

Calendar

T1 George

Tue, Apr 30

Spring Percussion Ensemble Concert, 7:30 PM, Music Bldg

Thu-Sat, May 2-4

One-Acts, 7:30 PM, Little Theater

Fri, May 3

Principal's Coffee, 8:45 AM, Staff Lounge

4月30日星期二

春季打击乐合奏音乐会, 7 : 30 PM, 音乐大楼

5月2日至4日星期四

One-Acts, 晚上7:30, 小剧场

5月3日星期五

校长的咖啡, 上午8:45, 员工休息室

Gunn

T2Jasmine

Apply for Site Council

Due Date for Applications: Tue, Apr 23

Are you a Gunn parent of a current sophomore, freshman, or Gunn-bound 8th grader? Please consider making yourself available to serve as a parent representative on the Gunn Site Council for the next 2 years. Site Council will have openings for 2 parent representatives. Due date for [applications](#) is Tuesday, April 23. Elected representatives will be invited to attend the Site Council meeting on Monday, May 6 from 4-6 PM in the Gunn Staff Lounge. See [general information about Site Council and eligibility](#). Questions about Site Council and serving as a parent rep can be sent to any of the current parent reps:

Glynn Edwards, glynnedw@gmail.com; Jane Dick, jane@dick.org; Liz Milner, lizmilner@gmail.com;

Mudita Jain, mudita@gmail.com; or Jade Chao (alternate rep), wufamily2022@gmail.com.

申请网站委员会

截止申请日期：4月23日星期二

你是10年级，新生还是 八年级学生的Gunn父母？请考虑让自己在未来两年内担任Gunn Site Council的家长代表。现场委员会将为2位家长代表开放。申请截止日期为4月23日星期二。当选代表将于5月6日星期一下午4-6点在Gunn Staff Lounge参加现场会议。查看有关Site Council和eligibility的一般信息。有关Site Council和作为父代表的问题可以发送给任何当前的父代表：

Glynn Edwards, glynnedw@gmail.com; Jane Dick, jane@nick.org; Liz Milner, lizmilner@gmail.com; Mudita Jain, mudita@gmail.com;或者Jade Chao（替代代表），wufamily2022@gmail.com

Panel Discussion: Social, Emotional Learning, and Building Connections

Thu, May 2, 6-7:30 PM, Library

Gunn parents are invited to a special panel discussion on Social, Emotional Learning and Building Connections for your kids. Students from the Gunn Student Executive Council (SEC) have organized this special parent event on Thursday, May 2nd at 6 PM in the Gunn Library. Topics range from how to listen and communicate with your kids; how to help them balance their workloads; and overviews of what SELF is and what Wellness Programs are offered at Gunn. Speakers: SELF Coordinator Courtney Carlomagno, SELF Coordinator Tara Firenzi, Wellness Center Coordinator Lauren Rocha, SEC students Michael Iglesias, Angela Cheong, Daniel Chung, and Joshua Mei. Contact Courtney Carlomango at carmolomango@pausd.org or Lauren Rocha at lrocha@pausd.org with questions.

小组讨论：社交，情绪学习和建立联系

图书馆，5月2日，6-7：30，图书馆

Gunn的父母被邀请参加一个关于社交，情感学习和建立联系的特别小组讨论会。来自Gunn学生行政会议（SEC）的学生于5月2日星期四下午6点在Gunn图书馆组织了这次特别的家长活动。主题包括如何倾听和与孩子沟通；如何帮助他们平衡工作量；并概述了什么是SELF以及Gunn提供的健康计划。发言人：自我协调员Courtney Carlomagno，自我协调员Tara Firenzi，健康中心协调员Lauren Rocha，SEC学生Michael Iglesias，Angela Cheong，Daniel Chung和Joshua Mei。请发送电子邮件至ccarlomango@pausd.org联系Courtney Carlomagno，或发送电子邮件至lrocha@pausd.org与Lauren Rocha联系。

Emily

Nominations for the Principal's Cup Now Open

Deadline for Nominations: Fri, May 3

The 2018-19 Principal's Cup (Teacher of the Year) award will be awarded to a teacher reflecting excellence in: professional knowledge of discipline and expertise in classroom teaching; commitment to and effectiveness with students; respected leadership among colleagues; contribution to school community; ability to work as a team member; and response to individual needs. The individual must be a classroom teacher at Gunn, have completed at least 5 years of service at Gunn, and not be a [previous winner](#). Any Gunn student, parent or staff member may nominate a teacher for this award. Please submit the [nomination form](#) and email any additional support letters to Martha Elderon (melderon@pausd.org) before the May 3rd deadline.

校长杯的提名现已开放

提名截止日期：5月3日星期五

2018-19年度校长杯（年度教师）奖将授予一位反映卓越的教师：专业的课堂教学知识和专业知识；对学生的承诺和有效性；同事之间的尊重；对学校社区的贡献；作为团队成员工作的能力；并回应个人需求。个人必须是Gunn的课堂教师，在Gunn完成至少5年的服务，而不是之前的获胜者。任何甘愿学生，家长或工作人员都可以为该奖项提名教师。请在5月3日截止日期之前提交提名表并通过电子邮件将任何其他支持信发送给Martha Elderon（melderon@pausd.org）。

FROM THE PREVIOUS ISSUE:从以前的问题：

Volunteer for the Year-End Senior Celebrations

Tue, May 29, Bow Gym

Wed, May 30, Secret GradNight Venue

Parent volunteers are needed for this year's GradNight Party and Senior Picnic on May 29 & 30. These events are sponsored by the PTSA and require support from all grades to ensure they are fun and safe. No job is very hard, in fact there are detailed directions for each task and a volunteer orientation, so please sign-up to help with these final two events. Some jobs are designated especially for non-Senior parents because they happen during the Graduation Ceremony. This "pay-it-forward" tradition has worked for many generations of Gunn graduates, so thanks in advance for your support! For questions, email gunn.seniorparty@gmail.com. --Mrinal, Karen & Nadja, 2019 PTSA GradNight & Senior Picnic Chairs

GradNight Volunteer Signups with UpToUs: <https://www.uptous.com/communitySignup/6128/25972>

Volunteer SignUps without a login ID: <https://www.uptous.com/directSignup/lj7bs6prQpcMjrrTI45rQ6EG5m1zXC47qgvrzU5M2xMt>

为年终高级庆祝活动做志愿者

5月29日星期二，弓健身房

5月30日星期三，秘密GradNight地点

5月29日和30日举办的今年的GradNight派对和高级野餐会需要家长志愿者。这些活动由PTSA赞助，需要所有年级的支持，以确保他们的乐趣和安全。没有工作是非常困难的，事实上每个任务都有详细的指示和志愿者指导，所以请注册以帮助完成这两个最后的事件。有些工作是专门为非高年级家长指定的，因为它们发生在毕业典礼上。这种“付费转发”的传统已经为许多代的Gunn毕业生服务，所以提前感谢您的支持！如有疑问，请发送电子邮件至gunn.seniorparty@gmail.com。 --Mrinal, Karen & Nadja, 2019 PTSA GradNight & Senior Picnic Chairs

使用UpToUs进行GradNight志愿者注册：<https://www.uptous.com/communitySignup/6128/25972>

没有登录ID的志愿者登录：<https://www.uptous.com/directSignup/lj7bs6prQpcMjrrTI45rQ6EG5m1zXC47ggvrzU5M2xMt>

<https://www.uptous.com/directSignup/lj7bs6prQpcMjrrTI45rQ6EG5m1zXC47ggvrzU5M2xMt>

PAUSD & PTAC

Angela

****NEW** Update on GUP-- Milestone Reached: Stanford University Agrees to Mitigate Impact to Local Public Schools**

At Tuesday's Special Board of Education meeting, the Board of Education Members, Superintendent Dr. Don Austin, and Stanford Representative Ms. Jean McCown discussed an agreement to mitigate Stanford's buildout impact to PAUSD. During public comment, current PTA Council President and immediate past Council President read a statement expressing PTA's gratitude to both parties. Please watch [Dr. Austin's presentation](#) and read the [PAUSD-Stanford Agreement](#).

Mandarin Parent Workshops: Inter-Cultural Dialogue

Thursdays, 6:30-8:30 PM ongoing thru May 16, Greene Middle School Library

Wellness & Support Services Dept. and Asian Americans for Community Involvement (AACI) are offering a ten-week parenting workshop series, "Inter-Cultural Dialogue," in Mandarin. An AACI Therapist facilitates the research-based workshops designed to help families navigate the generational and cultural differences in their families.

April 18 - How to use rules, consequences and punishment

April 25 - Review and practice listening, empathy, and build connection

May 2 - Parenting skills in practice

May 9 - Parents managing their stress and emotions

May 16 - Revision, celebration, and completion

Spaces are still available. For more information or to save your place, please [RSVP on Eventbrite](#).

****新** GUP--达到里程碑：斯坦福大学同意减轻对当地公立学校的影响**

在周二的特殊教育委员会会议上，教育委员会成员，监督Don Austin博士和斯坦福代表Jean McCown女士讨论了一项协议，以减轻斯坦福大学对PAUSD的影响。在公众评论期间，现任PTA理事会主席和前任理事会主席表达了PTA对双方的感谢。请观看[Austin博士的演讲](#)并阅读[PAUSD-Stanford协议](#)。

中国家长研讨会：文化间对话

每周四，下午6:30-8:30，直到5月16日，Greene 中学图书馆

健康与支持服务部和社区参与亚洲人 (AACI) 将提供为期十周的育儿讲习班系列，“跨文化对话”，中文版。AACI治疗师为研究型研讨会提供便利，旨在帮助家庭了解家庭中的代际和文化差异。

4月18日 - 如何使用规则，后果和惩罚

4月25日 - 回顾并练习倾听，同理心和建立联系

5月2日 - 在实践中培养育儿技巧

5月9日 - 父母管理他们的压力和情绪

5月16日 - 复习，庆祝和完成

还有空间。更多信息或保存您的位置，请在[Eventbrite](#)上回复。

T5

****NEW** [UPDATED] PTAC Honorary Service Awards**

Thu, Apr 25, 4-6 PM, Palo Alto Art Center, 1313 Newell Rd, Palo Alto

You're Invited!! This is our amazing and fun Spring social event to honor our volunteers and to network. Come meet other PTA members, district admins, school board members. Lots of food, Student Art, and celebrating amazing work! We're looking for official photographers and Twitter/Social Media connectors. This event is FREE to attend, so please come! Email your RSVP though to HSA Committee - hsa@pal Alto.org.

****NEW** [UPDATED] Youth Art Show at the Palo Alto Art Center**

April 27-May 19; reception on Wed, May 1, 4:30-7 PM, remarks at 5:30 PM, Palo Alto Art Center, 1313 Newell Rd, Palo Alto

The extensive imagination and talent of PAUSD art students will be on display for the public at the Palo Alto Art Center later this week. Exhibit includes work from students in grades K-12. PiE funds art programs in PAUSD. Instructors have selected work that demonstrates accomplishment and innovation in the classroom.

****新** PTAC荣誉服务奖**

周四, 4月25日, 下午4-6点, 帕洛阿尔托艺术中心, 1313 Newell Rd, Palo Alto

你被邀请了参加我们妙趣横生的春季社交活动, 以纪念我们的志愿者和网络。快来认识其他PTA会员, 区管理员, 学校董事会成员。这里将有大量的食物, 学生们的艺术作品, 以及趣味的庆祝活动! 我们正在寻找官方摄影师和Twitter /社交媒体连接员。这个活动将会免费对大众开放! 通过电子邮件将您的RSVP发送至HSA委员会 - hsa@pal Alto.org以报名。

****新****

帕洛阿尔托艺术中心的青年艺术展

4月27日至5月19日;接待时间为5月1日星期三下午4:30-7, 下午5:30, Palo Alto艺术中心, 1313 Newell Rd, Palo Alto本周末期, 帕洛阿尔托艺术中心将向公众展示PAUSD艺术学生的广泛想象力和才华。展览包括K-12年级学生的作品。PiE为PAUSD的艺术项目提供资金。这些作品是因优异的品质而被教师们在课堂上选中的。

T6 Richard Liu

Climate-Friendly School Food: Healthy Planet, Healthy Kids with Friends of the Earth

Tue, Apr 30, 12-1 PM, Haymarket Theater, Palo Alto High School, 50 Embarcadero Rd, Palo Alto

Please join the League of Women Voters and PAUSD, and learn how healthy school lunches benefit our children as well as the planet. Find out about nutritious lunch programs that have been adopted by other CA school districts, including LA, SF, and Oakland. Please RSVP:

<https://healthy-kids-healthy-planet.eventbrite.com/>. Kari Hamerschlag is the Deputy Director of Food and Ag at Friends of the Earth. Kari leads the organization's climate-friendly food service initiative to support local farmers and ranchers to shift consumption towards healthier and more sustainable food. Kari worked as a senior analyst with the Environmental Working Group where she works on US farm bill.

气候友好型学校食品：健康的星球，健康的孩子和地球之友一起

周二, 4月30日, 中午12点到1点, Embarcadero路50号, Palo Alto高中Haymarket剧院, Palo Alto。

请来参加女性选民联盟和PAUSD的活动, 了解健康的学校午餐如何使我们的孩子和地球受益。了解其他加州学区(包括洛杉矶, 旧金山和奥克兰)采用的营养午餐计划。参加请回复:

<https://healthy-kids-healthy-planet.eventbrite.com/>。 Kari Hamerschlag是地球之友的食物和农业部门副主任。Kari领导该组织的气候友好型食品服务计划, 以支持当地农民和牧场主将消费转向更健康, 更可持续的食品。Kari曾在环境工作组担任高级分析师, 负责美国农业法案。

****NEW** Bus Driver Appreciation Breakfast**

Thu, May 2, 8 AM, Bus Dispatch Office, 25 Churchill, Palo Alto

Each year, the Palo Alto CAC honors the bus drivers who play a vital role in transporting students to and from school. Breakfast will be served to the bus drivers at their office. If you want to show your support for the dedication and kindness demonstrated daily by your child's bus driver, please send a thank you note with your message to CacBusDriverappreciation@gmail.com. If you would like to donate a breakfast item or gift card/money, please let us know as well. Please send your messages by Sunday, April 28th.

Sponsored by [CAC Palo Alto](#).

****新内容** 巴士司机赞赏早餐**

星期四, 5月2日, 上午8点, 公共汽车调度办公室, 25 Churchill, Palo Alto。

每年, Palo Alto CAC都会向那些在学生上下学校方面发挥重要作用的公交车司机表达敬意, 将在公交车司机办公处为他们供应早餐。如果您想表达您对孩子的公共汽车司机每天所表现出的奉献精神和支持, 请将您的感谢信发送到CacBusDriverappreciation@gmail.com。如果您想捐赠早餐食品或礼品卡/钱, 也请告知我们。请在4月28日星期日之前发送您的感谢信, 由CAC Palo Alto赞助。

Edward

PTA Council Invites You to the 97th Annual May Fete Parade & 125th Palo Alto Birthday Celebrations

Sat, May 4, 10 AM (Parade start time), Downtown Palo Alto

Each year our students and staff, as well as neighbors, are invited to participate in the [City of Palo Alto 2019 May Fete Parade](#). This is our small, hometown parade right here in the heart of Silicon Valley. Many PAUSD students participate in the parade by way of the bands, amazing music programs, and club projects that are funded by PiE and PTA. Downtown University Avenue is closed that day and the nearby streets and parking lots are transformed with school kids, floats, marching bands, electric model cars, etc. NEW this year is the celebration of the 125th Birthday of the City of Palo Alto. Happy Birthday! Don't miss it. Carpool and bike.

Palo Alto World Music Day Musicians and Volunteers Wanted

Sun, Jun 16, 3-7:30 PM, University Avenue (closed to traffic), Palo Alto

The City of Palo Alto has declared Sunday, June 16, as World Music Day. Now for the eleventh year professional and amateur musical groups will perform a wide variety of musical genres: jazz, pop, rock, classical, world music, choral and more. Free and open to the public. Interested in also performing? Info: www.pamusicday.org or info@pamusicday.org. Sign up to volunteer:

<https://www.signupgenius.com/go/10c0a4eaba72ea5fc1-paworld1>. Sponsored by: Stanford Federal Credit Union, Palo Alto Recreation Foundation, the City of Palo Alto, the Palo Alto Weekly, Palo Alto Online, the Palo Alto Chamber of Commerce, the Palo Alto Downtown Business and Professional Association, Live SV, and News for Chinese.

PTA理事会邀请您参加第97届May Fete Parade和第125届Palo Alto生日庆祝活动

周五, 5月4日上午10点 (游行开始时间), 帕洛阿尔托市中心

每年我们的学生和工作人员以及邻居都被邀请参加Palo Alto 2019 May Fete Parade。这是我们位于硅谷中心的小型家乡游行。许多PAUSD学生通过乐队, 惊人的音乐节目以及由PiE和PTA资助的俱乐部项目参加游行。市区大学大道当天关闭, 附近的街道和停车场由学校的孩子, 花车, 游行乐队, 电动模型车等改造而成。今年是帕洛阿尔托市诞辰125周年庆典。生日快乐! 不要错过它。拼车和自行车。

Palo Alto世界音乐日音乐家和志愿者通缉

太阳, 6月16日, 下午3-7:30, 大学大道 (封闭交通), 帕洛阿尔托

帕洛阿尔托市于6月16日星期日宣布为世界音乐日。现在，第十一年，专业和业余音乐团体将演奏各种各样的音乐类型：爵士乐，流行音乐，摇滚乐，古典音乐，世界音乐，合唱等等。免费对公众开放。有兴趣也表演？信息：www.pamusicday.org或info@pamusicday.org。注册志愿者：<https://www.signupgenius.com/go/10c0a4eaba72ea5fc1-paworld1>。赞助商：斯坦福联邦信用合作社，Palo Alto娱乐基金会，Palo Alto市，Palo Alto Weekly，Palo Alto Online，Palo Alto商会，Palo Alto市中心商业和专业协会，Live SV和新闻中文。

Caroline Liu 2020

PTAC Advocacy Needs You To Act Now for Special Education Students

Please support California Legislature's Bill (AB 428) to increase funding for special education. Questions? Email evp@paloaltopta.org or Christine Baker at cbaker@gmail.com. The Statewide Special Education Task Force report found: (1) "special education is underfunded," (2) "special education local plan area base rates . . . are not equitable throughout the state," and (3) the growth in funding for special education does not reflect the actual growth in enrollment of special education pupils."

PTAC's Click-My-Cause App enables you -- busy moms and dads -- to voice your support with just two taps on your phones:

- * Tap 1: open alert
- * Tap 2: send message

Here's how:

- * Download the Click My Cause app (in the App Store, select Palo Alto PTA Council, tap "allow" to allow notifications); or
- * Update the app on your iPhone to most recent version (if you have the app from last year)

PTAC 倡议需要您为特殊教育学生立即行动

请支持加州立法机构的法案（AB 428），以增加对特殊教育的资助。如有问题请发送电子邮件至 evp@paloaltopta.org 或者Christine Baker的电子邮件cbaker@gmail.com。全州特殊教育工作组的报告发现：

- (1) “特殊教育资金不足”
- (2) “特殊教育地方计划区域基准费率.....在整个州内不合理”，以及
- (3) 特殊教育方面的资金增长并不反映特殊教育学生入学率的实际增长。

PTAC的Click-My-Cause应用程序让您 - 忙碌的妈妈和爸爸 - 只需在手机上轻按两下即可发出支持：

- *点按1：打开提醒
- *点击2：发送消息

这是做法：

*下载Click My Cause应用程序（在App Store中，选择Palo Alto PTA Council，点击“允许”以允许通知）；或者

*将iPhone上的应用程序更新到最新版本（如果你有去年的应用程序）

PTAC - The Promise a.k.a Strategic Plan

At our March 2019 PTA Council General Association Meeting, the association heard about The Promise (promise.pausd.org) and voiced a desire to get more clarity around the following four points regarding the Promise:

- * What are the changes from the previous PAUSD strategic plan;
- * What are the changes for the current draft of The Promise;
- * What are the metrics to measure the outcome of The Promise; and
- * What action items will result.

Please visit promise.pausd.org to read all about The Promise. You are encouraged to directly communicate to Superintendent Dr. Don Austin (via email at daustin@pausd.org or Let's Talk) and also

communicate with the PAUSD Board of Education at Board@pausd.org. The Board of Education will be voting on its adoption at an upcoming Board Meeting.

PTAC - 承诺即是说战略计划

在2019年3月的PTA理事会总会协会会议上，协会听取了有关承诺（promise.pausd.org）的意见，并表示希望更加明确以下关于承诺的四个观点：

- *以前的PAUSD战略计划有哪些变化；
- *目前的承诺草案有哪些变化；
- *衡量承诺结果的指标是什么；和
- *将产生哪些行动项目。

请访问promise.pausd.org阅读有关The Promise的所有内容。我们鼓励您直接与总监Don Austin博士（通过电子邮件daustin@pausd.org 或[Let's Talk](#)）进行沟通，并通过Board@pausd.org与PAUSD教育委员会进行沟通。教育委员会将在即将举行的董事会会议上对其是否通过进行表决。

T9 Meiting

PTAC Advocacy to Protect Our Children's Health: Vaping

High on our priority list for next year is the troubling issue of vaping in our middle and high schools. We have sponsored speakers events, worked with our school district. You can visit our website at www.paloaltopta.org for more. If you have a VAPING story to share, please write to PTAC Heath and Wellness at health@paloaltopta.org. Please remove any personal identifiers or sensitive information, but include as much detail as possible.

****NEW** PTAC Executive Board Elect 2019-2020**

Congratulations! PTA Council is proud to announce the new 2019-2020 Executive Board Members while also expressing a deep gratitude to all the volunteers serving on the [current 2018-2019 Executive Board](#). If you are interested in becoming a PTA volunteer, please email the PTAC Executive Vice President at evp@paloaltopta.org.

President - Jade Chao
EVP - Christina Schmidt
Historian - Shweta Choudhry
Secretary - Lili Nova-Roessig
Co Treasurer - Claire Zhang, Kerrie Chen
Auditor - Divya Singh
VP Advocacy - OPEN
VP Communications - Gabrielle Conway
VP Community Outreach - Adriana Flores
Co VP Education - Sara Woodham, Elizabeth May
VP Health & Wellness - Dave Shen
VP Parent Ed - Diana Peng
Parliamentarian - Rika Yamamoto

PTAC倡导保护我们孩子的健康：Vaping

我们明年优先考虑的重点是我们中学和高中的一个令人不安的问题。我们赞助了与我们学区合作的演讲者活动。您可以访问我们的网站www.paloaltopta.org了解更多信息。如果您要分享VAPING故事，请发送电子邮件至health@paloaltopta.org与PTAC Heath and Wellness联系。请删除所有个人标识符或敏感信息，但请尽可能详细地说明。

****新** PTAC执行委员会当选2019-2020**

恭喜！PTA理事会自豪地宣布新的2019-2020执行委员会成员，同时也对现任2018-2019执行委员会 [current 2018-2019 Executive Board](#) 的所有志愿者表示深深的感谢。如果您有兴趣成为PTA志愿者，请发送电子邮件至PTAC执行副总裁，电子邮件地址为 evp@paloaltopta.org。

总统 - Jade Chao
执行副总裁 - Christina Schmidt
历史学家 - Shweta Choudhry
秘书 - Lili Nova-Roessig
Co Treasurer - Claire Zhang, Kerrie Chen
审计员 - Divya Singh
副宣传 - OPEN
通讯副总裁 - Gabrielle Conway
VP社区外展 - Adriana Flores
教育副总裁 - Sara Woodham, Elizabeth May
健康与健康副总裁 - Dave Shen
副总裁Ed - Diana Peng
议员 - Rika Yamamoto

T10 Jane

Additional PAUSD/PTAC Links

[Superintendent Weekly Board Updates](#): Read Dr. Don Austin's Weekly Board Update, published new each Friday.

其他PAUSD / PTAC链接

[主管周刊更新](#)：阅读Don Austin博士的每周董事会更新，每周五发布新内容。

[Summer Camps Info](#): Camp providers listed on this page host activities/summer camps at PAUSD Schools, and pay rental fees to our district that help defray the cost of running our schools while providing local opportunities for our kids. PTA Council does not endorse one camp over another. Please contact the [PTAC Webmaster](#) to recommend updates to this information. There is no charge to providers to be listed.

[夏令营信息](#)：本页列出的营地提供者在PAUSD学校举办活动/夏令营，并向我们的学区支付租金，这有助于支付我们学校的运营成本，同时为我们的孩子提供当地机会。PTA委员会并不支持一个阵营而不是另一个阵营。请联系[PTAC网站管理员](#)以推荐此信息的更新。提供商列出是免费的。

Community

Parent Education Event: Julie Lythcott-Haims, *How to Raise an Adult*

Tue, Apr 30, 7 PM, JLS Middle School, Cafetorium, 480 E Meadow Dr, Palo Alto

Palo Alto parent Julie Lythcott-Haims will be speaking at our parent education event, and will present info based on her New York Times Bestselling book, *How to Raise an Adult*. In her book, she draws on research, on conversations with admissions officers, educators, and employers to highlight the ways in which over-parenting harms children and their stressed-out parents. While empathizing with the parental hopes, and especially fears, that lead to over-helping, Lythcott-Haims offers strategies that underline the importance of allowing children to make their own mistakes and develop resilience, resourcefulness, and inner determination.

社区

家长教育活动：Julie Lythcott-Haims, 如何培养成年人

星期二, 4月30日, 晚上7点, JLS中学, Cafetorium, 480 E Meadow Dr, Palo Alto

Palo Alto的父母Julie Lythcott-Haims将在我们的家长教育活动中发表演讲, 并将根据她的纽约时报畅销书“如何培养成人”来展示信息。在她的书中, 她利用研究, 与招生官员, 教育工作者和雇主的对话, 强调过度养育孩子及其压力大的父母的方式。Lythcott-Haims同情父母的希望, 特别是恐惧, 导致过度帮助, 提出了一些策略, 强调让孩子犯错误, 培养适应力, 机智和内心决心的重要性。

T11 Hannah

How to Become a Preschool Educator

Thu, May 2, 10 AM-12 PM, Congregation Beth Am, 26790 Arastradero Rd, Los Altos Hills

This event, sponsored by the Community Equity Collaborative and Equal Start from Beth Am, is designed to give individuals interested in early learning careers an opportunity to hear what it's like to be a preschool educator or director from experienced professionals. At the last such event in Menlo Park, folks came with graduate degrees in education and psychology who were interested in switching fields but uncertain how to actually explore ECE careers. Questions? Email Dayna Chung at dayna@communityequitycollaborative.com.

怎么成为一个学前教育家

星期四, 五月四号, 早晨十点到十二点, Congregation Beth Am, 26790 Arastradero Rd, Los Altos Hills

这是 Beth Am 的一个组织赞助的。是给人们看是什么样当一个学前教育家。会有有经验的人来讲话。在前面的搜集在 Menlo Park, 有些人有其他领域的学位但是想要转道学前教育家的事业。如果你有问题, 找 Dayna Chung 在 dayna@communityequitycollaborative.com。

Early Bird Auditions for Silicon Valley Boychoir

Fri, May 10 and 17, by appointment, Palo Alto

Auditions for next fall's 10th Anniversary season! The choir rehearses in downtown Palo Alto (600 Homer Ave). Open to rising 2nd-5th grade boys. High school and middle school boys with choral experience may audition for upper levels. SVB provides a personalized approach to teaching singing, music theory, and sight-reading, while providing flexible scheduling for busy families. In addition to their own winter and spring concerts, SVB performs for local events including appearances with Stanford University Symphonic Chorus and Orchestra, West Bay Opera, Schola Cantorum of Mountain View, and singing the national anthem at sporting events. Email info@svboychoir.org or visit <http://svboychoir.org>.

早期试镜给 Silicon Valley 的男生唱诗班

星期五, 五月十号和五月十七号, 要是钱约定, Palo Alto

参加下个秋季的试镜! Silicon Valley 的男生唱诗班 Palo Alto (600 Homer Ave) 联系。是给二年级到五年级的男生。大一点的男孩可以试镜给更高的水平的组。这个唱诗班有一独特的方式去教孩子唱歌。另外, 又一个可变的时间表。会有冬季和春季音乐会和很多其他的事件。找 info@svboychoir.org 或者看 <http://svboychoir.org>。

T12 Richard Liu

FROM THE PREVIOUS ISSUE:

往期内容

Palo Alto Chinese School Now Accepting New Enrollment for 2019-20 School Year

Open House: Fri, Apr 26, & Fri, May 3, 7-9 PM, JLS Middle School, 480 E Meadow Dr, Palo Alto
Palo Alto Chinese School has been serving the community in Chinese language instructions for 56 years, and is accepting new enrollment. Class meets every Friday 7-9 PM at JLS Middle School. There are two tracks. The Mandarin track is offered from Preschool to Grade 12, for students from heritage families. The Chinese as a Second Language (CSL) track is offered from intro, beginning, intermediate to advanced level for students with various exposure to Chinese language. Please join us for a school open house and classroom visit on April 26 and May 3. For more info, check <http://www.paloaltochineseschool.org/> or email contact@paloaltochineseschool.org.

Palo Alto中文学校现在接受2019-20学年的入学注册

开放日：周五，4月26日，5月3日，下午7-9点，JLS中学，480 E Meadow Dr, Palo Alto
Palo Alto中文学校已经为社区提供了56年的中文指导服务，现在正接受新的入学注册。课程时间每周五晚上7至9点在JLS中学举行。课程分两种程度，一种为普通话课程从幼儿园到12年级，为有华裔传统文化背景家庭的学生提供。另一种是将汉语作为第二语言（CSL）的课程，分入门，初级，中级到高级，适合不同中文程度的学生。请于4月26日和5月3日加入我们的学校开放日和教室访问。欲了解更多信息，请访问 <http://www.paloaltochineseschool.org> /或发送电子邮件至contact@paloaltochineseschool.org。

FREE EVENT: Insider's Guide to College in Europe

Sun, Apr 28, 1-2:30 PM, Cubberly Community Center, 4000 Middlefield Rd, Palo Alto

Join Jenn Viemont, author of *College Beyond the States: European Schools That Will Change your Life Without Breaking the Bank* for this exciting event! Jenn will discuss the problems with higher education in the US, which led her to seek alternatives for her own children. She will then provide information about higher education in Europe including information about educational quality and outcomes, admissions requirements, student life, and more. Spot are limited so please click here to register: [Affordable Colleges in Europe](#)

免费活动：欧洲大学内幕指南

周日，4月28日，下午1-2：30，Cubberly社区中心，位于Palo Alto的Middlefield路4000号
请来参加超越美国大学的作者Jenn Viemont的激动人心的讲座：不用倾家荡产就能上那些将改变你的人生欧洲学校！Jenn将讨论美国高等教育的问题，这使她为自己的孩子寻找替代方案。随后，她将提供有关欧洲高等教育的信息，包括有关教育质量和成果，入学要求，学生生活等方面的信息。位置有限，请点击此处注册：[Affordable Colleges in Europe](#)。

Public Talk: How to Help Your Kids Excel in Math, Writing and History

Thu, May 9, 6:30-8:45 PM, Embarcadero Room, Rinconada Library, 1213 Newell Rd, Palo Alto

Do you know why children start to fear math in early grades, struggle with STEM subjects in high school, and drop STEM majors for non-STEM majors in college? Williamson Evers, Research Fellow of Hoover Institution and former U.S. Assistant Secretary of Education, and Ze'ev Wurman, former Senior Policy Adviser to U.S. Department of Education, will bring information and insights on education with expertise and candor. Door opens at 5:30 PM. Free and open to the public; light meal will be served. Seats are limited; [register early via eventbrite](#).

Build Your Own Gap Year

More and more students in the U.S. are taking a gap year before pursuing higher education. Gap years help young people clarify their college and career interests and develop a better sense of purpose. AFSNext Specialists explain all the ways you can grow, learn, and give back during a meaningful adventure abroad in our Gap Year Webinar recording. Only 20 minutes long, it's the perfect snapshot to learn all about how to build your own gap year. If you're ready to start building, give us a call at

1-877-AFSN-NEXT, or send us an email at info@afsnnext.org to set up a consultation call.
<http://myafsnnews.afsusa.org/build-your-own-gap-year-with-afsnnext/>

For older Community announcements, see [Recent Issues of the Gunn Connection](#).

公众演讲：如何帮助您的孩子在数学，写作和历史中表现出色

星期四, 5月9日, 晚上6:30-8:45, 在Embarcadero Room, Rinconada Library, 1213 Newell Rd, Palo Alto
。你知道为什么孩子们开始害怕早期的数学，在高中阶段与STEM科目斗争，并且在大学里为非STEM专业放弃STEM专业？Williamson Evers, 胡佛研究所和前美国助理教育部长，以及美国教育部前高级政策顾问 Ze'ev Wurman的研究员将以专业和坦诚的态度为教育提供信息和见解。门在下午5:30开门。免费对公众开放;将提供便餐。座位有限; [通过eventbrite提前注册](#)。

建立自己的空档年

在接受更高等教育之前，越来越多的美国学生停留了一年。这空出来的一年帮助年轻人认清他们的大学和职业兴趣，并培养更好的目标感。AFSNext专家将在我们的Gap Year网络研讨会录音中解释您在国外进行有意义的冒险活动期间可以成长，学习和回馈的所有方法。只需20分钟，这是了解如何建立自己的空档年的完美机会。如果您准备开始建设，请致电1-877-AFSN-NEXT，或发送电子邮件至info@afsnnext.org设立咨询电话。

<http://myafsnnews.afsusa.org/build-your-own-gap-year-with-afsnnext/>