, Palo Alto High School Performing Arts Center, 50 Embarcadero Rd, Palo Alto
You're invited to join us at the *Guys & Dolls* Supper Club and Music Revue Benefit. Feast on New York deli delights, while members of the *Guys & Dolls* cast entertain you with song and dance numbers. Your ticket to this special event includes supper, entertainment and the best seats in the house for a rollicking great performance of *Guys & Dolls*. The fun begins at 5:30 PM on March 16th in the Paly High PAC. Tickets for this memorable benefit--including reserved VIP seats for the 7:30 PM performance--are \$45 for adults and \$35 for children 12-and-under.

Especial Santos y Pecadores Benefician

Sábado, El veintiséis de marzo, 5:30 PM, Palo Alto escuela centro de artes, 50 Embarcadero Rd, Palo Alto

Puedes asistes a los Chicos y Muñecas Club y Beneficio Musical. Comes la delicatessen de Nueva York y ver los canciones y bailes de miembros de Chicos y Muñecas equipo. Puedes cenar y ver cosas muy interesante. Empezar a las cinco y media en la tarde en el diecisiete de marzo en Paly escuela. Tambien hay VIP asientos por cuarenta y cinco dólares por adultos y treinta y cinco por niños menores de doce años.

Section 7: Annetta

6th Annual Racing Hearts 5K/10K

Sexto Carrera Anual de Corazones Acelerados ("Racing Hearts") de 5 Kilometros/10 Kilometros

Sun, Mar 24, 9 AM, City Hall, Downtown Palo Alto

Join the Racing Hearts and the City of Palo Alto Police and Fire departments to celebrate active living for heart disease and community AEDs. Revenue from this event is going towards AEDs being deployed into East Palo Alto patrol cars (they have none right now.) Use code ENEWS2k19 for \$5 off [registration](#) (expires midnight, Feb 24). Please join us to celebrate active living for heart disease and community AEDs!

Sexto Carrera Anual de Corazones Acelerados ("Racing Hearts") de 5 Kilometros/10 Kilometros

Domingo, 24 de marzo, a las nueve de la mañana, el palacio municipal de Palo Alto

Únete a la carrera de los Corazones Acelerados y los departamentos de policía y de bomberos de Palo Alto para celebrar la vida activa para enfermedades del corazón y los AED (desfibrilador externo automáticos) de la comunidad. Los ingresos de este evento son para los AED para coches de policia de Este Palo Alto (no tienen ninguno ahora). Usa el código ENEWS2k19 por un descuento de \$5 en la inscripción (expira a la medianoche de 24 de febrero). Por favor únete a nosotros para celebrar la vida activa para enfermedades del corazón y AED.

Tics Research Study at Stanford

The Early Life Stress and Pediatric Anxiety Program at Stanford is recruiting children and adolescents, both with and without a history of tics, for a research study exploring brain function. Youth between the

ages of 9-17 who are right-handed and English-speaking may be eligible to participate. A tic disorder diagnosis is not necessary to participate. Participation involves two initial and two follow-up appointments that each lasts about 2 hours and includes self-reports and behavioral tasks, as well as brain imaging with fNIRS (functional Near-Infrared Spectroscopy). fNIRS is a safe, non-invasive technique that uses infrared light to examine brain function. In addition, children with a history of tics will receive 8 weekly sessions of behavior therapy with a tic disorder specialist. All participants will receive access to ongoing updates about study outcomes and payment of \$120 for involvement. Sessions are available both during the academic year and over the summer. For more information, or to enroll in the study, email espil@stanford.edu or Audreyho@stanford.edu. We encourage you to reach out if you're interested, as space is filling up. For general information about participant rights, contact (866) 680-2906.

Will finish ^

FROM THE PREVIOUS ISSUE:

Field Production for TV, Internet Shows and Videos Class

Sat, Mar 2, 10 AM-5 PM; Sun, Mar 3, 1-4 PM; and Sun, Mar 10, 10 AM-5 PM, MidPen Media Center, 900 San Antonio Rd, Palo Alto, CA

The City of Palo Alto is hosting a brand new workshop to teach you everything you need to know to create a digital video--from shooting to editing to uploading. The class is taught in partnership with Midpen Media. By the end of the class you will have produced a short video that Midpen will host on its YouTube and TV channels. Class includes all software, equipment plus a helpful booklet. The class is offered to teens and adults. Registration for Residents is \$200 and for Non-Residents is \$230. It is a 15-hour course spread over 3 days--3/2, 3/3, and 3/10. Register [here](#). Course #13648

Section 8: Eileen

Midpen Media Center Film, Television, Sports Broadcasting, Photography Summer Camps

Campamentos de Verano para Fotografía, Programas de Deportes, Televisión y Películas en el Centro de Media en Midpen

Multiple sessions this summer, Midpen Media Center, 900 San Antonio Rd, Palo Alto

Múltiples sesiones este verano, el centro de Media en Midpen, 900 San Antonio Rd, Palo Alto

Television production, sports broadcasting, filmmaking, and photography camps build new skills, foster creativity and teamwork.

Campamentos de producción de televisión, programas de deportes, cinematografía, y fotografía desarrollan habilidades nuevos, y fomentan creatividad y trabajo en equipo.

TV campers learn all crew positions, can be the star of the show and see themselves on TV.

Campistas de televisión aprenden todo de los puestos de grupos, y pueden ser la estrella del programa y se ven en la televisión.

Sports broadcasting campers will learn all aspects of sports coverage, using our brand-new van, just like the pros use.

Campistas de programas de deportes va a aprender todos de los aspectos de cobertura deportes, usando nuestra furgoneta nueva, cómo los profesionales.

Filmmakers create their own short video.

Cineastas crean un video corto personal.

Photographers learn photo composition and editing.

Fotógrafos aprenden revisión y componente de fotos.

Open to middle and high school students.

Abierto a estudiantes de escuela media y alta.

Check us out here: www.midpenmedia.org.

Chequéanos aquí: www.midpenmedia.org.

New Crosswalk Safety Enhancements Coming Soon to El Camino Real

Mejora Seguridad para el Paso de Peatones Nuevo Próxima a El Camino Real

Caltrans is installing Pedestrian Hybrid Beacons (PHBs) at several intersections along El Camino Real from San Jose to San Francisco.

Caltrans está instalando farolas híbridas para peatones (FHP) en varias intersecciones a lo largo El Camino Real de San José a San Francisco.

PHBs are flashing signals that tell drivers to stop when pedestrians are crossing the roadway.

FHP son señales parpadeos que dice a los conductores detenerse cuando peatones están cruzando la calzada.

The installation process at the intersections in Palo Alto (Vista Ave, Barron Ave, Fernando Ave, College Ave, and Palo Alto Ave) is scheduled to begin Monday, February 11th.

El proceso de instalación en las intersecciones en Palo Alto (Vista Ave, Barron Ave, Fernando Ave, College Ave, y Palo Alto Ave) es programado empezar lunes, 11 de febrero.

The full project should be completed by summer 2019.

El proyecto debe ser completo por el verano de 2019.

Please see the City of Palo Alto's [Stop for Pedestrians flyer](#) for more information on how drivers and pedestrians should use these crosswalk safety enhancements.

Por favor vea [el volante Detenerse para Peatones](#) de la ciudad de Palo Alto para más información en cómo conductores y peatones deben usar las mejoras seguridades para el paso de peatones.

For more information, contact Caltrans Public Information Officer for District 4, Victor Gauthier at victor.gauthier@dot.ca.gov.

Para más información, contacta al director de información público de Caltrans para el barrio 4, Victor Gauthier a victor.gauthier@dot.ca.gov.

Section 9: Joseph

Brain Development Study at Stanford

Researchers at Stanford University are studying brain development in relation to behavior, cognition, and mood in boys and girls ages 8-14. We are currently recruiting boys and girls ages 8-14 with typical development to participate in a study with a total of two visits (~2 hr each). Participation Involves:

- iPad games and questionnaires
- Brain imaging (MRI and NIRS - both safe, non-invasive, and no x-ray/radiation)
- Online questionnaires for the parent

You will receive a picture of your brain and a \$30 Amazon gift card for your participation, or prizes like Stanford T-shirt, water bottle, squishes, slime, LOL dolls, stuffed animals, etc). For more information, please contact girlbandstudy@stanford.edu, (650) 724-2951, or visit <http://med.stanford.edu/girlband.html>

Host an AFS Exchange Student

Calling elementary, middle and high school families. You are eligible to host an AFS Exchange Student. Hosting helps a high school student become fluent in English and experience life in America. "Becoming a host family took us out of our comfort zone and provided many new experiences."

Contact Veronica Buxton at vbuxton@afsusa.org. [AFS USA](http://www.afsusa.org) is a premier volunteer cultural exchange program approved by the State Department.