

## George Cai

### CALENDAR

**Tue, April 14**

10th Grade Parent Virtual Coffee, 10:00am

**Wed, April 15**

Gunn High School

Measure Z Bond Project

Community Meeting #1

Zoom Meeting, 2:00pm

**Thu, April 16**

PTSA General Meeting

Zoom Meeting, 6:30pm

Please consult the Gunn High School [calendar](#) and [website](#) for updated event information.

**\*\*NEW\*\* 10th Grade Parent Virtual Coffee**

**Tue, April 14, 10:00-11:30am**

Let's get together virtually and enjoy some (home-brewed) coffee with fellow sophomore parent friends. We'd love to catch up and hear how everyone is managing at home. Hope to see you there. We'll send out the Zoom link via UptoUs prior to the meeting.

### 日历

**4月14日, 星期二**

十年级家长虚拟咖啡, 上午10:00

**4月15日, 星期三**

Gunn高中

Measure Z Bond项目

社区会议#1

Zoom会议, 下午2:00

**4月16日, 星期四**

PTSA大会

Zoom会议, 下午6:30

请查阅Gunn高中日历 [calendar](#)和网站[website](#) 以获取更新的活动信息。

**\*\*新\*\*十年级家长虚拟咖啡会议**

**4月14日, 星期二, 上午10:00-11:30**

让我们虚拟地聚在一起, 与大二的父母朋友一起喝杯(自制的)咖啡。我们很乐意赶上来, 听听每个人在家里如何管理。希望在那里见到你。会议之前, 我们将通过UptoUs发送“Zoom”链接。

## T2

### **Gunn High School Measure Z Bond Project Community Meeting #1 via ZOOM Link**

**Wed, April 15, 2:00pm**

The Palo Alto Unified School District will host a Gunn High School Community Meeting to present the [Schematic Design Plans for the Renovation of the Administration Building](#). The meeting will be conducted by HED Architects and will be held online via Zoom at <https://pausd.zoom.us/j/723978306> or dial +1 669 900 6833 and enter Meeting ID: 723 978 306 then press # to join the meeting. Meeting ID: 723 978 306 [View this conceptual design and overall scope of this and other future projects here](#).

### **\*\*NEW\*\* PTSA General Meeting**

**Thu, April 16, 6:30-7:45pm**

Please join us via Zoom conference for updates from Principal Kathie Laurence and School Board Trustee Melissa Baten Caswell, and vote to approve the slate for next year's PTSA Executive Board. We will send a Zoom link via UptoUs prior to the meeting.

#### **Proposed Gunn PTSA Executive Board Slate for 2020-21.**

The PTA general membership will have the opportunity to approve the slate at our next PTSA General Meeting (scheduled for April 16 at 6:30pm).

<i>Position</i>	<i>Name</i>
President	Kimberly Eng Lee
Executive Vice President	Lili Nova-Roessig
VP Community Activities	Jackie Liang
Co-VP Community Activities	David and Grace Downer
VP Ways & Means	Audrey Gold
VP Communications	Jen Schultz
Co-VP Communications	Eva Dobrov
Secretary	Karen Shuler
Treasurer	Pilar Hsue
Auditor	Karrie Chen
Historian	Claire Kirner

## T3

**\*\*NEW\*\* Gunn's SELF (Social Emotional Learning and Functionality) Program** is transitioning to distance-learning too and still fulfilling an important purpose -- helping students maintain connections with each other and with trusted adults and mentors. Mentors have been reaching out to their cohorts to connect in different ways, and SELF is working with other wellness groups on campus to support and complement efforts for students to connect across the wider community. Now, you parents are invited to join in SELF's School-Connect program from home. More than ever, we all understand the importance of school connectedness to adolescents' personal growth and engagement in learning. This four-part video series called "EQ in your PJs" is designed to give students a sense of ownership over their emotional management and purpose in navigating the current situation. Check out Video 1: '[Managing Stress before it Manages You](#)' and Video 2: '[Navigating Relationships in Tight Quarters](#)' and help start the conversations in your home today. For questions, contact Gunn's SEL TOSAs [ccarlomagno@pausd.org](mailto:ccarlomagno@pausd.org) or [tfirenzi@pausd.org](mailto:tfirenzi@pausd.org). We hope everyone is staying healthy and well.

**\*\*NEW\*\*** PTSA is providing this [Summary Information for High School Families about Distance Learning](#)

## T4

### **\*\*NEW\*\* #WHATHELPSUS Sources of Strength**

Gunn is joining the national Sources of Strength #whathelpsus campaign to highlight how we are coping and connecting in the midst of this major disruption. It is possible for us to not just survive, but to THRIVE. Follow Gunn's Sources of Strength efforts at <https://www.facebook.com/sourcesofstrength>

### **\*\*NEW\*\* Gunn Counseling**

[Newsletter for Juniors](#) information on admissions, testing, grading, college visits as of 4/2  
[Newsletter for Seniors](#) information on colleges, APs, grading, FAFSA and financial needs as of 4/2

### **\*\*NEW\*\* Superintendent's Welcome Back from Break Message**

Welcome back from Spring Break! Those words feel odd given our current circumstances, but we are still entering a new phase of our distance learning plan. You will be receiving a one-page guide later in the week to make it easier to put your hands on important contact information. I prepared a short video message for you at: <https://youtu.be/uNcJIPn4IRI>. Our teachers have been hard at work preparing for the next stretch. Please communicate with them directly if you are having difficulty. Everyone is here to help.

## T5

### **\*\*NEW\*\* PAUSD Zoom Guidelines**

[STUDENT PAUSD Zoom Guidelines & Norms 03/25/20](#)

### **\*\*NEW\*\* Help for Families In Need during COVID-19 Shelter-in-place**

-- After the break, food will still be provided to students who are in need through PAUSD's school nutrition program. This packaged lunch is for those who previously qualified or are experiencing hardship. Choose one pick-up location at Gunn, JLS or Greene from 11am-1pm.

-- PAUSD families who have lost income during the 'shelter-in-place' can request emergency financial aid for daily necessities like groceries. This Grant is from the Palo Alto Community Foundation's COVID-19 Relief Fund. Contact your counselor or Family Engagement Specialist for a referral. For questions contact [HelpPAUSDFamilies@gmail.com](mailto:HelpPAUSDFamilies@gmail.com)

-- Anyone who still needs a computer or help with WiFi access, please [request one](#) for pickup

-- Community resources of where/how [PAUSD families can get help during the Coronavirus crisis](#)

## T6

### **\*\*NEW\*\* Social Emotional Learning**

PALY Teacher on Special Assignment (TOSA) Parents has started a [newsletter](#) that contains tips and resources for how we can best take care of ourselves and model that practice for our kids.

### **\*\*NEW\*\* Special Education: Families of students with IEPs and 504 plans**

As we are facing this health crisis as a society, many of you are facing new challenges at home. Many of our kids thrive on routine and structure. If you have a student with special education needs, a 504 plan, or other education challenges, please know that YOU ARE NOT ALONE! There are an increasing number of resources out there for families struggling during the shelter in place order. If you are searching for community during this time, please reach out to [special@paloaltopta.org](mailto:special@paloaltopta.org). If you wish to talk to a parent from your school, you can reach out to your school's PTA Special Education / Inclusion representative. Representatives for each school are listed here:

<https://ptac.paloaltopta.org/special-education/>

For specific questions about your child's educational needs, please stay in touch with your student's case manager or teacher. For more general special education resources check out the Palo Alto Council of PTAs [web page](#). Updates on webinars and other education resources are posted regularly. For more general special education resources check out the Palo Alto Council of PTAs [web page](#). See "[At Home Resources for Exceptional Students with IEPs and 504s](#)" for updates on webinars and other education resources are posted regularly.

## **T7 Zora Zhang**

### **\*\*NEW\*\* Sunshine Taskforce**

PTAC has formed a Sunshine Taskforce to showcase the many positive things happening in our midst.

1. Juana Briones Elementary School Principal Katy highlights a sunshine moment. Principal Katy recalls, "It was a great reading night. YES! Due to COVID-19, we could not read to the children in person. So, Hillary Mark, Briones Literary Specialist, on a grant with CHC, for Briones Family Reading Night, held a virtual reading night." 2. Paly and Gunn students from Kuriosity Robotics made 3D Printed Face Masks - Our students on the Robotics Team quickly pivoted their school project to print face shields for those Individuals who will take care of COVID-19 patients in our community. <https://www.kuriosityrobotics.com/covid-19>. Send your Sunshine moment to [president@paloaltopta.org](mailto:president@paloaltopta.org)

### **\*\*新\*\* 阳光工作组**

PTAC成立了阳光工作组。在现在迷茫的情况下,阳光工作组将会为大家展示许多积极向上的事情。

1. 胡安娜小学(Juana Briones Elementary School)的校长凯蒂(Katy)提出了一个阳光事件。她回忆道:“那是一个非常棒的图书夜!我们由于新型冠状病毒(COVID-19)无法面对面给孩子们读故事书,所以小学的文学专家希拉里·马克为胡安娜大家庭举办了一个线上的读书夜。

2. Paly和Gunn高中Kuriosity机器人社团的同学制作了3D打印的面罩——我们机器人团队的学生迅速调整了他们的学校项目,帮助我们社区中肺炎患者的医护人员打印保护性面罩。详情请访问Kuriosity机器人俱乐部官网:<https://www.kuriosityrobotics.com/covid-19>

请将你的阳光事件发送至[president@paloaltopta.org](mailto:president@paloaltopta.org)

### **\*\*NEW\*\* Health & Wellness Webinars**

Dear PAUSD parents, PTA Council Health and Wellness Committee is *indefinitely pausing* the upcoming 2 webinars:

1. Crisis Schooling without Losing your Sanity
2. Responding to Racism and Bias in the Wake of COVID-19

If these are topics or there are other topics you would like addressed, do reach out to your individual school sites and let them know. PTA Council is always here to support our Parent Community, especially during this time of crisis. In the interim, continue to check out PTA Council website for past webinars and other pertinent information

### **\*\*新\*\* 身心健康线上讲座**

亲爱的PAUSD家长们，PTA身心健康理事会将**无限期暂停**即将举行的两场网络研讨会：

1. 在不失去理智的情况下进行危机教育
2. 回应COVID-19之下的种族歧视和偏见

如果这些话题(或者其他任何话题)是你非常关心的，请务必联系您的所在学校并让他们知道。PTA理事会一直都在支持我们的家长，尤其是在这样的危机情况之下。在此期间，请继续查看PTA理事会的网站以获取以往的网络座谈会和其它相关信息

## **T8 Michael Wang**

### **\*\*NEW\*\* Webinar: Proactive Planning for College Transition from 8th-11th Grade**

**Tue, April 21, 2020, 7:00pm**

Provided to you by Parents Helping Parents. Are you starting to think about college for your student with special needs? Learn how to build a plan for college success. Event audience: Parents of college-bound students (ages 12-16) from 8th grade to junior year of high school with special needs (typically diagnosed with LD/ADHD/Autism). [Webinar Link](#). For questions contact [paltoalcac@gmail.com](mailto:paltoalcac@gmail.com)

### **\*\*NEW\*\* Webinar: College Transition for Students with Disabilities with Elizabeth Hamblet**

**Wed, April 22, 2020 6:00pm**

Students with disabilities who make the transition to college will find that the accommodation system there works differently and has different demands. If they know what to expect (and what they can't), they can prepare for a successful transition, but there is so much conflicting information out there. How can parents and professionals sort out what's really true? Join Elizabeth C. Hamblet for an AMA (Ask Me Anything) session on college transition and bring your questions. Hamblet is a college learning disabilities specialist with 20 years' experience in the field. Free and open to all. Register in advance [here](#). For questions contact [paltoalcac@gmail.com](mailto:paltoalcac@gmail.com)

### **\*\*新\*\*网会：8年级到11年级成长到大学的计划**

**星期二，2020年4月21日，晚上7:00**

Parents Helping Parents（父母帮父母）提供。你会不会想为你有特殊需求的小孩思考大学的事？了解如何造成一个会成功的大学计划。活动对象：父母有8年级到11年级特殊需求的小孩（通常被诊断为LD / ADHD /自闭症）的大学入学学生（12-16岁）。[网会的链接](#)。如有问题，请联系 [paltoalcac@gmail.com](mailto:paltoalcac@gmail.com)

### **\*\* NEW \*\*网会：和Elizabeth Hamblet一起讨论关于特殊需求的小孩去大学的过渡**

**2020年4月22日，星期三，下午6:00**

要到大学的残障学生会发现大学的系统和通常的宿舍系统有不同的作用，并且有不同的要求。如果他们知道会和不会发生什么，他们可以成功的准备去大学的过程，但是网上和外面有太多相互矛盾的信息。父母和专业人士怎么能找到情况的事实？与Elizabeth C. Hamblet一起参加有关大学准备的AMA

(什么都可以问我)会议,并提出你的问题。Hamblet是一位大学障碍专家,在他的领域里有20年的经验。免费开放给所有。在这里提前[注册](#)。如有疑问,请联系[paloaltocac@gmail.com](mailto:paloaltocac@gmail.com)

## T9 Kevin

### **\*\*NEW\*\* News from the California Department of Education**

Last week the California Dept. Education published its monthly newsletter, CDE Currents. It includes a message from State Superintendent Tony Thurmond, news briefs, and features about how the CDE, schools, districts, counties, and volunteers are working together helping students during the current COVID-19 pandemic. Read it [here](#). Updated information can be found on their Facebook page: <https://www.facebook.com/CAEducation/>

### **\*\*新\*\* 加州教育部最新消息**

上周加州教育部发布了它的月刊通讯, CDE Currents. 此报含有部长 Tony Thurmond 的讯息, 其他简讯, 和关于教育部和各个学校, 学区, 县, 和志愿者们在 COVID-19 疫情时期合力帮助学生的文章. [在此](#) 浏览. 最新的消息可以在教育部的脸书网页上找到: <https://www.facebook.com/CAEducation/>

## T10 Jiayao Dou

### **\*\*NEW\*\* Our Library Website Offers more Online Tools and Resources**

The Palo Alto City Library [website](#) has been redesigned to share new virtual resources and fun for teens, kids, adults and more. In addition to service [updates](#) and newly-designed resources to support at-home enrichment and learning, visitors to the new site can join in on the [Spring into Reading](#) program and other family fun. The library has also [expanded](#) virtual services, during this shelter in place time, which means new account holders can enjoy the full suite of online services without having to visit a specific library branch. Get your free library card today and join us online!

### **\*\*NEW\*\* DreamCatchers Helping to Support Families - You Can TOO!**

Please help support low-income PAUSD middle-school students by donating at <https://www.dreamcatchersyouth.org/>! Our DreamCatchers children live in households with serious economic insecurity made worse with the [COVID-19](#) crisis. We have talked to all our parents and students. Families report that they are concerned about work, rent, food, and healthcare. Our staff, in conjunction with Paly, Gunn, and Stanford tutors, are working hard to provide remote [academic support](#) and enrichment, in addition to critical [economic help](#). At this time, when our low income middle school students need to hold onto their dreams the most, please consider making [a donation](#) to support the important work that DreamCatchers is doing. Thank you for supporting our community!

### **\*\*新\*\*我们的图书馆网站提供更多在线工具和资源**

帕洛阿尔托市图书馆网站已经过重新设计, 可以为青少年, 儿童, 成人等分享新的虚拟资源和乐趣。除了服务更新和新设计的资源以支持在家中的充实和学习外, 新站点的访问者还可以参加Spring Reading计划和其他家庭娱乐活动。图书馆还扩展了虚拟服务, 在此期间, 这意味着新的帐户持有人可以享受全套在线服务, 而不必访问特定的图书馆分支机构。立即获取免费的图书证, 并在线加入我们!

### **\*\*新\*\* DreamCatchers帮助支持家庭-您也可以!**

请通过<https://www.dreamcatchersyouth.org/>捐款来帮助支持低收入的PAUSD中学生。由于COVID-19危机，我们的DreamCatchers儿童生活在严重的经济不安全状况中，因此情况变得更糟。我们已经与所有的父母和学生进行了交谈。家庭报告说他们担心工作，房租，食物和医疗保健。我们的员工与Paly, Gunn和Stanford的导师一道，除了提供重要的经济帮助外，还在努力提供远程学术支持和充实。此时，当我们的低收入中学生最需要实现自己的梦想时，请考虑捐款以支持DreamCatchers所做的重要工作。感谢您支持我们的社区！

## Mingjie Duan

### **\*\*NEW\*\* Emergency Services Volunteers Needed, Sign-Up Today**

The City activated its Emergency Services Volunteer (ESV) program to assist neighbors needing support. Please consider joining to help your fellow neighbors in need. ESVs receive comprehensive training and are registered members of the City's emergency organization. Learn more at [cityofpaloalto.org/emergencyvolunteers](http://cityofpaloalto.org/emergencyvolunteers).

For now volunteers walk through the neighborhoods being the city's eyes and ears and make themselves available for questions or for people to connect while maintaining distance. As well as identifying vulnerable or neighbors needing help. Twice a week these volunteers report to the city. There is now an abbreviated block preparedness coordinator training you can do online.

[https://cityofpaloalto.org/gov/depts/mgr/news/newsletter\\_signup.asp](https://cityofpaloalto.org/gov/depts/mgr/news/newsletter_signup.asp)

<http://www.cityofpaloalto.org/coronavirus>

<http://cityofpaloalto.org/civicax/filebank/documents/75687>

<http://cityofpaloalto.org/helpsign>

[https://www.cityofpaloalto.org/services/public\\_safety/plans\\_and\\_information/coronavirus/sport\\_services.asp](https://www.cityofpaloalto.org/services/public_safety/plans_and_information/coronavirus/sport_services.asp)

<https://www.scchelpinghands.com/>

### **\*\*新\*\*需要紧急服务志愿者，立即注册**

纽约市启动了其紧急服务志愿者（ESV）计划，以帮助需要支持的邻居。请考虑加入以帮助需要帮助的邻居。ESV接受了全面的培训，并且是纽约市应急组织的注册成员。要了解更多信息，请访问

[cityofpaloalto.org/emergencyvolunteers](http://cityofpaloalto.org/emergencyvolunteers)。

目前，志愿者们沿着城市的耳朵和耳朵走过，让自己可以提出问题或与人们保持联系，同时保持距离。以及识别弱势群体或需要帮助的邻居。这些志愿者每周两次向市报告。

现在，您可以在线进行简短的区块准备协调员培训。

[https://cityofpaloalto.org/gov/depts/mgr/news/newsletter\\_signup.asp](https://cityofpaloalto.org/gov/depts/mgr/news/newsletter_signup.asp)

<http://www.cityofpaloalto.org/coronavirus>

<http://cityofpaloalto.org/civicax/filebank/documents/75687>

<http://cityofpaloalto.org/helpsign>

[https://www.cityofpaloalto.org/services/public\\_safety/plans\\_and\\_information/coronavirus/sport\\_services.asp](https://www.cityofpaloalto.org/services/public_safety/plans_and_information/coronavirus/sport_services.asp)

<https://www.scchelpinghands.com/>

T12

**\*\*NEW\*\* Paly Golf Classic 2020**

Postponed to take place in fall 2020 (date TBD).

**\*\*NEW\*\* Palo Arts Center Virtual Tours**

The Palo Arts Center has a short 10 minute video with Museum docent taking you on a tour of the latest exhibition, called ROOTS. [click link](#). This is a great way to have you and your kids take a virtual tour of the PA Art Museum. For more please contact Rachelle Doorley (PTAC Arts Coordinator) at [radoorley@gmail.com](mailto:radoorley@gmail.com).

**\*新\* PALY 2020年经典高尔夫竞赛  
推迟到2020年秋季举行（日期待定）。**

**\*新\* Palo 艺术中心虚拟游览**

Palo艺术中心有一个10分钟的视频带您参观名为ROOTS的最新展览，视频里回包括博物馆讲解帮助您更佳了解此展览。 [按此链接](#)。这是让您和孩子虚拟参观PA美术馆的最佳方法。如果想多了解一下，请通过[radoorley@gmail.com](mailto:radoorley@gmail.com) 与 Rachelle Dooley（PTAC 艺术协调员）联系。