

# Gunn Connection



Monday, March 23, 2020

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  - | Freshman Class |  
[\*\*Ramji Digumarthi & Lili Nova-Roessig\*\*](#)
- 



## CALENDAR

Please consult the Gunn High School [calendar](#) and [website](#) for updated event information.

*NOTE: Dates and times of events are as of the date of this publication and may change. Be sure to check the [Gunn Calendar](#) for any last minute changes. For corrections or additions to the Calendar, contact **Martha Elderon**.*

## Translations

Courtesy of the Gunn Culture  
Connection Club

[的翻译现在提供](#)

[Traducciones de eNews](#)

[한국어 번역본: 이곳을](#)

[클릭해주시시오](#)

[日本語訳: こちらをク](#)

[リックして下さい](#)

[Traduction en français](#)

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**GUNN NEWS & EVENTS**

**\*\*NEW\*\*** *Principal's Messages from this past week Mrs. Laurence intends to email updates to all Gunn parents each Wednesday. Gunn Connection will repost her messages in our publications.*

**\*\*NUEVO\*\*** *La mensaje de la principal de esta semana pasada Mrs. Laurence tiene la intención de enviar actualizaciones a todos padres de Gunn cada miércoles. La Conexión Gunn publicará las mensajes en nuestros publicaciones.*

Message 1:

A reminder that protecting public health requires a community-wide response. You should stay home and minimize social contact ([Read Mrs. Laurence's full message here](#))...

Mensaje 1:

Un recordatorio que la protección de la salud de público requiere una respuesta de toda la comunidad. Necesita quedarse en casa y minimizar contacta social ([Lee toda la mensaje de Mrs. Laurence's aquí](#))...

Message 2:

This has been quite a week! I hope you and your families are doing well and have adjusted to our new "Sheltering in Place" lifestyle. While our school remains closed, our teachers and staff members have been working ([Read Mrs. Laurence's full message here](#))...

Mensaje 2:

¡Esto ha sido bastante la semana! Espero que tú y tus familias estén bien y han ajustado a nuestro nuevo "Refugiarse en lugar" estilo de vida. Mientras nuestros escuelas permanece cerrada, nuestros profesores y miembros del personal han estado trabajando ([Lee toda la mensaje de Mrs. Laurence's aquí](#))...

**\*\*NEW\*\*** In an effort to maintain some normalcy and a connection with our Gunn community, we are going to *try* to publish the Connection weekly, but are moving to Mondays on a trial basis. We have made some changes to our format as we will try to post mainly what is new for this week. Please give us feedback on what you'd like to see listed in the news. [gunnconnection@paloaltopta.org](mailto:gunnconnection@paloaltopta.org)

**\*\*NEW\*\* Gunn PTSA FAQs Re: COVID-19**

Please see the PTSA FAQ sheet if you have questions or want to read answers that have already been posted. There is a special section for our Jr. and Sr. parents as well. This sheet is updated regularly, so please check back often.

<https://docs.google.com/document/d/1sCM8hcg1sReEnpFro3ikJLkOPmpiv7gE1k4kBUqK7A>

**\*\*NEW\*\* AP (Advanced Placement) Tests** -- “For the 2019–20 exam administration only, students can take a 45-minute online free-response exam at home.” ([College Board Announcement](#) 3/20). [Free online AP review courses](#) begin THIS COMING WEDNESDAY 3/24

<https://apstudents.collegeboard.org/coronavirus-updates#free-ap-classes>

**\*\*NUEVO\*\* Pruebas AP (Advanced Placement)** -- “Para la 2019–20 administración exámenes solamente, los estudiantes pueden tomar un 45-minuto examen respuesta libre en línea en casa.” ([Anuncio de College Board](#) 20/3).

[Cursos AP para revisar gratuitos](#) empiezan ESTE INMINENTE MIÉRCOLES 24/3 <https://apstudents.collegeboard.org/coronavirus-updates#free-ap-classes>

**\*\*NEW\*\* A Message from Members of the Senior Class of 2020 Offering Peer Lectures**

**\*\*NUEVO\*\* Un Mensaje de los Miembros de la Clase de 2020, Ofreciendo Clases Enseñado Por Estudiantes**

A few of our seniors have set up a system for peer-lectures to cover the flexible learning options assigned over the quarantined weeks. Students can sign up for classes to "teach," or otherwise find the schedules and Zoom links for the classes they could join using this link:

[https://docs.google.com/spreadsheets/d/1pFiHiv7UwxSTZnDm0sNsYgmTVx25idtQe-j-YGr\\_VVA/edit?usp=sharing](https://docs.google.com/spreadsheets/d/1pFiHiv7UwxSTZnDm0sNsYgmTVx25idtQe-j-YGr_VVA/edit?usp=sharing) Students would need to sign into their MyPausd gmail accounts in order to edit and view this spreadsheet.

Algunos de nuestros estudiantes de grado 12 han establecido un sistema para clases dado por ellos para que ayude cubrir a las flexibles opciones de aprender asignado durante esas semanas de cuarentena. Los estudiantes pueden inscribirse para clases a "enseñar" o encontrar los horarios y enlaces Zoom para clases con este enlace:

[https://docs.google.com/spreadsheets/d/1pFiHiv7UwxSTZnDm0sNsYgmTVx25idtQe-j-YGr\\_VVA/edit?usp=sharing](https://docs.google.com/spreadsheets/d/1pFiHiv7UwxSTZnDm0sNsYgmTVx25idtQe-j-YGr_VVA/edit?usp=sharing). Los estudiantes necesitan registrarse con sus cuentas PAUSD para editar y mirar la hoja de cálculo.

**\*\*NEW\*\* GoFundMe for Gunn Families Emergency Fund**

**GoFundMe Link**

Many families in our area are already experiencing financial hardship due to the COVID-19 Shelter-in-Place. A group of Gunn families is raising money to provide short-term funding until community services and non-profit funding are more widely available. Funds raised go directly to an emergency fund to help Gunn families during this unprecedented crisis. If you know a Gunn family in need, ask them to reach out to their Gunn Counselor for details on how to get help. We will all get through this together. Titans Strong.

**\*\*POSTPONED\*\* Senior Class Fund Raising March 23 at Gott's**

Since we're in Shelter in Place, the Senior Class fund raising event on Monday, March 23 will postpone this event until after we all get back from school. If all goes well, we'll make it Back To School fund raising dinner. More information will be coming out when we get back to school.

**\*\*CANCELLED (until further notice)\*\* Tacolicious School Project**

**\*\*UPDATED\*\* Grad Parties for Class of 2020**

Since the Senior Picnic and Grad Night are up in the air due the virus, we have suspended the online registration form for now until we know for sure. As soon as a decision has been made, we will let you know about both events.

**\*\*UPDATED\*\* Gunn Theater "Romeo & Juliet"**

Mr. Shelby is sharing a [video recording](#) of Gunn's dress rehearsal of Romeo & Juliet.

**\*\*UPDATED\*\* Gunn Parent Community on Facebook**

Did you know we have a Gunn Parent Facebook group? Please consider joining so you can read about, (or share ideas and information on) how to handle life, school, and parenting during the school closure, online learning, and Shelter-in-Place. <https://www.facebook.com/groups/1598387610422929/>

**\*\*NEW\*\* Proposed PTSA Executive Board Slate for 2020-21**

Following is the proposed Gunn PTSA Executive Board Slate for 2020-21. The PTA general membership will have the opportunity to approve the slate at our next PTSA General Meeting (currently scheduled for April 16 at 6:30pm).

Position Name

President Kimberly Eng Lee

Executive Vice President Lili Nova-Roessig

VP Community Activities Jackie Liang

Co-VP Community Activities David and Grace Downer

VP Ways & Means Audrey Gold

VP Communications Jen Schultz

Co-VP Communications Eva Dobrov

Secretary Karen Shuler

Treasurer Pilar Hsue

Auditor Karrie Chen

Historian Claire Kirner

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## PAUSD & PTAC

### **UPDATED Superintendent's News**

[March 20 Email](#)

[PAUSD News](#)

[PAUSD - SCHOOL CLOSURE Plain Talk FAQs](#)

Do you still have questions or comments about PAUSD during this time? Try the Let's Talk feature at <https://www.pausd.org/explore-pausd/lets-talk>

### **\*\*NEW\*\* Understanding the Impact of Physical Distancing and How it Impacts Our Families**

The recording of [Understanding the Impact of Physical Distancing and How it Impacts Our Families](#) hosted by Dr. Mehta is now posted on the top of the homepage at [PTAC's website](#)

### **\*\*NEW\*\* Other COVID-19 Information and Resources**

[https://docs.google.com/document/d/1JjzkrOSE4C4rCDGAMzYvP\\_7JdRfj5aO8WHTTD9wrMU/edit?usp=sharing](https://docs.google.com/document/d/1JjzkrOSE4C4rCDGAMzYvP_7JdRfj5aO8WHTTD9wrMU/edit?usp=sharing)

**\*\*NEW\*\* At Home Resources for Students with Exceptional Needs, IEPs, and 504s**

For families who are experiencing learning challenges, the CAC has put together some resources, and is being by their Palo Alto CAC website regularly. Please check it for any tips, advice, or other information that may help you and your family in these coming weeks. <https://cacpalalto.org/>

**\*\*NEW\*\* Webinar: Stress Management in the Age of COVID-19**

**TOMORROW Tue, March 24 3:30 - 4:30pm**

We will cover tips, advice, and practices that have been proven to reduce stress; such as deep breathing, positive visualization, and mindfulness. Our speakers will also share some best practices on how families in our community are coping with stress, followed by a Q & A session. Sponsored by [PTA Council](#) Health & Wellness. [Click on the link for](#) more details. This webinar is limited to 100 participants. A recording will be posted later on <https://ptac.paloaltopta.org>

### **PAUSD Board Meeting March 17, 2020 on COVID-19 Response & Resolution**

View at [youtu.be/LkgJh6qZJb4](https://youtu.be/LkgJh6qZJb4)

Kevin Gordon describes four major areas of concern for education in response to COVID-19.

- a. Meals (Time Stamp 34:04)
- b. Special Ed (Time Stamp 34:20)
- c. ALL Assessment (CANCELING) - (Time Stamp 35:11)
- d. School Closure Length (Time Stamp 37:00)
- e. Answering Board Members' Qs (Time Stamp 40:39)

- <https://www.pausd.org/news>
- <https://www.pausd.org/explore-pausd/board-education>

Board meetings are usually shown on Community Access TV Channel 28.

### **Technology Needs**

Students will need access to devices and the internet to access Schoology and PAUSD Flexible Learning Options. If you do not have a computer or WIFI at your house, please [contact PAUSD technology services via Let's Talk!](#). Low cost or free internet access is available for low income families through some internet providers, including [Comcast](#).

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**COMMUNITY  
LA COMUNIDAD**

**Sheltering in Place: What you need to Know** [Read here.](#)

**Free Educational and Cultural Materials** [Read here.](#)

**Angst, Like, and Upstanders Documentaries** [Watch here.](#)

**City of Palo Alto** [Plans and Information.](#)

- Sign up for the coronavirus email updates from the City of Palo Alto here:  
[https://www.cityofpaloalto.org/gov/depts/mgr/news/newsletter\\_signup.asp](https://www.cityofpaloalto.org/gov/depts/mgr/news/newsletter_signup.asp)

**County of Santa Clara Health Department**

What's New? Shelter At Home; Shelter In Place Order

[FAQs Regarding New Order Directing Individuals to Shelter at Home](#)

**What is the difference between “sheltering in place” and “social distancing”?**

Sheltering in place is a more rigorous form of social distancing.

Sheltering in place means you:

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**Refugiar en el Lugar: Lo que necesita saber.** [Lea aquí.](#)

**Materiales educativos y culturales gratis.** [Lea aquí.](#)

**Documentales sobre la ansiedad, el papel de los redes sociales, y el ciberacoso.** [Véalos aquí.](#)

**La Ciudad de Palo Alto.** [Planes y Información.](#)

- Inscríbese por los correos electrónicos de la Ciudad de Palo Alto sobre el coronavirus aquí:  
[https://www.cityofpaloalto.org/gov/depts/mgr/news/newsletter\\_signup.asp](https://www.cityofpaloalto.org/gov/depts/mgr/news/newsletter_signup.asp)

**Departamento de Salud del Condado de Santa Clara**

¿Qué hay de nuevo? Refugiar en el Hogar; Refugiar en el Lugar

## [Preguntas frecuentes sobre la orden exigiendo que los individuos se queden en casa.](#)

### **¿Qué es la diferencia entre refugiar en el lugar y el distanciamiento social?**

Refugiar en lugar es una forma más severa del distanciamiento social.

Refugiar en lugar significa que usted debe:

- Must stay at home - this means no playdates or hanging out with several friends.
- Can only leave your home for “essential activities,” to work for an “essential business,” or for “essential travel,” which are defined in the Order (see FAQs for details)
- Cannot host or attend any gatherings

You should also maintain 6 foot distance from other people as much as possible, wash your hands frequently for at least 20 seconds each time (or use hand sanitizer), frequently disinfect high-touch surfaces, and stay home if you are sick.

### **State of California**

- <https://www.gov.ca.gov>
- <https://covid19.ca.gov>
- <https://www.cdph.ca.gov/Programs/CID/DCDC/Pages/Immunization/nCoV2019.aspx>

### **Helping Your Child With Anxiety (All Ages) brought to you by Parent's Place Wed, Mar 25, 1:00-2:00pm**

During this online ZOOM workshop, we will address strategies to help your child cope and manage his or her feelings in the face of challenges like Coronavirus. We will identify and discuss common anxiety triggers such as changing routines, separation issues, social dynamics, and sleep. With Mimi Ezray, LCSW, MPH. \$30. Registration ends 30 minutes prior to the event, and the link for this workshop will be emailed at that time. \*\* For the best experience, please ensure that you are on a device with video capabilities. If you are using a smartphone or tablet, please download the Zoom app for this workshop.\*\* [Register Here.](#)

**Ayudando a su niño con ansiedad (todos edades) por Lugar de Padres**

**Mie, 25 de Mar, 13:00-14:00**

Durante este taller en línea por ZOOM, abordaremos estrategias para ayudar a su niño cuando él necesita sobrellevar con tus emociones durante este tiempo de Coronavirus. Identificaremos desencadenantes comunes de ansiedad, por ejemplo el cambio de rutinas, problemas con separación, dinámicos sociales, y sueño. Con Mimi Ezray, LCSW, MPH. \$30. Inscripción termina una media hora antes del evento, y la enlace por el taller será enviado a este tiempo. \*\* Por la mejor experiencia, por favor tenga un aparato con capaz de video. Si estás usando un teléfono inteligente o tableta, por favor descargue Zoom\*\* [Inscriba aquí](#).



**The PiE Survey Is Here!**

Each spring, we ask for your feedback to guide our decision-making for the next year. This year's survey is now available - please check your email inbox. It only takes a couple of minutes. We want to hear from you!

**¡La Encuesta de PiE está aquí!**

Cada primavera, preguntamos por su comentario para guiar nuestras decisiones para el próximo año. La encuesta de este año está disponible - por favor chequee su correo electrónico. Solo debe tomar un o dos minutos. ¡Queremos escuchar por usted!

### **U.S. Census 2020 Coming Soon!!**

The census is a once every-decade count of everyone living in the country. When we know how many people live in our community, we're better equipped to evaluate services needed, such as clinics, schools, and roads. It also determines how seats in Congress are distributed among the 50 states. Watch your mailboxes in mid-March because the Census Bureau will send every household an invitation to complete a questionnaire about everyone living at your address on April 1st. You can respond online, phone, or mail. Responses are confidential. Help make Palo Alto Count. Details at: [About the 2020 Census | Census CA](#)

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**PLEASE SUPPORT OUR BOOSTERS AND FOUNDATIONS**



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**THEATRE**  
***BOOSTER***



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**Gunn Auto T**

**Gunn Foundation**



*College Scholarships for Gunn Seniors*

