

T1 Angela

CALENDAR

1月17日，星期五Gunn TedX

1月20日，周一，马丁·路德·金假期（NO SCHOOL）

1月21日，星期二，备用时间表（请参阅日历）职业演讲者系列，下午12:55

1月22日，星期三替代时间表（请参阅日历）职业演讲者系列，下午12:55

1月23日，星期四，替代时间表（请参见日历）职业演讲者系列，12:55 pm筛选：下章，6:30 pm

1月24日，星期五，备用时间表（请参阅日历）职业演讲者系列，下午12:55

T2Emily GUNN NEWS & EVENTS

****NEW** Gunn Principal's Coffee and PTSA General Meeting Fri, Jan 17, 8:45-10:15am, Gunn Staff Lounge** Please join us for a Gunn Principal's Coffee and PTSA General Meeting. Kathie Lawrence will give her Principal's Report, and special guest Jeong Choe, Head of PAUSD's Department of Innovation and Agility, will discuss Career Pathways and Advanced Authentic Research (AAR). We will also hear about Gunn Service Day, Student Executive Council (SEC), PAUSD Parcel Tax, and other important news and upcoming school events. We hope to see you there! The Gunn PTSA Exec Board

Gunn Career Speaker Series Needs Your Help! Tue-Fri, Jan 21-24, lunch time shifts The Second Annual Gunn Career Speaker Series Needs YOU to volunteer. 24 speakers will be sharing their career paths and job descriptions with Gunn STUDENTS every day at lunch time from Jan 21–24. We need parent volunteers to help check-in speakers, pick up pizza and serve food to the students after each talk. Four days with six speakers each day – WOW, what a lot for our students to learn! Please encourage your teen to come and investigate the different industries and diverse pathways. This event is brought to the students by Gunn PTSA and PAUSD Dept. of Innovation and Agility/Curriculum & Career Education. [Please note that attendance at the speaker sessions is for students only.] Please sign up on UpToUs: [Member Signup](#) or [Guest Signup](#) (no login required) Questions? careerweek@gunnpta.org

****新** Gunn校长的咖啡和PTSA会员大会，星期五，1月17日，上午8：45-10：15，Gunn Staff Lounge请加入我们参加Gunn校长的咖啡和PTSA会员大会。**

凯茜·劳伦斯（Kathie Lawrence）将作她的校长报告，PAUSD创新与敏捷性部门负责人Jeong Choe特别嘉宾将讨论职业发展道路和高级真实研究（AAR）。我们还将听到有关耿恩服务日，学生行政会议（SEC），PAUSD包裹税，其他重要新闻和即将发生的学校活动的信息。我们希望看到你在那里！Gunn PTSA执行委员会

Gunn Career扬声器系列需要您的帮助！1月21日至24日，星期二，星期五，午餐时间有所变化
第二届Gunn职业年度演讲者系列需要您自愿。1月21日至24日的午餐时间，每天都有24位演讲者与Gunn STUDENTS分享他们的职业道路和工作描述。我们需要家长志愿者在每次演讲后帮助签到讲者，拿起披萨并为学生提供食物。为期四天，每天有六位演讲者—哇，我们的学生有很多东西要学习！请鼓励您的青年来研究不同的行业和不同的途径。这项活动由Gunn PTSA和PAUSD创新与敏捷/课程与职业教育系带来。[请注意，演讲者参加的会议仅供学生使用。]请在UpToUs上进行注册：会员注册或访客注册（无需登录）有疑问吗？careerweek@gunnpta.org

T3 Angela **NEW Freshmen Parents Network Meeting Thu, Jan 23, 8:30am, Gunn Staff Lounge** Jonathan Fidani of the Gunn Counseling department will come and give a presentation about Counseling department and Freshmen. If you have any specific question or concerns regarding your student and the Counseling department, please contact **Ramji Digumarthi & Lili Nova- Roessig**.

Gunn PTSA Parent Ed Event Screenagers Next Chapter: Uncovering Skills for Stress Resilience Thurs Jan 23, 6:30-8:00pm Spangenberg Auditorium Tickets are free and available at: <https://screenagers-nc.eventbrite.com> Filmmaker Dr. Delaney Ruston continues the conversation around screens and teens. This film examines the science behind teens' emotional challenges, the interplay of social media, and what can be done in our schools and homes to help teens build crucial skills to navigate stress, anxiety, and depression in our digital age. Please join us. All are welcome.

9年级家长会议 星期四，1月23日，Gunn 员工休息室

冈恩咨询部的Jonathan Fidani将会作演讲，介绍咨询部和新生。如果您对学生和咨询部门有任何问题，请联系Ramji Digumarthi和Lili Nova- Roessig。

Gunn PTSA 家长教育活动 “Screenagers” 下一集: 探索抵抗压力的技巧 1月23日，星期四，6：30-8：00pm Spangenberg礼堂门票免费：<https://screenagers-nc.eventbrite.com>

电影创作人Delaney Ruston博士继续围绕银幕和青少年展开对话。这部电影探讨了青少年情感挑战背后的科学，社交媒体的相互作用，以及在我们的学校和家庭中可以做些什么来帮助青少年建立关键技能，以应对数字时代的压力，焦虑和沮丧。请加入我们。都欢迎。

T4DannyNEW** Annual Summer Opportunities Fair Wed, Jan 29, 7:00-9:00pm** Gunn High School will be hosting the 8th Annual Summer Opportunities Fair at the Gunn Library. The purpose of the event is to introduce students and their parents to the various types of Summer Opportunities available around the world. We have representatives from about 20 programs both locally and nationally scheduled to set up booth at the fair. In addition many more programs have sent printed materials. The Summer Opportunities Fair is open to the all high schools students and parents from the local high schools.

****UPDATED** Proctors Still Needed for American Mathematics Competition (AMC) Exam Thu, Jan 30** Yikes! Seven hundred students will be taking this exam! This is a fun, one-time volunteer opportunity for moms and dads, from 7:55 to 10:00. Teachers administer these exams to about 700 students. Each proctor assists a teacher by helping to distribute materials, count and monitor students, answer students' questions, etc. (Past proctors have enjoyed this activity in the Math Dept. so much that 15 have offered to help again--but we need 28.) Note the special schedule on the Gunn website. The school day for students not testing will begin at 10:00. If you can serve as one of these ESSENTIAL proctors (also known as invigilators), please reply to Norma Hesterman at nhesterman@pausd.org, including the name and grade of your student(s).

年度夏季机会博览会,

1月29日, 星期三, 晚上7:00-9:00pm

Gunn高中将在Gunn图书馆举办第八届年度夏季博览会。该活动旨在向学生及其父母介绍各种类型的世界各地的夏季实习机会。我们有来自全国各地约20个计划的代表在展会上设立摊位。此外, 还有许多实习的公司的资料。夏季机会博览会对所有高中学生及其家长开放。

1月30日, 星期四, 美国数学竞赛 (AMC)

考试仍然需要监考人员! 七百名学生将参加这次考试! 对于父母来说, 这是一次有趣志愿者机会, 时间为7:55至10:00。老师对大约700名学生进行监考。每位督导员都会通过分发材料, 对学生进行计数和监控, 回答学生的问题等方式来协助老师。(过去的督导员非常享受这项活动, 有15位将会再次提供帮助, 但我们需要28位监考老师。) 请注意Gunn网站上的特别时间表。未测试学生的上学日将从10:00开始。如果您可以担任这些基本督导者之一(也称为监考人员), 请将邮件寄到nhesterman@pausd.org, 负责人Norma Hesterman, 包括您学生的姓名和年级。

T5 Richard Liu ****NEW** 10th Grade Parent Network Social Thu, Jan 30, 7:30-9:00pm** Calling all sophomore parents! Come meet and get to know other 10th grade parents at the home of Jim and Masha Doty, [14190 Amherst Court, Los Altos Hills](#). Email Masha at masha0719@gmail.com or Jen Schultz at jen.h.schultz@gmail.com if there are specific topics you'd like to discuss, or just show up and share whatever's on your mind! We'll provide some snacks and wine; additional food and drinks are welcome but not necessary. We hope to see you there!

**** 新内容 ** 十年级家长联络社交活动, 周四, 1月30日, 晚上7:30-9:00。**所有10年级的学生家长, 快来认识了解其他同年级的学生父母, 活动地址为Jim和Masha Doty位于Los Altos Hills 14190 Amherst Court的家中。如果您想讨论特定主题, 请通过masha0719@gmail.com向Masha或通过jen.h.schultz@gmail.com向Jen Schultz发送电子邮件, 您也可以只是参加并分享您的想法! 我们将提供一些小吃和葡萄酒; 欢迎其他食物和饮料, 但不是必需的。我们希望看到您在那里!

****NEW** February World Language Placement Test** If you have an incoming Freshman or will be new to Gunn in the fall of 2020, and are not currently enrolled in a World Language in Middle School, but think your student has the proficiency in Spanish, French, Mandarin, Japanese, or German to be placed in Level 2 or above, you should have your child take the **WL Placement Test** in February. See the Gunn WL [webpage](#) for more information, or contact Angela Mosqueda, amosqueda@pausd.org. Placement Test Registration closes February 7th.

**** 新内容** 2月世界语言分班考试** 如果您有9年级新生或您的学孩子是2020年秋季刚到Gunn, 并且目前尚未在中学入读世界语言, 但认为您的学生熟练掌握西班牙语, 法语, 普通话, 日语或德语(要达到2级或更高水平), 您应该让您的孩子在2月参加WL分班考试。有关更多信息, 请参见Gunn WL网页, 或通过电子邮件amosqueda@pausd.org与Angela Mosqueda联系。分班考试报名将于2月7日截止。

Edward ****NEW** Gunn Parents Invited to Join WASC Focus Groups Thu, Feb 13 (morning), Mondays, Mar 16, 23, Apr 27, 2:45-3:45pm Fall 2020, one meeting TBD 2-3 "home group" meetings TBD** Gunn parents are invited to help with our upcoming school accreditation process, WASC. Parents will work in mixed groups with school staff and students to help analyze data about various aspects of the school, and will have the opportunity to give substantive input about what we're doing well, and what we should be working to improve. We use the process to set our goals for the next six years, and your participation is both valued and critically important! The time commitment is about 6-10 hours total, spread across 7-8 meetings (see above for meeting dates/times). If you'd like to volunteer, and help guide our

school in the coming years, please **fill out this form**. Questions? Contact our WASC Coordinator, Tara Firenzi, at tfirenzi@pausd.org.

**** NEW **** Gunn家长受邀参加WASC焦点小组会议，2月13日，星期四，星期一，3月16日，23日，4月27日，2：45-3：45 pm，2020年秋季，一场会议待定2-3“家庭小组”会议TBD
Gunn的父母受邀协助我们即将进行的学校认证流程WASC。家长将与学校工作人员和学生组成混合小组，以帮助分析有关学校各个方面的数据，并将有机会就我们的良好情况以及我们应该努力改进的方面提供实质性意见。我们使用该流程来设定未来六年的目标，您的参与非常重要，而且至关重要！时间承诺总计约6-10小时，分布在7-8次会议中（有关会议日期/时间，请参见上文）。如果您想当志愿者，并在未来几年内帮助指导我们的学校，请填写此表格。有什么问题吗请通过tfirenzi@pausd.org与我们的WASC协调员Tara Firenzi联系。

T7Meiting Gunn College Center Feb 5, 7:00pm, Gunn Staff Lounge Oindrila Ray will be here to share info on college majors. She has collected much data on who is interested in what. All are welcome to attend. This area of considering what to study at college is being discussed in the research and writings as something students need to give more thought to as they start shopping for a college.

Feb 25, 7:00pm, Gunn Library

We will be hosting for the first time the GAP fair. This event has been hosted in the past by Los Alto-Mountain View. If you have never attended such an event, please think about attending. The times have changed and there is good reason to know what they are now offering as for some students, this will indeed provide a direction for college.

Gunn大学中心2月5日下午7：00， Gunn Staff Lounge Oindrila Ray将在这里分享大学专业的信息。她收集了有关谁对什么感兴趣的大量数据。欢迎各界人士前来参加。在研究和写作中讨论了考虑在大学学习的领域，这是学生在开始购买大学时需要多加考虑的事情。

2月25日，下午7:00， Gunn图书馆

我们将首次举办GAP博览会。该活动过去曾由Los Alto-Mountain View举办。如果您从未参加过此类活动，请考虑参加。时代已经改变，有充分的理由知道他们现在为某些学生提供的服务，这的确为大学提供了指导。

T8Jane Gunn Foundation Are you interested in helping to support Gunn High School seniors in furthering their education? The Gunn Foundation is accepting applications for new Trustees who want to join the Board in support of the Foundation's Mission, which is to provide need-based scholarships to college bound Gunn seniors. To learn more about the Gunn Foundation, visit our website or contact Althea Brown, Nominating Committee Chair, at thegunfoundation@gmail.com. To apply to join the Board, click [here](#).

Gunn Athletics -- View this week's **Titan Athletics Schedule** -- Celebrate the week's wins and our exceptional athletes at **Titan Athletic Spirit Corner**

Gunn-Paly Games at Gunn, Sat, Jan 18 Come watch your Gunn Titans take on our crosstown rival Paly Vikings in the biggest, most exciting match up of the basketball season. Be a part of what the Mercury News calls the “raucous crowd” and cheer on our teams. This year’s set of games will benefit both the Gunn Foundation and Paly’s Rise Together Education, nonprofits that raise funds to grant need- based college scholarships to graduating seniors. Back-to-back games begin at 2pm and culminate with Girls Varsity at 6:30pm and Boys Varsity at 8pm.

冈恩基金会 (Gunn Foundation) 您是否有兴趣帮助支持冈恩高中学生的进修？冈恩基金会正在接受希望加入董事会以支持基金会使命的新受托人的申请，该使命是为受大学教育的Gunn十二年纪的学生提供基于需求的奖学金。要了解有关Gunn基金会的更多信息，请访问我们的网站或通过thegunnfoundation@gmail.com与提名委员会主席Althea Brown联系。要申请加入董事会，请单击[此处](#)。

冈恩竞技 (Gunn Athletics) -查看本周的[学生竞技日程表](#)-庆祝本周的胜利以及我们在[学生竞技精神](#)角的杰出运动员

1月18日，星期六，在Gunn举行的Gunn-Paly运动会观看您的Gunn Titans在我们篮球界最大，最激动人心的比赛中与我们的跨城对手Paly Vikings比赛。成为《水星新闻》所说的“喧闹的人群”的一部分，并为我们的团队加油打气。今年的一系列游戏将使Gunn基金会和Paly的Rise Together Education受益，这两个非营利组织通过募集资金，为即将毕业的十二年级学生提供基于需求的大学奖学金。背靠背游戏从下午2点开始，并以下午6:30的女校队和晚上8的男校队达到高潮。

T9 Hannah ****NEW**** Superintendent's **Newsletter** and **PAUSD News**.

****新的**** 院长的通讯和 PAUSD 通讯

****NEW** Seeking Parent Volunteers for Board Bond Advisory Committee (BBAC)** The BBAC seeks two PTA Representatives, one an elementary school parent, the other a secondary school parent. Please email: president@paloaltopta.org. BBAC's first meeting is Monday, February 3 in Room A at 25 Churchill, 6-7:30pm. Committee will meet once or twice a month, always on Monday evenings, until their tasks are completed. See more info of tasks [here](#).

****新的** Board Bond Advisory 委员会 (BBAC) 在找家长志愿者** BBAC 要两个家长当 PTA 代表。我们要一个小学家长和一个中学家长。请给 president@paloaltopta.org 发一个电子邮件。BBAC 的第一个会议是星期一，二月三号，6-7:30 pm，在教室 A，25 Churchill。这个会议一个月会见面一到两次，在星期一，直到事情完成。

PTA Council - Next Meeting Jan 22nd The next PTAC Executive Board Meeting is Wednesday, Jan 22, 2020. The next President's Meeting is Wednesday Jan 29. The next General Association Meeting is Wednesday, Feb 5, 2020. Mark your new 2020 calendar.

PTA 议会 - 下一个会议是 Jan 22nd 下一个 PTAC 执行董事会议会是星期三，Jan 22, 2020. 下一个主席会议是星期三，Jan 29. 下一个总协会会议是星期三，Feb 5, 2020. 记在你的日历！

T10 Sonia Teen Vaping Community Leaders' Breakfast Thu, Jan 23, 8:30am at PAMF For more info, please email Health@paloaltopta.org.

CHC's Mini Conference for Parents & Educators Sat, Feb 8, 9:00am - 2:00pm at CHC's South Bay Campus, [2280 Kenwood Ave, San Jose](#) Please join us for a day of conversation and discussion with expert advice about working with children and youth with learning and attention differences. Choose from sessions for both parents and educators. Go home with new understandings and practical tips for supporting your kids whether at home or in the classroom. Find out more and register for the mini conference [here](#) or email communityed@chconline.org.

青少年电子烟社区领导人的早餐
星期四，1月23日，上午8:30于PAMF。请发送电子邮件至Health@paloaltopta.org 获取更多有关信息。

CHC举办的家长和教育工作者的迷你会议 2月8日，星期六，上午9:00到下午2:00于CHC的南湾校区，[2280 Kenwood Ave, San Jose](#) 请加入我们为期一天的谈话以及关于学习和注意力有差异童和青少年一起工作的专家建议的讨论。可以从家长和教育工作者的课程中进行选择。您可以学到在家里和教室里支持孩子的新知识和实用的技巧。从[这里](#)或发送电子邮件至 communityed@chconline.org 了解更多信息并报名参加迷你会议。

2020 PAUSD Leadership Summit Sat, Feb 22, 8:30-2pm Gunn High School This parent-centered conference will empower and engage you as we deepen parents' learning around important topics that affect your child at school and home. The theme of this year's event is "Opening Doors to Student Wellbeing and Success." We also welcome our Keynote Speaker, Jonathan Mooney. Childcare, continental breakfast, and lunch provided. [Register](#).

COMMUNITY

Buddies4math: Making Math Fun Tutor Orientation: Fridays, Jan - April, 4-6 PM
Buddies4math is an award winning program staffed by Gunn students. Come join us to teach elementary students math through games and play! A wonderful volunteering opportunity for Gunn students to take on leadership roles and work closely with second-fifth graders on improving and building math fluency. Volunteer hours count towards community service. Interested? Fill out this [Google Form](#) and if you have any questions, email us at volunteer4buddies4math@gmail.com.

T12 Sara ****NEW** GSYO Auditions for Youth Orchestra Musicians Throughout March and April at the GSYO Office: 4055 Fabian Way, Palo Alto** Palo Alto-based Golden State Youth Orchestra invites young musicians to audition for the 2020-21 season. Led by an internationally renowned faculty, GSYO offers six orchestras/ensembles for students at all levels of musical ability. Members receive support from experienced coaches, and perform in concerts throughout the Bay Area. There are openings at all levels for all orchestral instruments. To apply for an audition visit www.gsyomusic.org/how-to-join Questions? Call 650-665-9046 or email Lori B. at lori@gsyomusic.org

A Doll's House, Part 2, Presented by Palo Alto Players Fri, Jan 17 - Sun Feb 2, show times vary: **Lucie Stern Theater, 1305 Middlefield Road** Ages 16 and up. Contains strong adult language and themes. Nominated for eight Tony Awards in 2017, this sharp-witted sequel to Ibsen's masterpiece begins with a knock at the door, and what happens when a mother and wife has to confront the family she left behind? Tickets: \$27-\$57 at paplayers.org or 650-329-0891.

****新**GSYO为青少年弦乐队的试镜** 整个三月和四月份在GSYO办公室 : **4055 Fabian Way, Palo Alto** 设在帕洛阿尔托的金州青少年弦乐队邀请年轻的音乐家来为2020-21季度的试镜。由国际知名教师指导, GSYO 给予所有音乐阶段的学生六个管弦乐队/合奏队的位置。成员将从有经验的辅导获得帮助, 并且将在整个湾区演出。这里向所有级别和所有管

弦乐器伸出邀请。若想申请试镜，请查看www.gsyomusic.org/how-to-join 有问题的话请打电话 650-665-9046 或发邮箱给Lori B. 在lori@gsyomusic.org

一个玩偶之家，第二集，由帕洛阿尔托表演者演出 星期五1月17日 - 星期六2月2日，表演时间会不同， Lucie Stern Theater (影院名字)， [1305 Middlefield Road \(地址\)](#) 年龄需16岁或以上。含有很强的成年人用语和主题。获得了2017年八项托尼奖的提名，这是易卜生杰作的机灵续集，故事开始是敲门声，和什么将会发生当一个母亲和一个妻子必须面对被她丢下的家人？票售：\$27-\$57 在 paplayers.org 或电话购买 650-329-0891。

T13 Youth Community Service and City of Palo Alto presents "MLK" Mon, Jan 20, 10am-1pm at Mitchell Park Community Center For all families: Join Youth Community Service and City of Palo Alto in a national day to celebrate the legacy and dream of Dr. Martin Luther King Jr. There will be live music and performances, learn about the past from local youth, engage with the community and on-site projects.

Refugee Youth Event Wed, Jan 22, 7:00pm, Fletcher Middle School Can you imagine leaving your family and moving to a new country all by yourself? Hear from Newbery Medal award winning author Katherine Applegate and special guests to learn about unaccompanied refugee youth RSVP <https://applegaterefugeeyouth.eventbrite.com>

T14 Charlotte

Palo Alto Chamber Orchestra (PACO) Winter Concerts Sun, Jan 26, 3pm, Cubberley Theatre, Preparatory Orchestra Sun, Feb 2, 12pm, Palo Alto Art Center, Superstrings Orchestra Sun, Feb 9, 3pm, Cubberley Theatre, Sinfonia Orchestra Offering an array of works ranging from Baroque, Classical, Romantic to Contemporary by many well-known composers - All concerts are admission FREE and for the entire family to enjoy. For more information and the 2019-20 season calendar, please visit www.pacomusic.org or email info@pacomusic.org

Workshop on Fostering Empathy & Inclusion in Children and Families Tue, Jan 28 6:30-8pm at the Mitchell Park Community Center- Adobe Room Free Childcare available. Free workshop on fostering empathy and inclusion in children and families in our community.

T15 Claire Wang

Featured speaker is Todd Wanerman, the co-author of Including One, Including All and longtime contributor to the advancement of early childhood education. To RSVP go to <https://empathypa.eventbrite.com>. Questions call Minka, City of Palo Alto @ 463-4953

Help Needed for MathCounts Competition Sat, Feb 1, 8:00am - 4:00pm, Greene Middle School High-school and parent volunteers are needed to help run the Peninsula Chapter MathCounts Competition. Guidance will be provided, so no experience needed, but priority given to volunteers who are not related to contestants. Breakfast, lunch and a free T-shirt will be provided to all volunteers, while high school students can earn community service hours. Multiple shifts available, [sign up here to volunteer](#).

演讲者Todd Wanerman, 是Including One, Including All” 的合著者, 也是早期儿童教育发展的长期贡献者。若想要聆听, 请到<https://empathya.eventbrite.com> 回复。有问题请致电 Minka @ 463-4953

MathCounts竞赛需要帮助 2月1日, 星期六; 8:00-4:00 pm, Greene中学需要高中和家长志愿者来帮助举办Peninsula Chapter MathCounts竞赛。将提供指导, 因此不需要经验, 但是优先考虑与参赛者无关的志愿者。将为所有志愿者提供早餐, 午餐和免费的T恤, 而高中生则可以赢得社区服务时间。提供多种班次, 请在此处注册: [sign up here to volunteer](#).