

Gunn Connection

Calendar

Fri, Feb 24

Winter Dance, 7 PM, Bow Gym

Sat, Feb 25

TEDx talks, 9 AM, Paly Haymarket Theater

2nd Annual Swing Dance, 6:30 PM, Terman Middle School Cafe

Wed, Mar 1

"Brainstorm" Book Club, 7 PM, Staff Lounge

Thu, Mar 2

Freshman Parent Network Meeting, 8 AM, Staff Lounge

Orchestra Chamber Ensemble Concert, 7 PM, **NEW LOCATION:** Covenant Presbyterian Church, 670 E. Meadow Dr, Palo Alto

Fri, Mar 3

Senior Parent Network Meeting, 8:30 AM, Staff Lounge

Mon-Thu, Mar 6-9

4-Day Week Schedule (see [Calendar](#))

Mon, Mar 6

Site Council, 4 PM, Staff Lounge

Wed, Mar 8

Band & Orchestra Boosters Meeting, 7:15 PM, V-12 portable

Thu, Mar 9

PTSA Meeting, 8:45 AM, Staff Lounge

Fri, Mar 10 NO SCHOOL – Holiday

周五, 2月24日

冬季舞会, 下午7点, Bow健身房

周六, 2月25日

TEDx会谈, 上午9点, Paly Haymarket剧院

第二届摇摆舞, 下午6:30, Terman 中学餐堂

周三, 3月1日

“头脑风暴”图书俱乐部, 下午7点, 工作人员休息室

周四, 3月2日

9年级家长联络会议, 上午8点, 工作人员休息室

管弦乐团音乐会, 晚上7点, 新位置: Covenant Presbyterian Church, 670 E. Meadow Dr, 帕洛阿尔托

周五, 3月3日

12年级家长联络会议, 上午8:30, 工作人员休息室

周一至周四, 3月6日-9日

4天工作日计划 (见日历 [Calendar](#))

周一, 3月6日

理事会, 下午4点, 工作人员休息室

周三3月8日

管弦乐团乐队促进会, 7:15 PM, V-12

周四, 3月9日

PTSA会议, 上午8:45, 工作人员休息室
周五, 3月10日 学校无课 - 假日

Kelly Wang

Gunn

Three Chaperones Still Lacking for Service Day, March 2

【服□日□需要三位家□陪程】

Thu, Mar 2

【3月2日星期四】

Community Service Day is imminent! The students who wish to serve Montessori Preschool have no chaperone. Two other sites need a second chaperone. Can you help? Parent chaperones will travel on a bus with students and support the trained student team leaders during the hours of service, 8 AM to 2:15 PM. Service sites are listed on this [chaperone sign-up link](#). Please consider supporting our students as they learn of ways to serve in their community. Questions: Norma Hesterman at nhesterman@pausd.org.

【服□日即将来□! 想要去Montessori幼稚园服□的学生□□没有家□陪程。□有两个地点也□个差一位陪程。您能帮忙□? 家□陪程会在服□□□段的早上八点至下午两点半与学生□和□□□一起搭巴士。服□地点在□里。□考□来帮助我□的学生学□社区服□的精神。如果有任何□□□□系Norma Hesterman : nhesterman@pausd.org】

Senior Parent Network Meeting

【12年□家□沟通□面会□】

Fri, Mar 3, 8 AM, Staff Lounge

【3月3日星期五早上8:00, □工休息室】

Coffee will be served starting at 8:00 AM. Linda Kirsch will join us at 8:30 AM to discuss "Handling Rejection" among other college admissions topics. At 9:30 AM we will walk through the senior events for the rest of the year.

【早上8:00开始会提供咖啡。Linda Kirsch会在8:30来到□工休息室来□□包括“如何面□落□”和其他大学申□的□□。在9:30会□□12年□将要到来的活□。】

Senior Parents - Mark your Calendars!

【12年□家□! 在日□上登□好□些日期!】

April 14 - Junior/Senior Combined Network Parent meeting in the Staff Lounge at 8:30 AM

April 29 - Senior Parent Network Social in the evening (details to follow)

May 12 - Senior Parent Network Meeting in the Staff Lounge at 8:30 AM: "Transitioning from High School"

【4月14日 11年□和12年□家□沟通□面会□。早上8:30在□工休息室】

【4月29日 12年□家□沟通□面会□。□□将近日□布】

【5月12日 12年□家□沟通□面会□。主□是: 从高中□□后的生活□整。早上8:30 □工休息室

】

Pay It Forward - Parents of All Grades Needed for Graduation Night

【需要家口帮忙12年口口口晚会！】

The PTA organizes an all-class outing that offers an alcohol-free chance for our seniors to say farewell to each other and Gunn. Volunteers are needed to help Grad Night on Wednesday, May 31, to check in students from 6-9 PM and chaperones to go with the students from 8 PM to 2 AM. We have 40 of the 52 volunteers needed, and you'll learn about this special tradition firsthand. Please email darialamb@att.net and jeannie.llewellyn@gmail.com to sign up for either position.

【PTA每年都会口口口12年口回口自己在Gunn的4年以及和大家口再口的口口晚会。口个在5月31日星期三晚上的活口需要家口帮忙。从晚上6点至9点需要家口帮忙登口入口学生。我口口需要能从晚上8点至早上2点的家口陪程。我口已口有40位口心的家口，口差12位。你口会了解口口晚会会是什么口的。口口系 darialamb@att.net 或者 jeannie.llewellyn@gmail.com 口名帮忙。】

Veronica Tsang

In Search of PTSA Volunteers

Will you have a child at Gunn High School next year? Consider joining the Gunn PTSA as a volunteer. It is a great way to get involved and meet other wonderful Gunn parents. Click here (<http://gunn.paloaltopta.org>) for more information about the PTSA and PTSA volunteer positions. If you are interested in a position, would like more information or know of someone we should contact please let us know! Gunn PTSA Nominating Committee 2017:

Sonya Bradski: sonyangary@gmail.com

Olivia Viveros: oviveros@comcast.net

Liz Dong: lizdong@yahoo.com

Ann Xu: ann_xu@yahoo.com

口找PTSA志愿者

你明年會不會有個孩子上Gunn高中嗎？情考慮參加Gunn PTSA作為一個志愿者。這是個很好方法遇到另外的Gunn父母。點擊這裡 (<http://gunn.paloaltopta.org>) 如果你想要多一些資料關於PTSA和PTSA志愿者職位。如果你感興趣的位置，要多一些資料或知道一個人我們可以聯繫，請讓我們知道！Gunn PTSA提名委員會二零一七年：

Sonya Bradski: sonyangary@gmail.com

Olivia Viveros: oviveros@comcast.net

Liz Dong: lizdong@yahoo.com

Ann Xu: ann_xu@yahoo.com

FROM THE PREVIOUS ISSUE:

The 2nd Annual Palo Alto Community Swing Dance: A Gunn HS Music Fundraiser

Sat, Feb 25, 6:30-9 PM, Terman Middle School Cafe, 655 Arastradero Rd

Adults 18 and over are invited to have a fun night out at the 2nd Annual Palo Alto Swing Dance, a fundraiser for the Gunn High School Music Department. Live music will be provided by the Gunn jazz bands. Each ticket includes swing dance lessons, light food, and non-alcoholic drinks throughout the evening. Multiple ticket options are available. Tickets & information can be found [here](#) or on [Facebook](#). Contact Keith Hunter (khunter@pausd.org) if you have any questions.

從上一期：

第二屆年度Palo Alto社區舞蹈：一個Gunn高中音樂籌款

二月二十五，星期六，六點三十到九點晚上，Terman中學咖啡店，655 Arastradero Rd

成人十八口以上被邀請玩得開心在第二屆年度Palo Alto搖擺舞，Gunn高中音樂部籌款。Gunn爵士樂隊會執行現場音樂。每張票都包括舞蹈課，請食物，和酒精飲料。有一個多票選項可用。票和資料可以在[這裡](#)或在[Facebook](#)。和Keith Hunter (khunter@pausd.org) 聯繫如果你有多些問題。

VTA Bus Cuts Update & Call To Action

Now thru Thu, Mar 2

VTA staff plans to cut the VTA 88, 88L, 88M bus lines and replace them with limited school service, with three buses to Gunn before school and three buses from Gunn after school. VTA plans to eliminate the current hourly service on the 88 bus. More info on bus route and schedule changes is at www.88bus.org. We need students and parents to support the city and PTSA effort to save the 88 Bus:

- 1) Attend and speak at the VTA Board Meeting on March 2(Location/time tba)
- 2) Email VTA today (even if you have already written before): Community.outreach@vta.org

See [complete information](#) on the PTSA website.

VTA總線切斷更新和行動呼籲

現在到星期四，三月二日

VTA工作人員機化學VTA八十八，八十八L，和八十八M公交線路，併用悠閒的學校服務提歡他們，在學校前有三輛公共汽車前往Gunn，在Gunn下班後有三輛公共汽車。VTA計劃消除八十八公共汽車上的當前小時服務。有關巴士路線和時刻表比昂更得更多資料，請訪問www.88bus.org。我們學要學生和家長支持城市和PTSA的努力，以節省八十八巴士：

- 1) 三月二日在VTA董事會上出席並發言（地點和時間公布）
- 2) 電子郵件VTA今天（即使你已經寫過）：Community.outreach@vta.org。請參閱PTSA網站上的完勝信息。

VTA Survey Explores Bus Fare Changes

VTA is considering bus fare changes, including student fares. Gunn bus users are encouraged to respond to VTA's survey on bus fares. Find the survey [here](#).

VTA調問探討巴士車費變動

VTA正在考慮巴士票價的變化，包括哦學生票。鼓勵Gunn巴士用問回應VTA對巴士票價的調問。在[這裡](#)問找調問。

Section 3

Gunn Athletics Gunn体育

Congratulations to the Girls Soccer team who defeated Wilcox and put them in the CCS tournament. **Hailey Lecler, Lily Jose and Solene Bonnet** all helped the Titans win this game. Great job!

祝贺Gunn女子足球队击败Wilcox队晋级CCS比赛。**Hailey Lecler, Lily Jose 和 Solene Bonnet**
□ Titans □ 得 □ □比□立下了功□。干得漂亮!

PAUSD & PTAC

Palo Alto联合学区 & 教师家长协会理事会

How Does Sugar Affect Your Health and What You Can Do About It

糖如何影响你的健康以及你能为此做些什么

Wed, Mar 1, 6:30-8:30 PM, SDC Room, District Office, 25 Churchill Ave, Palo Alto
周三, 三月一号, 晚6:30-8:30, 在校区办公室SDC室, 25 Churchill Ave, Palo

Join us for an educational night on sugar. Learn how sugar came to be ubiquitous in everything we eat, and became a number one health issue due to its harmful effects on the human body. As parents, you will also get some great tips on how to combat sugar in your household and diet, and reintroduce great nutrition to your kids. Patricia Caldera, Ph.D. will be presenting on behalf of the Institute of Responsible Nutrition, an organization dedicated to changing the way food is produced and marketed and distributed and end food related illnesses and promote good health. We encourage parents to bring their children.

请参加我们一个关于糖的晚间教育座谈会。了解糖是怎样在我们所吃的食物中无所不在的, 以及糖又是如何成为对我们身体有害因素之一的。作为家长, 你们也需要得到一些技巧以便你们在自己家中和饮食上对抗糖的危害, 重新对孩子们介绍好的营养食物。主讲的Patricia Caldera博士代表责任营养学院, 此组织致力于改变食物是如何生产、营销和推广以及终端食物成品跟疾病的关联和如何增强健康。我们鼓励家长带着孩子们一起来参加。

Stanford Parent-Teen Communication Workshop

Thu, Mar 2, 7-8:30 PM, Haymarket Theatre, Palo Alto High School

Please join the Stanford Department of Psychiatry and Behavioral Sciences for a fun, interactive workshop addressing difficult, real-life scenarios faced by parents and their teenage children. A specific emphasis will be placed on challenges occurring in Asian-American households, but all parents are welcome. Mandarin, Spanish, and Korean interpretation will be provided. Please attend without children to create a more honest and comfortable dialogue. Free and open to all middle school and high school parents. Registration is NOT required, however, if you can, please register at: <http://tinyurl.com/StanfordCHIPAO>. Questions or concerns? Please contact Jonathan Frecceri at jfrecceri@pausd.org.

斯坦福家長-青少年溝通研討會

3月2日星期四晚上7:00-8:30, Haymarket Theatre Palo Alto 高中

請來斯坦福精神病學與行為科學系參加一場趣味的互動研討會，共同解決家長及青少年面對的現實困境。研討會將□□亞裔美國家庭中出現的問題展開，但也歡迎所有家長參加。將提供普通話和韓語翻譯。請不要帶孩子前來，營造更加坦誠輕鬆的對話環境。歡迎所有初中和高中家長參加。無需登記，但如果可以，請在下面的地址登記：<http://tinyurl.com/StanfordCHIPAO>。問題或意見？請聯絡 Jonathan Frecceri, jfrecceri@pausd.org。

****NEW** Help Bring Back the Arts to Your School**

****新** 帮助把艺术带回到你的学校**

Fri, Mar 10, 10 AM-2 PM, San Jose Museum of Art, 110 S. Market St., San Jose

周五，三月10日 早10点到下午2点。San Jose艺术博物馆。110 S. Market St., San Jose

Come for a day of arts training, panels, table talks, & networking! Panels on successful local arts partnerships: how they serve students, integrate the arts, maximize existing relationships, & work with local schools & districts. Learn how to use your school district's LCAP to increase arts education. FREE. Lunch included. For more information: <http://downloads.capta.org/arts/Arts%20Convenings2017-Northern.pdf>. Presented by California State PTA. RSVP by Monday, March 6: arts@capta.org or (916) 440-1985, x123.

请来参加一天的艺术培训，嘉宾讲座，座谈及交友活动。嘉宾讲座是有关成功的本地艺术伙伴关系：它们怎么服务学生，整合艺术，把现有的关系最大化以及同本地学校和学区合作。了解如何使用你所在学区的LCAP 项目来增加艺术教育。此活动包括免费的午餐。详情请查看<http://downloads.capta.org/arts/Arts%20Convenings2017-Northern.pdf>。由加州教师家长协会承办。请在三月六号前答复arts@capta.org 或 (916) 440-1985, x123.

Goerge

Free Parent/Guardian Technology Education

Wed, Mar 22, 10-11:30 AM & 7-8:30 PM, Jordan Middle School Multipurpose Room

Free parent/guardian technology education event in partnership between PAUSD and Common Sense Education. This event will cover the realities of parenting in the digital age, bigger issues and data as well as tools and resources for families. Two identical sessions are available for all PAUSD parents, however due to adult content, this is an adult only event. Babysitters and translators will be available. Contact Emily Garrison, Coordinator of Educational Technology and Libraries with question. Please register at: <https://goo.gl/kbqhR7>.

免□家□/□□人技□教育

周三，3月22日，10-11 : 30 AM&7-8 : 30 PM, Jordan中学多功能室

PAUSD和Common Sense教育合作□□的免□家□/□□人技□教育活□。□个活□将涵盖数字□代育儿的□□□□和数据，以及家庭的工具和□源。两个□□会可适合所有PAUSD父母，但由于

成人内容，它是一个仅限成人的事件。将提供儿童照看服务和翻译。如有疑问联系Emily Garrison, 教育技巧和翻译。可在以下网址注册：<https://goo.gl/kbqhR7>.

Opa! GiveBack Campaign

Opa! Authentic Greek Cuisine, 140 University Ave, Palo Alto

Opa! Authentic Greek Cuisine in Palo Alto is proud to invite you and your family to dine at the Opa! location in downtown Palo Alto as a part of the Opa! GiveBack Campaign. When one hears the word Opa!, it usually brings with it a sense of excitement and happiness! When dining at Opa! Palo Alto, mention your relationship to the Palo Alto School District to your server and a percentage of your bill will be given back to the Palo Alto Council of PTAs (<http://ptac.paloaltopta.org/>). At the end of each month, Opa! Palo Alto will write a check to PTAC! Dine out, and help GiveBack to the Palo Alto PTA community at the same time!

Opa! 地道的希腊菜, 140 University Ave, Palo Alto

Opa! 帕洛阿托真正的希腊美食荣幸地邀请您和您的家人在Opa用餐! 位于帕洛阿托市中心作Opa的一部分! GiveBack广告系列。当听到这个词Opa!, 它通常带来一种喜悦和幸福的感! 在Opa用餐! 帕洛阿托, 提到你与帕洛阿托联合学区, 一部分你的消费将被交到帕洛阿托PTA理事会。每个月末, Opa! 帕洛阿托将写一张支票到PTAC! 去Opa! 用餐, 同时帮助GiveBack到Palo Alto PTA社区!

Community

Blind Date w/a Book (Palo Alto Library Event)

Month of February, Teen Zone, Mitchell Park Library, 3700 Middlefield Rd, Palo Alto

If your blind date with a book doesn't work out, then check out a new one. No hurt feelings! Review your book date for a chance to win prizes.

读书会 (Palo Alto图书馆活动)

二月份, 青少年区, Mitchell公园图书馆, 3700 Middlefield Rd, Palo Alto

如果你读的你不满意, 可以重新选。没有伤害的感! 看您的书籍日期, 以得到得奖品的机会

Creative Writing Party

Fri, Feb 24, 7-8:30 PM, Rinconada Library, 1213 Newell Rd, Palo Alto

All are invited to celebrate! 2017 writing contest winners to be announced. Join us for cake, crafts, and fun!

周二, 2月24日, 7-8:30, Rinconada图书馆, 1213 Newell Rd, Palo Alto

欢迎所有人来2017年写作比赛获胜者庆祝! 加入我们的聚会, 提供蛋糕, 手工作游!

George

Gott's Roadhouse Fundraising Dinner for Friends Nursery School

Wed, Mar 1, 5-9 PM, Town & Country Village, 855 El Camino Real, Palo Alto

This event is open to anyone who would like to eat out to support a wonderful local school. Palo Alto Friends Nursery (the preschool right next to Ohlone Elementary) will receive 10% of all money that Gott's collects during the hours of the event. Gott's serves variety of food including burgers, friends, tacos and shakes. <https://gotts.com/menu-mobile/> Please invite friends, neighbors and family.

Gott's Roadhouse 朋友学校苗圃的筹款晚餐

Wed, Mar 1, 5-9 PM, Town & Country Village, 855 El Camino Real, Palo Alto

个活是开放任何愿意外出就餐来筹款支持一个美好的当地学校。 Palo Alto Friends 幼儿园 (Ohlone 小学旁的幼儿园) 将收到Gott在活期收集的所有款的10%。 Gott's 提供各种食物, 包括堡, 朋友, 炸玉米和奶昔。 <https://gotts.com/menu-mobile/> 邀朋友, 居和家人

。

Being Different Together - Taking the Conversation Deeper

Thu, Mar 2, 7-9 PM, Palo Alto Art Center Auditorium, 1313 Newell Rd, Palo Alto

Please join us as we bring together a cross section of people who live, work or worship in Palo Alto to have a series of active and thought provoking conversations on building and nurturing a community that models respect for differences. The second forum in the four-part series will focus building authentic engagement across differences. Everyone is welcome to attend, even if you did not attend the first forum. Moderated by Dr. Joseph Brown, Associate Director, Diversity & First Gen Office at Stanford University, and Rev. Kaloma Smith, pastor at University AME Zion Church. RSVPs required to attend; space is limited. To register, go to <https://tinyurl.com/zjp9nm3>. Questions: contact Mary Constantino at mary.constantino@cityofpaloalto.org or (650) 463-4906. Sponsored by the City of Palo Alto.

不同的我在一起 - 更深的

Thu, Mar 2, 7-9 PM, Palo Alto Art Center Auditorium, 1313 Newell Rd, Palo Alto

加入我, 与在帕洛阿托生活, 工作的人聚集在一起, 行一系列极思考与, 建立和培养一个尊重差异的社区。四部分系列中的第二个将重点建立跨差异的真参与。欢迎大家参加, 即使你没有参加第一个。由斯坦福大学多样性与第一代办公室副主任Joseph Brown博士和大学AME安教会牧Kaloma Smith主持。空有限注册参加。注册

<https://tinyurl.com/zjp9nm3> : 系Mary

Constantino mary.constantino@cityofpaloalto.org或 (650) 463-4906。由帕洛阿托市助。

Mindful Moms Group for Moms of Kids with Special Needs

Group 1: Every other Thurs (12:30-2:30 PM, Mar 3 thru Jun 8)

Group 2: Once a month on Sat (1:30-3:30 PM, Mar 18 thru Jul 15)

St. Mark's Church, 600 Colorado Ave, Palo Alto

Join our nurturing group for moms who have kids (of all ages) with special needs, from sensory processing challenges, to dyslexia, to Asperger's or autism. Moms will gather together for 2 hours on a regular basis to support each other, learn mindfulness practices, and practice mindful yoga together. Mindfulness and yoga have been shown to reduce stress, boost mood, improve overall wellbeing, and studies show that a central factor in maternal wellness is social and emotional support -- in particular, having a sense of belonging. Join our Mindful Moms group today by emailing jaclyn.k.long@gmail.com or visit <http://www.mindbodyspiritmoms.com> to find out more.

特殊需要孩子的交流小

第1: 每隔一周 (12:30-2:30 PM, 3月3日至6月8日)

第2□：星期六一个月一次（1：30-3：30 PM，3月18日至7月15日）

圣□可教堂，600 Colorado Ave, Palo Alto

加入我□的□□培养有特殊需求的孩子（所有年□）的□□，从感□□理挑□，□□困□，到 Asperger或自□症。□□□将定期聚集在一起2个小□，以支持彼此，学□正念的做法，并一起□□正念的瑜伽。正念和瑜伽已被□明可以减少□力，提高情□，改善整体健康，研究表明，□□健康的一个中心因素是社会和情感支持 - 特□是，有□属感。今天通□□子□件□送 jaclyn.k.long@gmail.com 或□□<http://www.mindbodyspiritmoms.com> 了解更多信息。

Claire Cheng

NOTICE: Closure of East Meadow Caltrain Crossing: 3/10-3/13 and 3/17-3/20

Caltrain needs to perform track maintenance work over two consecutive weekends at the East Meadow Grade Crossing in Palo Alto. In order for this work to occur, Caltrain will close the grade crossing down for an approximately 56 hour window. This closure would not allow vehicular, bicycle or pedestrian traffic to cross the tracks during this outage. Caltrain has identified the following times as to when these closures would take place.

Closure 1 - March 10, 2017 at 8:00 PM until March 13, at 4:00 AM

Closure 2 - March 17, 2017 at 8:00 PM until March 20, at 4:00 AM

注意：East Meadow Caltrain路口关□：3 / 10-3 / 13和3 / 17-3 / 20

Caltrain需要在Palo Alto的East Meadow Grade Crossing□□两个周末□行□道□□工作。□了完成□□工作，Caltrain将在大□56个小□的窗□关□坡道。□种关□不允□□□，自行□或行人在□次停□期□越□□道。Caltrain已□确定了下面□些关□将□生的□□。

关□1 - 2017年3月10日下午8:00至3月13日上午4:00

关□2 - 2017年3月17日下午8:00至3月20日上午4:00

****NEW** Community Arbor Day Festival**

Sat, Mar 11, 10 AM-2 PM, Mitchell Park Bowl, 600 E Meadow Dr, Palo Alto

This free outdoor family festival will include roped tree climbing with The Tree Circus, live music by AndyZ, and School of Rock, workshops, fine arts and crafts, art show, exploration stations, food trucks, and a variety of local partners. It's going to be a fun, family-friendly event with something for everyone! You can check out more details on Canopy's website: www.canopy.org.

****新**社区植□□日**

星期六，3月11日上午10点至下午2点，Mitchell Park Bowl, 600 E Meadow Dr, Palo Alto □个免□的室外家庭活□将包括与□□□□的□索□攀登，AndyZ和岩石学校的□□音□，□□工作坊，美□和工□品制作，□□展示，探□站，食物卡□和各种各□的地方合作伙伴。□将是一个有趣的，家庭友好的活□与大家的□西！您可以在Canopy的网站上□看更多□情：www.canopy.org。

****NEW** Paly Theatre And Music Programs Presents: Disney's Beauty and the Beast**

Mar 17-26, Palo Alto High School Performing Arts Center, 50 Embarcadero Rd, Palo Alto

Beauty and the Beast, the internationally beloved, classic musical fairy-tale, hits the boards at Paly's Performing Arts Center stage. Bring your whole family and be swept away by the story of Belle, her

dream of finding something more exciting than her small town life, and how it lands her captive inside the dark walls of a hideous beast's magical castle populated by living, talking knick-knacks including the beloved teapot, Mrs. Potts. Do come and "Be Our Guest." Let this potent tale of the transformative power of love touch you as it has touched countless audiences worldwide. Tickets are \$15.00 adults, \$10.00 students/seniors. For performance dates and times and reserved seating, go to <http://www.palytheatre.com/tickets/>, or buy tickets at the door. Box office opens one hour prior to curtain.

****新** Paly剧院和音团将表演迪斯尼的美和野**

3月17-26, Palo Alto高中表演艺术中心, 50 Embarcadero路, 帕洛阿托
国的, 经典的音童美和野将在Paly的表演艺术中心舞台上上演。你的家人准被
的故事, 逃离她的小城生活, 以及如何被俘在一个可怕野的魔法城堡的壁内的生活
, 包括心的茶, 波茨太太。来吧, “当我客人”。个具有力的情故事触你,
因它已触及世界各地的无数的众。票是\$ 15.00成人, \$ 10.00学生/老人。于演出日期
和和座位, 或<http://www.palytheatre.com/tickets/>, 或在口口口票。票房在开
幕前一小时开幕。

Section 7 Katie Wang

Paly 5K Fun Run & Walk

Sat, Mar 25, 8 AM registration; 9 AM race starts

Sign ups now open for Paly's first 5K Fun Run & Walk! Sign up online
at <http://palysportsboosters.org/paly-5k-fun-run/>. Proceeds benefit Paly Athletics.

What a great way to spend a Saturday morning!

Questions? PAHSsportsboosters@gmail.com

Paly的5公里跑步活

星期六, 3月25号, 早上8点名, 9点活开始。

Paly高中的第一届5公里跑步活的名在开始了! 可以
在 <http://palysportsboosters.org/paly-5k-fun-run/> 里名。个活Paly的体育
生有好。

星期六的早上用来跑步和运真的是再合适不了! 有口的咨
 PAHSsportsboosters@gmail.com

Paly Speech and Debate Summer Camp

Session 1: June 13-17; Session 2: July 31-Aug 4

The Paly Speech and Debate camp centers around providing students with an introduction to speech and debate. The goal of our camp is to prepare students for competition in these activities once they go to high school. On top of that, speech and debate are both life skills as they teach students to express themselves and be more articulate. Second year campers have the opportunity to be placed in a more advanced classroom setting, while first year campers will be given more of an introduction to speech and debate. To register go to: pasdc.weebly.com.

Paly演□和□□夏令□

第一期：六月13-17号。第二期：七月31号至8月4号。

Paly高中的”演□和□□”夏令□的主旨是□学生□介□□□和演□。夏令□希望达到的目□是□学生□于接下来的高中生活有准□。当然，在那之上，演□和□□都是人生中有用的技能。学会和提高□些技能可以帮助学生来表达自己的想法。

第二年参加□个夏令□的学生将会被分配到更高□的□程。今年的新生所学□的就是演□和□□的入□知□点。□名□去 pasdc.weebly.com.

Stanford University Sleep Study for Youth 18-21

The Department of Psychiatry at Stanford University is again recruiting 18-21 year-old youth with bipolar disorder to participate in a paid research study on sleep and mood. For more information about this study, contact dailyrest@stanford.edu or (650) 736-2689 or go to <http://med.stanford.edu/psychiatry/research/dailyreststudy.html>.

斯坦福的□□18-21□青年的睡眠□□的研究

斯坦福大学的精神科又一次的招募18-21□的青年了。□名青年的要求是□患有双向情感障，□是□□需要。青年□将会成□一个关于睡眠和心情的付□研究的一部分。更多信息□□系dailyrest@stanford.edu 或者□打 (650) 736-2689 或者去□个网站<http://med.stanford.edu/psychiatry/research/dailyreststudy.html>。

****NEW** Palo Alto Art Center Summer Counselor-in-Training Application Now Available**

Summer Camp Counselors in Training (CIT) are volunteers (12-17 years old) who assist professional art instructors in the day-to-day running of the Children's Fine Art summer camps. The Lead Counselor in Training (LCIT) program builds on experience as an Art Center CIT and provides opportunities for volunteers to help lead the CIT training, enjoy mentorship from college Children's Fine Art (CFA) interns, manage camper recreation, and take responsibility as the LCIT for one week of camps.

More information: <http://www.cityofpaloalto.org/gov/depts/csd/artcenter/getinvolved/overview/program.asp>

Summer 2017 Counselor in Training Application & Information:

<http://www.cityofpaloalto.org/civicax/filebank/documents/56059>

Summer 2017 Lead Counselor in Training Application & Information:

<http://www.cityofpaloalto.org/civicax/filebank/documents/56060>

***新事件*成□Palo Alto □□中心的夏季□□□的□程□在开始□名啦！**

“正在□□中的□□□” (CIT) □个夏令□是□12-17的学生来□助□□的□□人□在Children's Fine Art 夏令□的日常工作。Lead Counselor In Training (LCIT)□

划的是□□工□在□□中心的夏令□里□□，学□，接受儿童□□大学的□□生□的教□，帮忙□□□□活□，和照□□地一整个星期。

更多信息□参考

<http://www.cityofpaloalto.org/gov/depts/csd/artcenter/getinvolved/overview/program.asp>

2017年夏天的CIT□□□名和更多信息：

<http://www.cityofpaloalto.org/civicax/filebank/documents/56059>

2017年夏天的LCIT□□□名和更多信息：

<http://www.cityofpaloalto.org/civicax/filebank/documents/56060>