

Section 1: Ethan

Calendar

Fri, Mar 8

End of 3rd Quarter

Sat, Mar 9

Gunn Jazz Community Swing Dance, 6:30 PM, Bow Gym

Mon, Mar 11

NO SCHOOL - District Holiday

Tue-Fri, Mar 12-15

Alternate Schedules (see [Calendar](#))

Tue, Mar 12

Parent Ed: The Self-Driven Child, 7 PM, Paly PAC

Fri-Sat, Mar 15-16 & Thu-Sat, Mar 21-23

Gunn Musical "In the Heights" ([Info](#))

Gunn

Swing Dance with Live Music from the Gunn Jazz Band

Sat, Mar 9, 6:30-9:30 PM, Bow Gym

Come hear the sounds of the Gunn Jazz Band, then enjoy pizza, dessert, and other refreshments for dinner before jumping 'n jiving to the sounds of the Gunn Jazz Band; special guest solo on the sax by one of the Titan staff members! Don't know how to swing dance? A swing dance teacher will provide instructions. Tickets are on sale through the Jazz students and at the door the night of; \$20 for 1 adult or \$30 for 2; \$10.00 for 1 student or \$15 for 2. Bring the whole family to this fun event!

Palo Alto Parent Education Series

The Self-Driven Child-The Science and Sense of Giving Your Kids More Control Over Their Lives

Tue, Mar 12, 7-8:30 PM, Palo Alto High School Performing Arts Center, 50 Embarcadero Rd, Palo Alto

All parents want children and teens who are confident, self-directed, and goal-driven. In this presentation, clinical neuropsychologist Dr. William Stixrud and motivational coach Ned Johnson share tools that parents can use to enhance a child's drive, motivation, and healthy decision-making. Parents, students, and educators welcome! Free admission and light refreshments. Spanish and Mandarin interpretation will be available. [Register here](#). The Palo Alto Parent Education Series is jointly sponsored by Gunn PTSA and Paly PTSA.

Series De Educacion Para Padres En PAUSD

El niño auto-controlado - La ciencia y el sentido de dar a nuestros niños más control sobre sus vidas

Martes, 12 de marzo, de 7:00 a 8:30 PM, Escuela Secundaria de Palo Alto (Paly) Centro de Artes, 50 Embarcadero Rd, Palo Alto

Todos los padres quieren que sus niños y adolescentes tengan confianza, auto control y metas. En esta presentación, el clínico neurosicológico, Dr. William Stixrud y el entrenador de motivación, Ned Johnson compartirán herramientas que los padres pueden usar para mejorar la motivación, el auto manejo y una toma de decisión saludable del niño. ¡Padres, estudiantes, educadores son bienvenidos! Entrada gratis y se servirán refrescos. Habrá traducción disponible para el mandarín y español. [Regístrese aquí](#). Las series de Educación para Padres son auspiciadas conjuntamente por PTSA de Gunn y el PTSA de Paly.

Palo Alto 家长教育系列

自我驱动的孩子 - 赋予孩子更多控制他们自己生活权力的科学和意义

星期二, 3月12日 傍晚7:00-8:30

Palo Alto高中 - 表演艺术中心, 50 Embarcadero Road, Palo Alto, CA 94301

所有父母都希望孩子和青少年自信, 自我导向和为目标努力。在本次讲座中, 临床神经心理学家William Stixrud博士和激励教练Ned Johnson与家长分享些措施可以用来激励孩子的动力, 上进心和帮助他们作出健康的决定。

欢迎所有家长, 学生和教育工作者! 免费入场, 有点心, 西班牙语和国语口译服务提供。 [在此注册](#)。
Palo Alto家长教育系列由Gunn PTSA和Paly PTSA联合赞助。

Gunn Performing Arts Presents: *In the Heights*

Opening Night Gala: Fri, Mar 15, 7:30 PM

Fri-Sat, Mar 15-16 and Thu-Sat, Mar 21-23

Before Lin Manuel Miranda rocked the musical theatre world with *Hamilton*, he created *In the Heights*, the 2008 Tony Award winner for best musical. The show is rich with Latin cultures and sounds, from salsa to merengue to Latin pop, as well as thrilling hip hop and rap. Join us for these compelling stories of angst, hope, community, and love as we explore the universality of the immigrant experience in America.

Opening Night Gala: \$25 (includes performance and celebration, dancing, and feast in Titan Gym);

evening performances: \$10 students,

\$15 adults; matinee performances: \$5. Tickets and information at gunntheatre.org.

Section 2: Niki

Sophomore Parent Network Social

Thu, Mar 28, 6:30-8 PM, Celiás Restaurant, 740 El Camino Real, Palo Alto

Come join us at Celiás restaurant for our next Parent Network meeting. Meet other parents and enjoy some appetizers.

Gunn Sports Boosters

Congratulations to **Justin Chiao** and **Jared Freeman**! Both received Athlete of the Week Honorable Mention from Palo Alto Weekly, Wednesday, 3/6. Follow us on Facebook at [Gunn Sports Boosters](#)!

FROM THE PREVIOUS ISSUE:

Tacolicious Fundraising Monday Nights for the Month of March

Mondays, Tacolicious, 632 Emerson St, Palo Alto

Every Monday night in the month March, Gunn High School will get a percentage of cash totals from customers who eat at Tacolicious Palo Alto. [Order pick-up](#) ahead online. Book reservations (at select times) through [OpenTable](#). Purchase gift cards on Monday nights and encourage recipients to use them on Monday as well to double the funds! Have a taco bar delivered to your next meeting or event on any Monday in March. To qualify for delivery, orders must total \$500 or more. Or host a large group in any of their private dining rooms. You must order catering or book a private dining room by emailing schoolproject@tacolicious.com and say that the party is to support the [Tacolicious School Project](#). Over \$1,000,000 raised and counting! Help support our school and a local businesses!

Dine Out at Terùn to Benefit Gunn Foundation

Mon, Mar 18, Terùn, 448 California Ave, Palo Alto

Grab some friends and book a table! Dine out for lunch or dinner at Terùn on Monday, March 18. Mention the Gunn Foundation to the host and Terùn will give 15% of your bill to the Gunn Foundation to immediately benefit students from the Class of 2019. Support the [Gunn Foundation](#)! Because every student who gets into college, deserves the chance to go.

Section 3: Edward

PAUSD & PTAC

****NEW** EACH FRIDAY! Superintendent's Weekly Board Update**

Read Dr. Don Austin's Weekly Board Update, published new each Friday <https://www.pausd.org/news>.

Parent Ed Night: Learn the Basic ABCs About LGBTQ+ Youth

Wed, Mar 13, 7 PM, Fletcher Middle School, MP Rm, 655 Arastradero Rd, Palo Alto

This [Parent Ed event](#) is organized by the Fletcher Middle School PTA and staff, and is open/relevant to anyone, not just Fletcher families. Our event will be about understanding gender identities, sexual orientation, how to support LGBTQ+ youth in our community, and more. Open to all families with the purpose of supporting youth so we can be an inclusive and WELCOMING community. Translation (Spanish and Mandarin) available if requested 3 days in advance. Please email klee@pausd.org to request. Special guests include Miriam Stevenson (PAUSD's Director of Student Services), Valerie Royalty-Quandt (Greene Middle School Principal), Melissa Howell (Fletcher Middle School Principal), Diana Hernandez and Ryan Fouts (Project Outlet Education Coordinator and Program Director), Shounak Dharap (PAUSD Board of Education member), Sally G. (former PAUSD parent), and Julian G. (former PAUSD student). Also available: City and school library resource tables and great prizes! Have a question you'd like addressed? [Fill out this anonymous form](#) by Monday, 3/11/19.

PTAC Teacher Housing Project: Supervisor Joe Simitian

At the Wednesday, General Association Meeting, Supervisor Joe Simitian spoke on the Teacher Housing Project to help build affordable teacher housing near California Ave/Cal Train Station. Five local school districts, including PAUSD, are being asked to contribute funds to help power the project's funding. PAUSD Board of Education has held a meeting on this. County land has already been secured. Additional funding is being negotiated. Please help spread the word and send comments to PAUSD Board of Education and the County of Santa Clara if you are supportive of our schools, our children, and our teachers. We are the Parent Teacher Association (PTA) and "T" for Teachers is in our middle name. Contact Micaela.hellman-tincher@bos.sccgov.org.

PAUSD & PTAC

**** NUEVO ** CADA VIERNES! Actualización semanal de la Junta del Superintendente**
Lea la actualización semanal de la Junta del Dr. Don Austin, que se publica cada viernes
<https://www.pausd.org/news>.

Noche de educación para padres: Aprenda el ABC básico sobre los jóvenes LGBTQ +
Mié, 13 de marzo, 7 PM, Fletcher Middle School, MP Rm, 655 Arastradero Rd, Palo Alto
Este evento de Parent Ed está organizado por el PTA y el personal de Fletcher Middle School y es abierto / relevante para todos, no solo para las familias de Fletcher. Nuestro evento tratará sobre la comprensión de las identidades de género, la orientación sexual, cómo apoyar a los jóvenes LGBTQ + en nuestra comunidad, y más. Abierto a todas las familias con el propósito de apoyar a los jóvenes para que podamos ser una comunidad inclusiva y BIENVENIDA. Traducción (español y mandarín) disponible si se solicita con 3 días de anticipación. Por favor envíe un correo electrónico a klee@pausd.org para solicitar. Los invitados especiales incluyen a Miriam Stevenson (Directora de Servicios Estudiantiles del PAUSD), Valerie Royalty-Quandt (Directora de la Escuela Intermedia Greene), Melissa Howell (Directora de la Escuela Intermedia Fletcher), Diana Hernández y Ryan Fouts (Coordinador de Educación del Proyecto Outlet y Director del Programa), Shounak Dharap (Miembro de la Junta de Educación de PAUSD), Sally G. (ex padre de PAUSD) y Julian G. (ex alumno de PAUSD). También disponible: mesas de recursos de la biblioteca de la ciudad y la escuela y excelentes premios. ¿Tiene una pregunta que le gustaría abordar? Llame este formulario anónimo hasta el lunes, 11/11/19.

Proyecto de Vivienda para Maestros de PTAC: Supervisor Joe Simitian
En la reunión de la Asociación General, el Supervisor Joe Simitian habló sobre el Proyecto de Vivienda para Maestros para ayudar a construir viviendas asequibles para maestros cerca de la estación de tren California Ave / Cal. Se está pidiendo a cinco distritos escolares locales, incluido el PAUSD, que contribuyan con fondos para ayudar a impulsar los fondos del proyecto. La Junta de Educación de PAUSD ha celebrado una reunión sobre esto. La tierra del condado ya ha sido asegurada. Se está negociando financiación adicional. Por favor, ayude a correr la voz y envíe comentarios a la Junta de Educación de PAUSD y al Condado de Santa Clara si usted apoya a nuestras escuelas, nuestros niños y nuestros maestros. Somos la Asociación de Padres y Maestros (PTA) y la "T" para maestros está en nuestro segundo nombre. Comuníquese con Micaela.hellman-tincher@bos.sccgov.org.

Section 4: Nikki

Summer Camps Info Now Available on PTAC Website

Looking for a summer camp in your neighborhood or at one of our Palo Alto Unified school sites? Now you can find it at the [PTAC website](#). Camp providers listed on this page host activities/summer camps at PAUSD Schools, and pay rental fees to our district. These rental fees help to defray the cost of running our schools while providing local opportunities for our kids. PTA Council does not endorse one camp over another. This service is offered to give parents an easy way to find out what is being offered and where. Please contact the [PTAC Webmaster](#) to recommend updates to this information. There is no charge to providers to be listed.

Community

Listen to Me: What Do I Need to Feel Connected to School, Family and Community?

Tue, Mar 26, 7-8:30 PM, Mitchell Park Community Center Adobe Room, 3700 Middlefield Rd, Palo Alto
To raise the awareness of the importance of youth feeling a sense of belonging, Susan Stone Belton will share reflective listening tools that parents and adult allies can use to build healthy relationships that help youth thrive. Also, featured will be a service learning project by the youth peer leaders. Parents, students, and adult allies are welcome! Free admissions and light refreshments will be served. To attend, [please register here](#). For more information, [visit here](#). Questions? Please contact: lily@youthcommunityservice.org.

Eschuchame: Que es que necesito para sentirme conectado a la escuela, familia y comunidad?

Martes, el 26 de marzo, de 7-8:30 PM, Mitchell Park Community Center, Palo Alto (Cuarto Adobe)
Para elevar la consciencia de la importancia del sentido de pertenencia de jovenes, Susan Stone Belton, compartira instrumentos en como padres y educadores pueden fortalecer relaciones saludables con jovenes. Padres, estudiantes y aliados son bienvenidos. Admision es gratis y habra refrescos. Para asistir por favor [inscribirse](#). Para mas [informacion](#) o preguntas contacten lily@youthcommunityservice.org.

倾听我：我需要什么才能感受到学校，家庭和社区的联系？

3月26日，星期二，7-8:30 PM，Palo Alto 米切尔公园社区中心 - Adobe会议室
为了提高人们对青少年有归属感的重要性认识，Susan Stone Belton 将分享反思性的倾听工具。父母和成年盟友可以利用这些工具建立健康的关系，帮助青少年茁壮成长。此外，值得关注的将是青少年同辈领导人的服务学习项目。欢迎家长，学生和成年盟友参加！免费入场并有点心提供。
欲参加者，[请注册](#)。有关更多信息，[请访问此处](#)。若有问题，请联系：lily@youthcommunityservice.org。

Auditions for Palo Alto Chamber Orchestra (PACO) 2019-20 Season

Sun, Mar 31 & Apr 14, 9 AM- 4 PM, Mitchell Park Community Center, 3700 Middlefield Rd, Palo Alto

New member auditions for PACO's 2019-20 season. For more information and to schedule an audition please visit <http://pacomusic.org/auditions/>.

FROM THE PREVIOUS ISSUE:

Golden State Youth Orchestra Auditions for New Members

Mar/Apr, Palo Alto

Palo Alto-based Golden State Youth Orchestra (formerly El Camino Youth Symphony) invites musicians ages 6-18 at all levels of experience to audition for the 2019-20 season. Advanced players are challenged with professional-level repertoire, receive support from experienced coaches and internationally-renowned faculty, and perform in concerts throughout the Bay Area. Intermediate players hone their skills and develop advanced technique, while young musicians learn to play together, follow a conductor. Auditions are heard in March and April as faculty schedules permit. Apply online at www.gsyomusic.org. Call GSYO at (650) 665-9046 for more information.

Section 5: Breanna

Mindful Moms Group with Krassi Harwell

Grupo de madres conscientes con Krassi Harwell

Free intro class on Tue, Mar 12; remaining classes Tues, Mar 19-May 28, 12-1:30 PM, 67 Encina Ave, Palo Alto

Primer clase gratis el martes, marzo 12; clases siguientes el martes, marzo 19- mayo 28, de 12-1:30 PM, 67 Encina Ave, Palo Alto

Navigate the journey of raising kids into adults. We'll practice yoga, meditate, and tap into the healing power of togetherness. For moms who have kids of all ages! [Registration is required](#) for this group offered in partnership with the Palo Alto Medical Foundation. Scholarships available upon request. FIRST CLASS ON MAR 12 FREE More Info: <http://mindbodymoms.com/moms-groups/>

Navega por el camino de criar niños en adultos. Practicaremos yoga, meditaremos y aprovecharemos el poder curativo de la unidad. Para las mamás que tienen hijos de todas las edades! Es necesario registrarse para este grupo ofrecido en colaboración con la Fundación Médica de Palo Alto. Becas disponibles bajo petición. PRIMERA CLASE EL 12 DE MARZO GRATIS Más información: <http://mindbodymoms.com/moms-groups>

Art on the Horizon: Youth Confronting Climate Change

Submissions Due March 22

The Metropolitan Transportation Commission and the Association of Bay Area governments are now accepting submissions for their first art contest for youth. The contest asks the question: What can you do to stop climate change? MTC and ABAG are looking for digital art submissions that demonstrate what you, your family, friends and community can do to combat climate change. Open to Bay Area residents between the ages of 13 and 23, submissions will be judged in two categories based on age group (13-17 or 18-23). Details and submission requirements are on the [MTC's website](#).

Section 6: Hannah

Spring Women's Wellness Group with Jalene Salus

Free intro class on Fri, Mar 22; remaining classes Fri, Mar 29-May 24, 10 AM-12 PM, St. Mark's, 600 Colorado Ave, Palo Alto

In this nourishing group, Jalene Salus will share the wisdom of Integrative Nutrition as she introduces ways to nourish your mind, body and spirit. Each week, you will discuss foods to support your unique body - and your family's health, and align your self-care with the rhythm of the season. [Registration is required](#) as space is limited! FIRST CLASS ON MAR 22 FREE. Scholarships available upon request. More Info: <http://mindbodymoms.com/wellness-groups/>

Grupo de bienestar de las mujeres de primavera con Jalene Salus

Los clases introduccion gratis en viernes, el veintidós de marzo; los clases restantes son viernes el veintinueve de marzo a el veinticuatro de mayo, 10 en la mañana a las 12 en la tarde, St. Mark's, 600 Colorado Ave, Palo Alto.

En este grupo, Jalene Salus va a compartir buenas cosas para su mente, cuerpo y espíritu. Cada semana, ella va a discutir comida para su único cuerpo - y de la salud de su familia. [Registración](#) es necesario porque no hay mucho espacio! La primera clase es gratis. Hay becas. Por más información: <http://mindbodymoms.com/wellness-groups/>

Parent-Ed Presentation: "Sources of Strength"

Mon, Mar 25, 7 PM, JLS Middle School, 480 E Meadow Dr, Palo Alto

This is a presentation by Gunn Sources of Strength Team to middle school parents, focused on how parents, educators, and students can work together at home and in our schools to prevent the epidemics of bullying and suicide. Research has shown we can do this by creating a preventative culture in our community-one that fosters an epidemic of hope, help, and strength. The evening will provide an overview of the Sources of Strength program and give attendees an opportunity to learn more about a few specific aspects of the Sources of Strength wheel. Student and staff leaders will talk about ways to spread positive messages throughout the community. Key to the success of the Sources of Strength program is developing awareness and a shared vocabulary at home and in our community so that families can support the work we are doing in our schools.

El Presentación por los padres: "fuentes de fuerza"

Lunes, el veinticinco de marzo, siete en la tarde, JLS escuela, 480 E Meadow Dr, Palo Alto

Esta presentación es de él fuentes de fuerza grupo en Gunn. Es por los padres de estudiantes en escuela intermedia y es por cómo los padres, maestras, y estudiantes pueden trabajar juntos y prevenir el bullying y el suicidio. Por creamos un comunidad segura, hay más esperanza, ayuda y fortaleza. Esta noche, vamos a describir el grupo de fuentes de fuerza y aprendemos más de algunos cosas en específico. Estudiantes y personal van a hablar de los cosas positivas y desarrollan conciencia en los escuelas y familias.

Section 7: Annetta

Scout Troop 50 Open House

Mon, Mar 25, 7:30-9 PM, The Scout Fire Circle, Lucie Stern Community Center, 1305 Middlefield Rd, Palo Alto

Palo Alto Scout Troop 50 is having an open house in order to give kids (grades 5-10) and their parents a chance to get to know Troop 50 to see if it is the right troop for them. This is an excellent opportunity to learn about the troop and about scouting. For more information about Troop 50, please see the following web site: <https://sites.google.com/view/patroop50/home>.

Palo Alto Art Center Summer Counselor-in-Training Application Now Available

The Counselor in Training applications for the summer of 2019 are now available. Summer Camp Counselors in Training (CIT) are volunteers (12-17 years old) who assist professional art instructors in the day-to-day running of the Children's Fine Art summer camps. Applications are accepted on a first-come, first-served basis and must be returned to the Palo Alto Art Center via mail or in person drop off. Only complete applications will be considered. Spots fill up fast, get your application in as soon as possible!

Summer 2019 Counselor in Training Application & Information:

<https://www.cityofpaloalto.org/civicax/filebank/blobdload.aspx?t=44003.41&BlobID=69432>

Summer 2019 Lead Counselor in Training Application & Information:

<https://www.cityofpaloalto.org/civicax/filebank/blobdload.aspx?t=52670.7&BlobID=69433>

Section 8: Spencer

Clases de Arte para Escuela Secundaria Estudiantes en el Centro de Arte de Palo Alto

Registro en línea en Mar 7

Desata el creatividad en tu estudiante por registro para algo de nuestra clases de arte adolescente. Registro en línea Marzo 7 para residentes de Palo Alto. Nosotros ofrecemos clases en el Centro de Arte y Mitchell Parque Centro de Comunidad enfoque en Pintar, Ilustración, Cerámicas, y Dibujando. ¿Preguntas? Por favor, visita nuestra [website](#) o contacto Rebecca Passarello, rebecca.passarello@cityofpaloalto.org o (650) 617-3509.

Pre-Vet Expo Registration Going on NOW

Sun, Apr 21, 8:30 AM-5 PM, Stanford's Li Ka Shing Center, 291 Campus Dr, Palo Alto

El Estudiante de Grado de Stanford "Pre-Vet" Sociedad presenta el 2019 Pre-Vet Expo VI. Esta conferencia que dura todo el día provee a más avanzado estudiantes de escuela secundaria, estudiantes de grado y postgrado estudiantes de instituto, también ciencia o consejeros de instituto ser interesado en obtención más conocimiento diverso campo de la medicina veterinaria. Registro:

<https://events.eventzilla.net/e/prevet-expo-vi-2138729599>

Section 9: Eileen

Volunteer Opportunities for High School Students

Oportunidades para ser Voluntario para los Estudiantes de la Escuela Alta

Jun 24-Jul 19, 8:30 AM-4:30 PM, Greene Middle School, 750 N California Ave, Palo Alto

24 de Junio-19 de Julio, a las 8:30 de la mañana-4:30 de la tarde, la escuela media Greene, 750 N California Ave, Palo Alto

Summer Math Camp (nonprofit 501 C(3)) invites VOLUNTEERS to help us get around with younger students (there are a lot of options to choose from, including helping teachers in the classrooms with Math, English, Computer Programming, Science and Art, playing with children during breaks, becoming chess, tennis, or swimming coaches, etc).

El campamento del verano de matemáticas (no lucrativa 501 C(3)) invita VOLUNTARIOS para ayudarnos con estudiantes más jóvenes (tiene muchas opciones, incluye ayudar a maestras en la case con matemáticas, inglés, programas de computadora, ciencias y arte, jugar con niños durante los recesos, ser entrenador de tenis, nadar, ajedrez, etc).

Lunch and snack are provided. Besides volunteering, the students can take Geometry or Algebra II Crash Course and/or SAT I at the same place.

Almuerzo y meriendas son provisto. Más de ser voluntario, los estudiantes pueden tomar geometría o el curso intensivo de álgebra II y/o el SAT I en el mismo lugar.

Volunteer Application: <http://www.classicmath.org/volunteer-application/>

Aplicación de ser Voluntario: <http://www.classicmath.org/volunteer-application/>

Summer Math Camp Application: <http://www.classicmath.org/summer-math-camp-application-palo-alto/>

Aplicación del campamento del verano de matemáticas:

<http://www.classicmath.org/summer-math-camp-application-palo-alto/>

Contact: Mariya Gutman, (650) 224-4226

Contacta: Mariya Gutman, (650) 224-4226

Internships with Metropolitan Transportation Commission (MTC)

Pasantías con el Orden de Trabajo de Transportación Metropolitana (OTM)

Each year MTC sponsors a High School Internship Program to help introduce high school students in the 10th, 11th or 12th grade to career opportunities in the field of transportation.

Cada año OTM beca un programa de pasantía para la escuela alto para presentar a los estudiantes de la escuela alta en el décimo, undécimo, o duodécimo grado opciones para carreras en la área de transportación.

Eligible students will earn \$15 per hour, with their wages paid by MTC, and can choose to work either full- or part-time, up to 250 hours.

Candidatos ganarán \$15 por hora, pagado de OTM, y puede can choose elegir tiempo parcial o tiempo completo, y puede hacer 250 horas.

More information is available here: <https://jobs.mtc.ca.gov/internships>.

Más información está disponible aquí: <https://jobs.mtc.ca.gov/internships>.