

Calendar^{T0}

Fri, Oct 13 Alternate Schedule, see [Calendar](#)

Sophomore Parents Network, 8 AM, Staff Lounge

Senior Parents Network, 8:30 AM, Library

Football--CANCELLED

Mon-Sat, Oct 16-21 Homecoming Week (see [Schedule & Events](#) for more information):

- Wed: Float Stuffing, 3 PM

- Thu: Float Stuffing, 3:30 PM

- Thu: Homecoming BBQ, 6 PM

- Thu: Night Rally, 8 PM

- Fri: Football, 4:30 PM JV, 7 PM Varsity, Athletic Field

- Sat: Homecoming Dance, 7:30 PM, Bow Gym

Wed, Oct 18 Freshman Parents Network, 6:30 PM, Staff Lounge

Fri, Oct 20 Senior Parents Network, 8:15 AM, Staff Lounge

Tue, Oct 24

"New to College in the US" (w/ Chinese translation), 7 PM, College & Career Center

Orchestra Chamber Music Concert, 7 PM, Temple Beth Am

Wed, Oct 25

Band & Orchestra Boosters Meeting, 7:15 PM, Rm V-20

Thu, Oct 26

"New to College in the US" (w/ Spanish translation), 7 PM, College & Career Center

Fri, Oct 27 Junior Parents Network, 8:30 PM, Staff Lounge

Fri-Sat, Oct 27-28

United Computations Club: Gunn Hacks Event, N Building

10月13日星期五 备用时间表, 请参阅日历 [Calendar](#)

10年级父母联络会议, 上午8时, 职员休息室

12年级父母联络会议, 图书馆上午8时30分

橄榄球比赛- 取消

10月16日至21日 星期一至星期六, 返校周 (详见附表和活动) [Schedule & Events](#) :

- 星期三 : Float Stuffing 游行花车制作, 3 PM

- 星期四 : 游行花车制作, 3:30 PM

- 星期四 : 返校周烧烤, 下午6点

- 星期四 : 返校周夜间集会, 晚上8点

- 周五 : 橄榄球比赛, JV队伍下午4点30分, Varsity高队7 PM, 体育场

- 星期六 : 返校周舞会, 下午7:30, BOW健身房

10月18日 星期三,

9年级新生父母联络会议, 6:30 PM, 职员休息室

10月20日星期五

12年级级家长联络会议, 上午8:15, 职员休息室

10月24日 星期二

"新到美国大学" (有中文译本), 下午7点, 大学与职业中心

乐团室内乐音乐会, 晚上7点, Temple Beth Am

10月25日 星期三,

乐队与乐团助推器会议, 下午7:15, Rm V-20

10月26日 星期四,

"新到美国大学" (西班牙语翻译), 下午7点, 大学与职业中心

10月27日星期五

11年级级家长联络会议, 8:30 PM, 职员休息室

10月27 - 28日 星期五至星期六,

联合计算俱乐部 : Gunn Hacks活动, N楼

Gunn

T1 Caroline 2019

Today's Bus Schedule Adjustment

Fri, Oct 13, 2:55 PM dismissal

School trippers will depart Vets Hospital at 3:03 PM (88M), 3:05 PM (88L). An additional N/B 88 trip to Middlefield/Colorado will depart Vets Hospital at 3:07 PM.

今日公交车时刻表调整

周五, 10月13日, 下午2:55放学

来往学校的人 将在下午3:03 (88M路车), 下午3:05 (88L路车) 离开退伍军人医院。另外开往北边 Middlefield/Colorado的 88路车将于下午3:07离开退伍军人医院。

Senior Parents Network Meetings

Fri, Oct 13, 8:30 AM, Library

Fri, Oct 20, 8:30 AM, Staff Lounge

Today's meeting will be with Leighton Lang, College & Career Center, who will be speaking on "Where Your Child Should Be in the College Process Now". He is planning to cover the application process and financial aid. Our next meeting after this Friday is next Friday, October 20th, with principal Kathie Laurence. It will be at 8:30 AM in the Staff Lounge.

高四家长联合会议

图书馆10月13日上午8时30分

周五, 10月20日上午8:30, 职员休息室

今天的会议将由大学和职业中心的Leighton Lang主讲。他将会讲“你的孩子现在应该处在大学申请过程中的哪个阶段”。他计划讲大学申请流程和财务援助。本周五以后的下一次会议是10月20日(下星期五), 与校长Kathie Laurence会面。会议设在上午8:30, 在职员休息室。

Freshman Parents Network Meeting

Wed, Oct 18, 6:30 PM, Staff Lounge

Please join us for the Freshman Parents Network meeting on Wed, Oct 18th. Have a chance to visit and meet other 9th grade parents. At 7 PM we will have Jonathan Klein, a guest speaker who will briefly talk about the international exchange program. He will be followed by Courtney Carlomagno, Teacher SEL/TOSA Educational Specialist who will talk about the SELF program and answer any questions you may have.

新生家长联合会议

星期三, 10月18日下午6:30, 职员休息室

请于10月18日(星期三)加入我们的新生家长联合会议。有机会参观和见到其他9年级的家长。晚上7点的会议将由演讲嘉宾Jonathan Klein主讲, 他将简要介绍国际交流计划。紧接着, SEL / TOSA教育专家Courtney Carlomagno将谈论SELF计划, 并回答您可能有的任何问题。

T2 Jasmine

Gunn YCS-Interact Club invites you to "Make a Difference Day" service event

Sat, Oct 21, 9 AM-1:30 PM, various locations

Gunn YCS-Interact Club students (Club sponsors Mr. Deggeller and Mr. Elfving and YCS staff Ashley Yee-Mazawa) invite Gunn families for a national day of service. We will gather from 9-10 AM at DLA Piper law firm (2000 University Ave, East Palo Alto) for juice and bagels with County Supervisor Joe Simitian. Then service teams will grab a bag lunch (provided) and choose among eight service

projects in Palo Alto or East Palo Alto locations--including senior centers, tree planting, and projects at Ravenswood District schools. Parents and siblings invited! Select your project in advance at www.youthcommunityservice.org.

Gunn YCS -互动俱乐部邀请你“做一个与众不同的一天”服务活动

周六,10月21日, 9 am -1:30 PM, 不同的地点

Gunn YCS -互动俱乐部学生(俱乐部赞助商Deggeller先生和Elfvig先生和YCS工作人员Ashley yee -mazawa)邀请Gunn家庭参加全国服务日。我们将从9 -10 AM在DLA Piper律师事务所(大学路2000, 东帕洛阿尔托)与县主管Joe Simitian一起参加聚会有果汁和百吉饼。然后, 服务团队将挑选一份午餐(提供)并且在帕洛阿尔托或东帕洛阿尔托地区的8个服务项目中选择, 包括高级中心、树木种植和Ravenswood地区学校的项目。邀请父母和兄弟姐妹! 提前选择您的项目在以下网站 www.youthcommunityservice.org。

FROM THE PREVIOUS ISSUE:

SELF for 10th-12th Graders

We're very excited to announce the arrival of opt-in Social Emotional Literacy and Functionality (SELF) sessions for 10th through 12th graders. Lessons will include Introduction to Social Emotional Learning (SEL), The Teenage Brain, and The Power of Thought. Interested students should sign up at <https://tinyurl.com/SELFsignup> for a three week session, which will take place during three consecutive Thursday Flex periods (students may opt for either the 10/19, 10/26 and 11/2 session, or the 11/2, 11/9 and 11/16 session). If you have any questions, please contact the SEL TOSAs, Courtney Carlomagno (ccarlomagno@pausd.org) or Tara Firenzi (tfirenzi@pausd.org).

10 - 12年级的学生的SELF

我们非常兴奋地宣布, 从10年级到12年级的学生将参加社会情绪文化和功能(自我)课程。课程将包括介绍社会情感学习(SEL)、青少年的大脑和思想的力量。感兴趣的学生应该在 <https://tinyurl.com/SELFsignup>注册三周的课程,将连续三周的周四的Flex时段(学生可以选择10/19、10/26和11/2,或11/2,11/9和11/16课程)。如果你有任何问题, 请与SEL TOSAs、Courtney Carlomagno(ccarlomagno@pausd.org)或Tara Firenzi(tfirenzi@pausd.org)联系。

"What is Homecoming?"

Homecoming is the week of October 16! If you didn't grow up with the tradition of Homecoming, please read this article to learn all about it: [\[English\]](#) [\[普通话\]](#) [\[Español\]](#)

“什么是返校节”

返校节是在10月16日这周! 如果你不了解返校日的传统, 请阅读本文, 了解这件事的一切: [\[英文\]](#)[\[普通话\]](#)[\[西班牙文\]](#)

Karly

Gunn Pedaling for Prizes

830 students bicycled to Gunn on Wednesday (10/4), helping reduce school commute auto congestion and emissions and enjoying a bike ride with friends on a beautiful day! They were greeted by Pedaling for Prizes volunteers with chocolate treats and a chance to win a Jamba Juice gift card. Go to <http://www.gunn.pausd.org/transportation> for walking and bicycling route maps, safety tips, carpooling and bus information. Congratulations Pedaling for Prizes winners and thank you volunteers! Bike commuters, look for volunteers on random mornings for your chance to win. Bicycling to Gunn is fun and offers sweet rewards!

Gunn骑车获奖活动

830名学生星期三（10/4）会骑自行车到Gunn，以帮助减少学校上下学时车辆拥挤和排放，并且享受在美好的天气里与朋友骑自行车的乐趣！Pedal for Prizes（骑车获奖）活动的志愿者们会迎接他们并送上巧克力奖励，并有机会赢得Jamba Juice的礼品卡。请到<http://www.gunn.pausd.org/>查看步行和骑自行车路线图，安全提示，拼车和巴士信息。祝贺这个活动的得奖者，感谢志愿者！骑自行车的同学们，在以后随机的某些早晨请注意寻找志愿者，您还有获奖机会。骑自行车到Gunn很有趣，还能够得到奖品！

Gunn Athletics Gunn 体育

Athlete Recognition

Gunn Sports Boosters would like to recognize **Julia Pham** for Gunn Girls Tennis for honorable mention this week. Great job. Go TITANS.

运动员表彰

Gunn Sports Boosters表彰本周的运动员：Gunn女子网球队的Julia Pham。你好棒！TITANS加油！

FROM THE PREVIOUS ISSUE:

Thank You!

We did not have any athletes that made Athlete of the Week or Honorable mention this week, so we are going to thank the parents/families who supported Gunn Sports Boosters with name plates to be placed on the Donor Appreciation Wall in our new gym:

The Wiederholds
The Boccio Family
Sam Schube 2021
The Missett Family
Verhulp Family

上期的内容：

感谢！

我们本周没有任何运动员得到本周运动员称号或提名奖，所以我们要感谢那些一直支持Gunn Sports Boosters的家长/家庭，并在新的健身房内放置了捐助者感谢名单墙：

Wiederholdholds家
Boccio家
Sam Schube 2021
Missett家
Verhulp家

Emily

PAUSD & PTAC

PiE Rally Days - Challenge Grant

Until Mon, Oct 16

Generous PiE supporters have offered a brand new Challenge Grant to PiE. Please donate or make

a pledge by October 16 at <http://papie.org/donate/>, and we can give an additional \$235,000 to PAUSD students. Every gift counts. Gifts and pledges made by October 16 will be matched by a \$235,000 Rally Days Challenge Grant. This is the final Challenge Grant for the year. So please join PiE in supporting our children. If you have already given or pledged, thank you so much. If not, now is a great time to make your impact.

PiE Rally Days - 挑战

直到10月16日星期一

慷慨的PiE支持者已经向PiE提供了全新的挑战奖。请在十月十六号在<http://papie.org/donate/>捐款或作出承诺，我们还可以向PAUSD学生另外支付\$ 235,000。每件礼物都值钱10月16日的礼物和认捐将获得\$ 235,000的拉力赛挑战奖。这是今年的最后挑战奖。所以请加入PiE支持我们的孩子。如果您已经给予或保证，谢谢你。如果还没有那现在是一个伟大的时间，来做你的改变。

Movie & Discussion for Families - The Big Picture: Rethinking Dyslexia

Tue, Oct 17, 6:30-8 PM, Palo Alto High School, Haymarket Theater, 50 Embarcadero Rd, Palo Alto
October is Dyslexia Awareness Month (<https://dyslexiaida.org>). Join us for this new eye-opening movie: a dyslexic high schooler pursues admission to a leading college - a challenge for a child who didn't learn to read until 4th grade. Additional accounts of the dyslexic experience from children, experts, and iconic leaders at the top of their fields help us to understand that dyslexia, a persistent problem with reading, can be both a gift and an obstacle. Discussion and Q&A following the film. Students and teachers are welcome to attend. Co-sponsored by Palo Alto CAC and PTAC. For questions contact paloaltocac@gmail.com.

家庭电影与讨论 - 大图：反思阅读障碍

星期二，10月17日，6：30-8 PM，帕洛阿尔托Embarcadero路50号Haymarket剧院帕洛阿尔托高中月份是阅读障碍意识月 (<https://dyslexiaida.org>)。加入我们这个新的开眼电影：诵读困难的高中毕业生追求入读大学 - 对于没有学习阅读的孩子的挑战，直到四年级的孩子，专家和标志性领导者的阅读障碍经验他们的领域的顶部帮助我们了解阅读障碍是阅读的持续存在的问题，既可以是礼物也是障碍。讨论和问答电影后。欢迎学生和和老师参加。由Palo Alto CAC和PTAC共同赞助。有关问题，请联系 paloaltocac@gmail.com。

The Raising of America: Early Childhood and the Future of Our Nation

Tue, Oct 17, 6.30-8.30 PM, PAUSD Boardroom, 25 Churchill Ave, Palo Alto

Join us for the screening of "The Raising of America: Early Childhood and the Future of Our Nation" Kim Kruckel, Executive Director of the Child Care Law Center based in San Francisco, and a leader in early childhood education will moderate the discussion and questions following the film. You can watch the 11-minute trailer at <http://www.raisingofamerica.org/watch>. Light refreshments will be served at 6:30 and the program begins at 7:00. Co-sponsored by the PTA Council, the League of Women Voters, AAUW and Congregation Beth Am. For questions or more information, contact Sigrid Pinsky, sigridkp@yahoo.com.

美国的提升：幼儿与我们国家的未来

星期二，10月17日晚上6点30分至8点30分，帕洛阿尔托丘吉尔大道25号PAUSD会议室加入我们，以筛选“美国的提升：幼儿与我们国家的未来”，总部位于旧金山的幼儿保育法中心执行总监金·克鲁贝尔（Kim Kruckel）以及幼儿教育领袖，将会缓和讨论和问题以下电影。您可以在 <http://www.raisingofamerica.org/watch> 上观看11分钟的预告片。小时茶点将在6:30供应，节目从7:00开始。由PTA理事会，妇女选民联盟，AAUW和会众Beth Am共同主办。有关问题或更多信息，请联系 Sigrid Pinsky, sigridkp@yahoo.com。

T5 George

Unity Day 2017 - When We Stand Together, No One Stands Alone

Wed, Oct 25, all PAUSD schools

PAUSD will celebrate the 5th Annual Unity Day to show that our community is united against bullying, and promotes kindness towards all students. Each school will participate in its own way, so find out

what your school is doing. Also, join in sending a message that we are united for kindness, acceptance and inclusion by WEARING ORANGE to show your support!

团结日2017 - 当我们站在一起, 没有人独自一人

10月25日星期三, PAUSD所有学校

PAUSD将庆祝第五届年度团结日, 表明我们的社区团结一致反对欺凌, 并促进对所有学生的善意。每个学校都会以自己的方式参与, 找出你的学校在做什么。另外, 请发送一个消息, 我们通过穿橙色衣物来表达您的支持, 为了善意, 接受和包容而团结一致!

****NEW** Unity Night: Social Emotional Learning Community Event**

Wed, Oct 25, 6:30-8 PM, Palo Alto High School, Media Arts Center, 50 Embarcadero Rd, Palo Alto
You're invited to hear from special guest R. Keeth Matheny, a nationally recognized Social Emotional Learning (SEL) teacher, advocate and author. He returns to lead participants through a selection of lessons from the School Connect program being piloted at Paly and Gunn. Participants will engage in activities focused on building the SEL soft skills of active listening, disagreeing without being disagreeable, and building understanding and empathy for others. Open to PAUSD families from all grades and schools, and all Palo Alto Community Members. Mandarin and Spanish interpretation will be available. Co-hosted by PAUSD, Palo Alto Council of PTAs and the Palo Alto CAC. Register at GOO.GL/P9XPGC.

****新**团结之夜: 社交情感学习社区活动**

星期三, 10月25日, 6:30-8:00, *Palo Alto 高中 Embarcadero路50号媒体艺术中心*

您被邀请参加, 将有国家认可的社会情感学习 (SEL) 的特别嘉宾R. Keeth Matheny。他通过从Paly和Gunn试点的School Connect课程中挑选了一些经验教训。参与者将参与到以积极倾听, 不同意, 不反感的SEL软技能为基础的活动, 与他人建立理解与移情。向所有年级和学校的PAUSD家庭和palo alto社区成员开放。提供普通话和西班牙语口译。由PAUSD, Palo Alto理事会和Palo Alto CAC共同主办。注册GOO.GL/P9XPGC。

****NEW** Free Viewing of "Screenagers" Documentary**

Thu, Oct 26, 7 PM, Palo Alto High School, Haymarket Theater, 50 Embarcadero Rd, Palo Alto
Please join us for a viewing of "Screenagers" at Palo Alto High School's Haymarket Theater. "Screenagers" deals with the complex realities that families face in the digital age. After the screening we will have a panel discussion and offer multiple tips and suggestions for families. This event is for adults and children over 10 year of age. Free tickets at www.eventbrite.com.

****新**免费观看“电影人”纪录片**

星期四, 10月26日, 下午7点, *Palo Alto 高中, Haymarket剧院, 50Embarcadero Rd, Palo Alto*
加入我们, 观看Palo Alto High School的Haymarket剧院的“Screeninator”。“电影人”处理家庭在数字时代面临的复杂现实。筛选后, 我们将进行小组讨论, 并为家庭提供多种提示和建议。此活动适用于10岁以上的成人和儿童。免费门票www.eventbrite.com。

T6 Eric W

Project Cornerstone: For Parents and Caregivers

Mon, Oct 30, 8:05-9:35 AM, Hoover Elementary, 445 E Charleston Rd, Palo Alto

The Palo Alto Unified School District is offering a free series of parent meetings open to all parents and caregivers. Join Project Cornerstone's engaging workshop, Take It Personally, starting Monday, October 30, from 8:05 to 9:35 AM at Hoover Elementary School. You do not need to be a parent from Hoover, just an adult who cares about all kids.

基石计划 (Project Cornerstone) : 为家长和照料者设计

十月三十日, 星期一, 早8:05-9:35, 445 E Charleston Rd, Palo Alto 的 Hoover小学

帕洛阿尔托学区正在为所有的家长和照料者提供一系列免费的家长会议。请加入基石计划参与研讨会, 并亲自前往。研讨会于十月三十日, 星期一, 早8:05-9:35, 在Hoover小学举行。您不需要是是一位 Hoover小学的学生家长, 只要您是关心孩子的成人, 就可以参加。

Empathy is the App: Raising Thoughtful Kids in the Digital Age

Wed, Nov 8, 7-8:30 PM, Performing Arts Center, Palo Alto High School, 50 Embarcadero Rd, Palo Alto

The 2017-18 Palo Alto Parent Education Parents Series kicks off with nationally acclaimed author of "[Screenwise](#)" and TED Talk "[Raising a Digital Native](#)," Dr. Devorah Heitner. Parents worry their teens are addicted, detached or distracted because of digital devices. According to Heitner, our concern should go far beyond what kids are doing today. Tech-savvy Digital Natives need mentorship to thrive, develop social skills and succeed in a future where they will likely find a job, meet their spouse and build their reputations online. Parents, students, faculty/staff and community members welcome! Spanish/Mandarin interpretation will be available. Free admission. Tickets available beginning October 8 (via <https://heitner2017paly.eventbrite.com>). Co-sponsored by Gunn and Paly PTSA Parent Education Committees.

体谅是“应用程序”：在数字时代养育体贴的孩子

十一月八日, 星期三, 晚7:00-8:30, 50 Embarcadero Rd, Palo Alto, 帕洛阿尔托高中的表演艺术中心
2017-18年的帕洛阿尔托家长教育系列开始与Devorah Heitner博士 -- 全国广受好评的"[Screenwise](#)"以及TED Talk "[Raising a Digital Native](#)"的作家 -- 合作。父母担心数字设备使他们的孩子上瘾和分心。Heitner博士表示, 我们的关注应该远远超出现在的孩子们在做什么。技术精湛的数字一代们需要指导以茁壮成长, 发展社会技能, 并在将来于工作, 婚姻以及网络声誉方面取得成功。欢迎家长, 学生, 教职员工和社区成员! 我们将提供西班牙语或普通话口译服务。免费入场。门票从10月8日开售 (通过 <https://heitner2017paly.eventbrite.com>), 活动由Gunn和Paly PTSA家长教育委员会共同主办。

Community

T7

Play Family Day Sunday

Sun, Oct 15, 2-4:30 PM, Palo Alto Art Center, 1313 Newell Rd, Palo Alto

Join the Palo Alto Art Center for a free Play Family Day! This playful afternoon of activities will feature hands-on art making and performances inspired by our current exhibition, Play! Art Center teaching artists will show you how to create mini golf holes, work with balloons, play pinball, blow bubbles and much more. A special live performance by acrobatic chair balancer Jeremy Vik, presented by the Circus Center, will be held at 4 PM. All activities are suitable for ages 5-adult. For more information, click [here](#). This program is presented in partnership with Jefunira Camp, LLC.

星期天家庭日

星期天, 10月15日, 下午2-4:30, 帕洛阿尔托, Newell 路1313号帕洛阿尔托艺术中心

加入帕洛阿尔托艺术中心免费家庭日! 这个嬉戏的下午的活动将采用我们目前的展览“Play!”的动手艺术作品和表演。艺术中心教学艺术家将向您展示如何打造迷你高尔夫球洞, 使用气球, 打弹球, 吹泡泡等等。由马戏团中心提供的杂技椅平衡演员Jeremy Vik特别现场表演将于下午四点举行。所有活动适合5岁以上。欲了解更多信息, 请点 [here](#)。该计划与LCC的Jefunira Camp合作。

Whole Foods (downtown Palo Alto) Nickels for Non-Profits

Oct 15-Jan 15, Whole Foods Market, 774 Emerson St, Palo Alto

Each time you shop at the Whole Foods Market downtown PA between Oct 15 to Jan 15 and bring in your own bags, Whole Foods will donate 5 cents per bag to our Palo Alto PTA Council. The PTAC will be able to use these funds for more programs and events for our PAUSD students, staff, and parents!

Whole Foods (帕洛阿尔托市中心)

10月15日至1月15日, Whole Foods 市场, 774 Emerson St, 帕洛阿尔托

每当您在10月15日至1月15日期间在帕洛阿尔托的 Whole Foods市场购物和带自己的包时, Whole Foods将每包5美分捐给我们的Palo Alto PTA委员会。PTAC将能够使用这些资金为我们的PAUSD学生, 员工和家长提供更多的课程和活动!

Start a Conversation: learn how you can talk to young people about healthy and unhealthy relationships

Wed, Oct 18, 6:30-8:30 PM, Aquarius Theater, 430 Emerson St, Palo Alto

This is a special, for-adults-only screening of Escalation -The One Love Foundation's (<https://www.joinonelove.org/>) film that follows a young relationship from its very happy beginnings to a tragic end - followed by a discussion led by One Love CEO Katie Hood. Come learn how to talk to young people about healthy and unhealthy relationships and ways that you can bring this critical conversation to your community. RSVP: <https://www.picatic.com/oneloveinpaloalto> or contact sarah.bigler@joinonelove.org for more information.

开始对话：学习如何与年轻人谈论健康和不健康的关系

星期三, 10月18日, 6:30-8:30, Aquarius Theater, 430 Emerson St, 帕洛阿尔托

这是一个特别的, 仅供成人参加观看的- Escalation - The One Love Foundation (<https://www.joinonelove.org/>) 的电影。电影讲述了一对年轻恋人从一个高兴的开始成为一个悲惨的结局。接着是一个讨论, 由One Love CEO 凯蒂·胡德主持。来了解如何与年轻人谈论健康和不健康的关系以及如何将这一关键交谈带给您的社区。请访问 <https://www.picatic.com/oneloveinpaloalto> 或联系 sarah.bigler@joinonelove.org 获取更多信息。

T8 george

Special Education Administration Panel

Wed, Oct 18, 7-9 PM, Santa Rita Elementary, 200 Los Altos Ave, Los Altos

Staff from the Special Education Departments from Los Altos SD (Jennifer Keicher, Director), Mountain View Whisman SD (Gary Johnson, Director), Mountain View Los Altos High SD (Kara Oettinger, Program Specialist) and Palo Alto Unified SD will participate in a moderated panel discussion about issues in special education and respond to questions. A great way for new families to learn more! If you have questions now to start the evening, please submit them to selpa1cacinfo@gmail.com.

特殊教育行政小组

星期三, 10月18日, 7-9日, Santa Rita小学, Los Los Altos大街200号

来自Los Altos SD (Jennifer Keicher, 主管), Mountain View Whisman SD (Gary Johnson, 主管), Mountain View Los Altos High SD (Kara Oettinger, 计划专家) 和Palo Alto Unified SD的特别教育部门的工作人员将参加专题小组讨论特殊教育问题, 并回答问题。为新家庭学习更多的好方法! 如果您有任何疑问, 请提交至selpa1cacinfo@gmail.com。

Community Meeting on Stanford University's General Use Permit

Thu, Oct 19, 6-8 PM, Palo Alto City Hall, 250 Hamilton Ave, Palo Alto

Santa Clara County has released the Draft Environmental Impact Report (EIR) for development proposed by Stanford University. There will be a public meeting in Palo Alto in the Palo Alto City Council Chambers to discuss the application and solicit public comment and feedback on the proposal. The community meeting will serve as an opportunity to hear about the proposed development and the process for reviewing it, including the opportunity for public engagement. It will also be a forum for the community to offer comments for consideration in the Final EIR. County Planning staff will also be on hand to describe the application, explain the process, and answer questions.

斯坦福大学通用许可证社区会议

星期四, 10月19日, 下午6点 - 8日, 帕洛阿尔托帕尔阿尔托市政厅, 250汉密尔顿大道

圣克拉拉县发布了斯坦福大学提出的环境影响报告草案 (EIR)。帕洛阿尔托市议会分庭帕洛阿托将举行公开会议, 讨论申请, 征求公众意见和对该提案的意见。社区会议将听取拟议的发展和审查过程, 包括公众参与的机会。它也将是一个论坛, 让社区在最终EIR中提供意见。县规划人员也将随时描述申请

, 解释过程和回答问题。

Fostering Resilience in Children and Teens, & Why it Matters

Fri, Oct 20, 7:30-9 PM, Memorial Auditorium, 551 Serra Mall, Stanford

Raising resilient children and teens who thrive in our rapidly changing and uncertain world is no small task. What can parents do to best support mentally and physically healthy kids who are engaged in learning and have strong connections with friends, families, and their communities? It turns out--quite a lot. Join Challenge Success for an evening of education and inspiration to explore how parents can build resilience in our kids today and our adults of tomorrow. More info [here](#). Open to the public. \$10

促进儿童和青少年的坚韧，以及坚韧的重要性

星期五，10月20日，7:30-9 PM，纪念礼堂，551 Serra Mall，斯坦福大学

在我们快速变化和不确定世界中茁壮成长的坚韧有弹性的儿童和青少年不是小事。父母可以做什么来最有效地支持从事学习和与朋友，家人和社区有密切联系的精神和身体健康的孩子？事实证明 - 相当多。加入挑战成功教育的晚会，探索父母如何在今天的孩子和我们未来的成年人中建立韧性。更多信息在这里 [here](#)。向公众开放\$ 10

T9 Kelly Z

Beat the Street for Little Feet

Sat, Oct 21, 9:30-11:30 AM, Friend's Nursery School, 957 Colorado Ave, Palo Alto

Friend's Nursery School is hosting its Second Annual Fall Fun Run Fundraiser on Saturday, October 21st, from 9:30-11:30 AM. "Beat the Street for Little Feet" will include a fun 1-mile walk/run for the adults and a 50-yard dash for kids 8 and younger, coffee, bagels and fruit, face painting, pumpkin crafts and music. Please sign up today and be sure to invite any friends and family who you think might enjoy this Friends community event. Pre-registration fees are \$25 per adult and \$15 per child; on-site fees are \$30 per adult and \$20 per child. All proceeds benefit the scholarship program, so that no family is turned away due to inability to pay. More info [here](#).

为了小脚打败街

星期六，十月二十一日，上午9:30-11:30，朋友幼儿园，957 Colorado Ave, Palo Alto。

朋友幼儿园正在主办它的第二届秋季运动会筹款活动，十月二十一日，从上午9:30到11:30。“为了小脚打败街”将会包括成人比赛1英里的走路或跑步，儿童比赛50码冲刺和咖啡，面包圈和水果，脸画，南瓜工艺品和音乐。请在今天报名，邀请你认为会享受这个活动的所有朋友和家庭。成人预注册费是25美金，小孩是15美金；现场成人30美金，小孩20美金。所有收益都有利于奖学金计划，所以没有家庭会因为交不起学费而离开。更多信息点击[here](#)。

Celebration of Oneness Festival

Sat & Sun, Oct 21-22, Mitchell Park, Palo Alto and Sofia University, 1069 E Meadow Cir, Palo Alto

Festival in Palo Alto the weekend of October 21-22 on the theme of the "Oneness of Humankind." Events include a Children's Festival in Mitchell Park on October 21st from 10 AM-1 PM featuring live musical and artistic performances, storytelling and activity booths; a Performing Arts Show at Sofia University October 21st from 7-9 PM featuring a diversity of dance and musical performance by local artists, and an art exhibition. Events are free and all are welcome. Details available at www.celebrateoneness.com.

Facebook: www.facebook.com/CelebrationOfOnenessFestival.

Email: celebrateoneness@gmail.com. Festival sponsored by the Palo Alto Baha'i Community.

庆祝合一节

星期六和星期天，十月二十一，二十二日，Mitchell公园，帕罗奥图和索非亚大学，1069 E Meadow Cir, Palo Alto。在Palo Alto的节日，十月二十一，二十二日的周末，主题是“人类的一体”。活动包括一个在Mitchell公园的儿童节日，在十月二十一日上午10点到下午一点，举办现场音乐会和艺术表演，讲

故事和活动摊位；索菲亚大学艺术表演展，十月二十一日下午七点到九点具有当地艺术家舞蹈和音乐表演的多样性，以及艺术展览。活动是免费的，欢迎所有人。资料查询 www.celebrateoneness.com。

Facebook：www.facebook.com/CelebrationOfOnenessFestival。

邮箱：celebrateoneness@gmail.com。由帕洛阿尔托巴哈伊社区赞助的节日。

Developmental Assets in Palo Alto: A Community Context (Project Safety Net Community Forum)

Wed, Oct 25, 3:30-5:30 PM, Rinconada Library, Embarcadero Room, 1213 Newell Rd, Palo Alto

Project Safety Net invites you to a community forum with Project Cornerstone and other local leaders to review Palo Alto specific results from the latest Developmental Assets Survey. Developmental Assets are the positive values, relationships, skills and experiences that help young people thrive and become caring, responsible, successful adults. Because of its basis in youth development, resiliency, and prevention research, the Developmental Assets framework has become one of the most widely used approaches to positive youth development in the United States. Please contact psnpaloalto@gmail.com or (650) 329-2432 with questions. For more information, visit www.psnpaloalto.org.

帕洛阿尔托的发展资产：社区背景（项目安全网社区论坛）

星期三，十月二十五日，下午三点半到五点半，Rinconada图书馆，Embarcadero Room，1213 Newell路 帕洛阿尔托。项目安全网邀请您参加项目基金会和其他地方领导人的社区论坛，以查看最新发展资产调查的Palo Alto具体结果。发展资产是积极的价值观，关系，技能和经验，帮助年轻人蓬勃发展，成为关爱，负责任，成功的成年人。由于其在青年发展，弹性和预防研究方面的基础，发展资产框架已经成为美国积极发展青年最广泛使用的方法之一。如果有疑问请联系psnpaloalto@gmail.com 或者 (650) 329-2432。更多信息：www.psnpaloalto.org。

T10

How to foster the Essential Skills Adolescents Need to Thrive in College and Life

Sun, Oct 29, 10 AM-4 PM, Stanford University, Lathrop Library, Rm 299

This workshop focuses on the key emotional skills that parents must foster in middle-school and high-school students to prepare them for the challenges they will face when they leave home. Enrollment limited to 25 parents. Fee: \$245. Taught by child and adolescent psychiatrists Bina Patel, MD and Sujata Patel, MD, from Stanford University's Counseling & Psychological Services. Visit <https://continuingstudies.stanford.edu>, course # WSP 323, for further information.

Palo Alto Players present: Peter Pan

Nov 3-19, Lucie Stern Theater, 1305 Middlefield Rd, Palo Alto

Fly along with that mischievous sprite to the second star to the right and straight on 'til morning as Palo Alto Players presents one of Broadway's most beloved family musicals, Peter Pan. Based on J.M. Barrie's classic story of the boy who refused to grow up and featuring dazzling flying effects by ZFX, Inc., Palo Alto Players' annual family offering will surely "hook" all those who truly believe. Recommended for all ages. Tickets (\$25-55) can be purchased at www.paplayers.org or by calling the Box Office at (650) 329-0891. Students/Educators enjoy \$5 off regular priced tickets to any performance, except preview night. For more information, including show times, visit, www.paplayers.org.

如何培养青少年在大学生活中需要发展的基本技能

地点 10月29日(周日)上午10点至下午4点，斯坦福大学，拉斯福图书馆299号

本次研讨会介绍了家长需要重点培养中学生和高中生的情感技能，让他们为离开家园时遇到的挑战做好心里准备。本次会议一共有25个名额。费用：\$ 245。由斯坦福大学咨询与心理服务部门的儿童和青少

年精神科医师Bina Patel, MD和Sujata Patel博士教授。如欲了解详情, 请访问
<https://continuingstudies.stanford.edu>, 课程#WSP 323。

帕洛阿尔托球员表演: 彼得潘

11月3日至19日, 帕洛阿尔托, 中间路1305号露西剧场

最受欢迎的家庭音乐剧之一彼得·潘将会出现帕洛阿尔托玩家百老汇 (Peter Pan), 与那个顽皮的小精灵一起飞向右二号的第二颗星。本故事J.M.Barrie的经典杰作, 故事中的男孩拒绝长大, 并且由ZFX, Inc.放映出令人眼花缭乱的飞行效果, Palo Alto玩家的表演每年都能吸引所有真正喜欢的人。推荐给所有年龄段。门票 (25-55美元) 可在www.paplayers.org购买, 或致电 (650) 329-0891致电票房。在表演当晚前预定的学生/教育工作者能享受五美金的优惠。有关更多信息, 包括展会时间, 请访问
www.paplayers.org。

Richard

Basketball Coaches Needed

The City of Palo Alto is looking for basketball coaches for the 7th and 8th grade season. Practices are Monday-Thursday, with Fridays being optional. Practices run for 90 minutes and can fall between the hours of 3:15-7:30. Games for B teams are all played in Palo Alto at our 3 middle schools, while the A teams play games from Palo Alto to Half Moon Bay. Pay is negotiable depending on experience, and volunteers are strongly encouraged and greatly appreciated. The City of Palo Alto is looking for coaches who can commit to their practice and game schedule, and who are dedicated to advancing these athletes' skills on and off the court. If you are, or know anybody who would be interested, please email Patrick.Rode@CityofPaloAlto.org to begin the hiring process.

招聘篮球教练

Palo Alto 市政府正在招聘7/8年级学生的篮球教练。训练时间为周1-4, 也可以是周五, 时段在下午 3:15-7:30, 每次90分钟。B队的比赛地点在Palo Alto的三所中学里面, 而A队的比赛场所在Palo Alto 和 HalfMoon Bay以及之间。薪水依经验多少而定, 优先考虑义工自愿者。Palo Alto 市政府想要招聘的是能保证训练和比赛时间的、能致力于提高孩子们场上和场下技术的教练。如果你符合以上要求, 或者你认识的人有兴趣的, 请电邮Patrick.Rode@CityofPaloAlto.org, 以启动招聘流程。

Shop for school holiday camps on ActivityHero to raise money for Palo Alto PTA

A reminder that PAUSD is off for Veterans Day and the full week of Thanksgiving this year. Our winter break is Dec 22-Jan 7. High schools also have Jan 8 off. You can find holiday camps on ActivityHero and when you book online with this link, the PTA earns a % of your purchase. <https://www.activityhero.com/go/paloaltopta>

在ActivityHero上购买度假营能为Palo Alto家委会筹款

提醒大家PAUSD在退伍军人节这天以及感恩节期间的一整周都不上班。今年寒假为12月22-1月7日, 高中1月8日也放假。ActivityHero上有度假营信息, 如果你通过下面这个链接

<https://www.activityhero.com/go/paloaltopta>购买了度假营的话, 家委会能得到一定比例的收入。

Stanford's Center for Interdisciplinary Brain Sciences Research (CIBSR) Social Skills Study

CIBSR is recruiting for a Social Skills study and is looking for boys aged 8-18 with a developmental or intellectual disability to take part in a research study investigating the effect of behavioral training methods on duration of social gaze. Participation includes a visit to Stanford for 3-4 days, cognitive testing, two optional MRI scans, and social skills training with a behaviorist. For more information please go to: www.is.gd/StanfordSocialSkills.

斯坦福CIBSR中心社交技能研究

CIBSR中心的社交技能研究需要8-18岁的有发育或者智力障碍的男孩参与，研究目的在于了解行为训练方法对社交凝视持续时间的影响。参与者需要留在斯坦福3-4天，将做一个认知测试，两次可有可无的核磁共振检查，和行为学家指导下的社交技能培训。更多信息请登录：
www.is.gd/StanfordSocialSkills。