



Calendar george

Fri, May 4

Staff Appreciation Luncheon, 12:25 PM, Staff Lounge

Fri-Sat, May 4-5

Student-Directed One Acts, 7:30 PM, matinee at 2 PM on Sat only, Gunn Studio Theatre

Mon, May 7

Site Council, 4 PM, Staff Lounge

Band & Orchestra Booster Meeting, 7:15 PM

Wed, May 9 Junior Parent Info Night, 6:30 PM, Titan Gym

Thu, May 10 Principal's Coffee, 8:30 AM, Staff Lounge, followed by PTSA General Meeting, Staff Lounge

Fri, May 11 Spring Jazz Concert, 7:30 PM, Paly Haymarket Theatre

Wed, May 16

Freshman Family Potluck, 5:30 PM, Mitchell Park

BEAM Student Presentations, 6 PM, HanaHaus

Fri, May 18 AAR Celebratory Showcase, 6 PM, Paly Media Arts Center

星期五, 5月4日 员工感谢午餐会, 12:25 PM, 员工休息室

星期五至星期六, 5月4日至5日 学生导演一幕, 星期五六晚上7:30星期六下午2点, Gunn Studio Theatre

星期一, 5月7日

现场委员会, 下午4点, 职员休息室

乐队乐团支持委员会会议, 7:15 PM

星期三, 5月9日 父母信息之夜, 6:30 PM, Titan健身房

星期四, 5月10日 校长咖啡, 上午8:30, 职员休息室, 之后是PTSA大会, 职员休息室

星期五, 5月11日 春季爵士乐音乐会, 7:30 PM, Paly Haymarket剧院

星期三, 5月16日

新生家庭美食, 下午5:30, Mitchell Park公园

BEAM学生演讲, 6 PM, HanaHaus

星期五, 5月18日 AAR庆祝展示, 6 PM, Paly媒体艺术中心

Gunn

Kelly Wang

An Important Message from the Attendance Office

ATTENDANCE MESSAGE

Dear Gunn Parents and Students,

It is important that all parents and students read the Attendance Policy and Procedure information on the [Gunn Website, Attendance Link](#). If you have not already done so, please take the time to read this information. It will greatly assist with ease of communication with the Attendance Office and ensure student attendance records are updated in a timely manner.

MENSAJE DEL DEPARTAMENTO DE ASISTENCIA

Estimados Padres y Estudiantes de Gunn,

Es de mayor importancia que todos los padres y estudiantes lean la información sobre la Póliza de Asistencia y Procedimiento la Pagina de Internet de Gunn, Enlace: [Gunn Webpage/Attendance information](#). Si usted aun no lo ha hecho, por favor tómese el tiempo para leer esta información. Le asistirá para facilitar la comunicación con la Oficina de Asistencia y asegurara que los registros de asistencia de los estudiantes estén actualizados de manera oportuna.

出勤信息

亲爱的Gunn家长和学生,

非常重要所有家长和学生都阅读Gunn网站上的出勤规则和程序信息, 出勤链接: [Gunn Webpage/Attendance information](#). 如果您尚未阅读这些信息, 请花些时间阅读, 这将大大帮助与出勤办公室的沟通, 并确保及时更新学生出勤记录。

Student-Directed One-Acts

Fri-Sat, May 4-5, 7:30 PM, matinee Sat, May 5, 2 PM, Gunn Studio Theatre

Calling all theater fans! Gunn Theatre is proud to present the annual Student-Directed One Act Plays. From romance to drama to improv, there is something for everyone in this year's delightful collection of short shows. Be immersed in the joy of student theatre arts as six student-run productions grace the Gunn Theatre stage. Tickets are available for \$5 at gunntheatre.org. Hope to see you at the show!

学生导演的短剧公演

星期五-星期六 5月4日-5月5日 晚上7:30, 中午场: 周六 5月5日 中午两点, Gunn小剧院

通知各位戏剧爱好者！Gunn戏剧部非常高兴能够给大家带来年度的学生导演的短剧公演。从爱情剧到喜剧到临时发挥剧，各种各样的风格中绝对会有你喜欢的短剧。欢迎您通过六场学生执导的短剧融入Gunn的戏剧舞台。门票可以从 gunntheatre.org 用5美元购买。很期待与您的见面！

Staff Appreciation Week

May 7-11

Next week, May 7-11, is Staff Appreciation Week. Please take a few moments over the week to email a teacher or other staff member who has done something great. Let's really pay attention to the wonderful work our staff does in supporting our kids. On Tuesday there will be treats for Staff in the Staff Lounge from 7:30 to 10:30. Feel free to poke your head in and thank a staff member! We at Gunn are so fortunate to have a dedicated, talented and creative staff. Let's let them know how grateful we are!

职员感谢周

5月7日至11日

下周，5月7日至11日是职员感谢周。请花一些时间用邮件表达自己对Gunn职员的感谢吧！我们需要感谢Gunn职员对我们学生成长的帮助。星期二，我们会在职员休息室从早上7:00~10:00给Gunn职员提供点心。如果您有空，请来和我们一起感谢Gunn的职员吧！Gunn非常荣幸能有用心，有才华并且有创造力的职员。让他们知道我们有多么感谢他们吧！

Class of 2020 Fundraiser at Gott's Roadside

Tue, May 8, 4-9 PM, Gott's Roadside, Town & Country Village, [855 El Camino Real, Palo Alto](http://www.gotts.com)

Hungry for a great burger? The Class of 2020 is inviting all of the Gunn Community to come support their fundraiser at Gott's Roadside restaurant on Tuesday, May 8, from 4 to 9 PM. The burger restaurant is at Town & Country Village near the corner of El Camino and Embarcadero in Palo Alto, (650) 326-1000. Come enjoy a great burger and support the sophomore class. Vegetarian options available. <https://www.gotts.com/menu>

Gunn十年级募款活动- Gott's Roadside餐厅

星期二，5月8日，下午4:00~9:00，Gott's Roadside餐厅，Town&Country Village社区，855 El Camino Real, Palo Alto

想要吃一个美味的汉堡？Gunn的十年级邀请Gunn社区参与他们的在Gott's Roadside餐厅的募款活动。这个汉堡餐厅在El Camino和Embarcadero的交叉口的Town & Country Village社区（Palo Alto）。餐厅的电话是326-1000。来尝一口美味的汉堡并且支持Gunn的十年级学生吧！餐厅有提供素食菜单。请查看<https://www.gotts.com/menu> 了解餐厅的菜单。

T3 Katie Wang

PTSA General Meeting

Thu, May 10, 8:30 AM, Staff Lounge

We are trying something new for this meeting: The Staff Lounge doors will open at 8:30 AM; come early for some coffee and to chat with fellow parents. At 8:45 will be the Principal's Coffee, where Ms. Laurence speak about happenings at Gunn. Then stay for the PTSA General Meeting immediately following, which will adjourn at 10:00. No parking passes necessary.

PTSA会议

星期四, 5月10号, 员工室

PTSA的这次会议与以往相比加了一点新元素：员工室早上8：30 开门。各位家长可稍稍早到一点，享用一杯咖啡顺便和其他的家长聊聊天。8：45左右校长会来和大家报告GUNN最近的情况。报告完毕也请大家不要离开，因为紧随其后的就是本次PTSA的会议。会议大概早上10：00 左右召开。没有停车证也可以来参加。

Gunn Jazz Concert

Fri, May 11, 7:30 PM, Palo Alto High School Haymarket Theater, [50 Embarcadero Rd, Palo Alto](#)

Gunn Big Band and Jazz II's final performance of the year will feature our Jazz seniors on an exciting and diverse program of music. Join us! Tickets: FREE for Gunn Band & Orchestra Boosters members (family of 4); FREE for students with ID & children under 12; \$5 general admission at the door.

Gunn爵士音乐会

星期五, 5月11号, 晚上7：30。地址：Palo Alto High School Haymarket Theater, 50 Embarcadero Rd, Palo Alto

Gunn的Big Band乐队和爵士II乐队的年末演出将会囊括即将毕业的十二年级学生的多样化的精彩表演！快来和我们一起享受吧！如果您是Gunn乐队或管弦乐团的成员的家人的话可以免票（一位成员最多带四人）。如果是有学生证的学生或者是十二岁以下的儿童的话，也可以免票。大众将收取5美金作为入场费。

BEAM Student Presentations

Mon, May 14, 6-8:30 PM, HanaHaus, [456 University Ave, Palo Alto](#)

Please join us as Gunn BEAM students present their start-up, internship, and volunteer projects that have helped a local company and made a difference in the Palo Alto or global communities. The BEAM (Business, Entrepreneurship, and Math) Program is a private-public partnership that replicates real-life business environments, which require application of mathematical principles. Students from the international BEAM programs, which are sister cities to Palo Alto, will also present their projects virtually and describe the worldwide collaboration that has been accomplished through BEAM. Refreshments will be provided. RSVP [here](#).

BEAM学生作品介绍

星期一, 5月14号, 晚上6-8：30。地址：HanaHaus, 456 University Ave, Palo Alto

请和我们一起观赏我们BEAM学生的成果吧！学生们将会把他们如何帮助Palo Alto社区公司的方案展示给大家。BEAM这个计划是一个将私人 and 公众联系在一起的一个计划。这个计划仿造真实社会中的商业情况并要求学生们用他们所学到的关于经济，商业，和数学的知识来提出各种方案。当天晚上的展示还会邀请到别的学校的学生们，他们也会展示BEAM这个计划在国际层次上得到了什么样的成就。当然我们也会提供小吃。如果有兴趣请点击链接报名：[here](#)

Freshman Family End of Year Potluck

Wed, May 16, 5:30-7 PM, Mitchell Park, 600 E Meadow Dr, Palo Alto

Join other families with 9th graders as we celebrate the end of the year with a potluck. Event is open to parents, their 9th graders and all siblings. We will meet at the East Meadow Picnic Area in Mitchell Park which is right next to Fairmeadow Elementary. Please [sign up](#) to bring a dish to share.

新生家庭年末聚餐

星期三, 5月16号, 下午5:30-7:00, 地址: Mitchell Park, 600 E Meadow Dr, Palo Alto

和其他的九年级新生家庭们一起庆祝年末的到来吧！聚会将对所有的九年级新生，他们的家长以及他们所有的兄弟姐妹开放。我们将会 Mitchell Park 的聚餐区见面，就在 Fairmeadow 小学的旁边。请在一下链接报名为聚餐带食物。[sign up](#)

T4 Linda Fan

AAR Celebratory Showcase

AAR庆祝展示

Fri May 18, 6-7:30 PM, Palo Alto High School Media Arts Center, [50 Embarcadero Rd, Palo Alto](#)

5月18日, 6-7:30 PM, Palo Alto高中媒体艺术中心, 50 Embarcadero Rd, Palo Alto

Please join us in celebrating our students' accomplishments at the third annual Advance Authentic Research & Innovation Celebratory Showcase. It's an opportunity for our students to present their dynamic projects and acknowledge their mentors and community support. Enjoy light refreshments and compelling student work! Please RSVP by May 10 to aar@pausd.org. For more information about students' AAR & Innovation projects, please visit <https://aar.pausd.org/projects>.

请加入我们，在第三届高级真品研究与创新庆典展示会上庆祝我们学生的成就。这是我们的学生展示他们的动态项目并承认他们的导师和社区支持的机会。享受点心和令人信服的学生工作！请于5月10日前致电aar@pausd.org。有关学生的AAR和创新项目的更多信息，请访问<https://aar.pausd.org/projects>。

Parent Ed: Unpacking the Culture of Success

家长Ed：解开成功文化

Fri, May 25, 7:30 PM, Palo Alto High School Performing Arts Center, [50 Embarcadero Rd, Palo Alto](#)

星期五, 5月25日晚上7:30, 帕洛阿尔托高中表演艺术中心, 帕洛阿尔托Embarcadero路50号

Gunn Parent Ed hosts an evening dedicated to the costs and cures for high-achieving academic cultures. Dr. Jamie Kyra O'Keeffe will be speaking for parents and students the evening of 25 May,

7:30PM, at Paly's Performing Arts Center. This session applies to all Gunn students, including seniors heading to college. Parents will leave with a deeper understanding of the sources of stress, a richer vocabulary for connecting with and supporting their kids, a model to reframe and explore stress, and a set of simple self-compassion exercises for everyday use. Registration required. Go to <https://2018-unpacking-success.eventbrite.com>.

甘恩父母爱德主持了一个晚上，致力于高成就的学术文化的成本和治疗。Jamie Kyra O'Keeffe博士将于5月25日晚上7:30在帕里表演艺术中心为家长和学生演讲。本课程适用于所有冈恩学生，包括前往大学的前辈。家长们将更深入地了解压力的来源，更丰富的词汇来连接和支持他们的孩子，重构和探索压力的模型，以及一套日常使用的简单自我同情练习。需要注册。转到 <https://2018-unpacking-success.eventbrite.com>。

FROM THE PREVIOUS ISSUE:

来自上一期：

Seeking Nominations for Principal's Cup Award

寻求校长杯奖提名

Deadline: Fri, May 11

截止日期：5月11日星期五

The Principal's Cup celebrates a Gunn teacher who has demonstrated professional knowledge and expertise in teaching, shown commitment to building relationships with students in a way that positively impacts his/her students' learning, has contributed to the school community, and is a respected leader among his/her colleagues. Nominate a Gunn teacher by filling out the [nomination form](#). You may also send letters of support to Martha Elderon at melderon@pausd.org.

校长杯庆祝一位在教学中表现出专业知识和专业知识的古恩老师，表示承诺与学生建立良好关系，以积极影响学生学习的方式，为学校社区做出贡献，并成为受人尊敬的领导者他/她的同事。填写提名表格提名Gunn老师。您也可以通过melderon@pausd.org发送支持信函给Martha Elderon。

Gunn Athletics



T5 Caroline2020

Athlete Recognition

运动员表彰

Gunn Sports Boosters would like to recognize the following athletes for Honorable Mention: **Sabrina Dahlen** for girls lacrosse and **Jared Freeman** for track and field. Great job and GO TITANS!

Gunn运动促进小组本周要表彰的运动员有：女子长曲棍球队的Sabrina Dahlen以及田径队的Jared Freeman。真棒！加油Titans！

FROM THE PREVIOUS ISSUE:

上一期内容

Athlete Recognition

运动员表彰

Gunn Sports Boosters would like to recognize, **Samio Uze** for Athlete of the Week for baseball. We would also like to recognize **Zoe Lusk** for girls swimming (and a past winner), **Grace Williams** for girls lacrosse, **Matthew Anthony** for boys volleyball and **Shogo Mondaira** for boys swimming. Great job! Go Titans!

Gunn运动促进小组本周要表彰的是获得本周运动员奖的棒球队的Samio Uze，还有女子游泳队的Zoe Lusk（也是以往的获胜者），女子长曲棍球队的Grace Williams，男排的Matthew Anthony，以及男子游泳队的Shogo Mondaira。真棒！加油Titans！



PAUSD & PTAC

****NEW** Read the current message from our Interim Superintendent**

**** 新内容 **请阅读我们临时学区总监的最新消息**

We will re-post Karen Hendricks' communications here each week, in case you missed it on her Friday Infinite Campus email to you. Visit <https://www.pausd.org/news> for the latest message from Karen Hendricks.

我们将每周在这里重新发布Karen Hendricks的通信，以防您在星期五的Infinite campus邮件中错过了它。请访问<https://www.pausd.org/news>以获取Karen Hendricks的最新消息。

Click My Cause

点击发送我的理由

Speak up now for PAUSD students! Take action with a fast click of a button. Your voice needed to advance 3 critical CA education bills:

- Increase funding for K-12 education (AB 2808). CA schools are funded far below national average (cost-of-living adjusted)
- Pupil suicide prevention and training (AB 2639, Asm Berman)
- Invest in Pre-K education (AB 1754). Every dollar invested in early education saves CA many, many more dollars later.
- Download the Click My Cause iPhone app (with download instructions) at <https://clickmycause.com/download/>. Select "Palo Alto PTA Council" to send your alerts. Look for repeated alerts through September 30, 2018. Click "Ok" to allow notifications. You must do this to receive your mobile alerts.

请现在就为PAUSD学生发言！您可以通过点击一个按钮来采取行动。三个重要的有关加州教育的法案需要倾听您的主张来推动：

- 增加对K-12教育的资助（AB 2808）。加州学校的资金远低于全国平均水平（经生活指数调整）。
- 学生自杀预防和培训（AB 2639, Asm Berman）。
- 投资于Pre-K教育（AB 1754）。在早期教育中投入的每一美元都可以为加州未来节省更多费用。
- 从<https://clickmycause.com/download/> 下载Click My Cause iPhone 应用程序（包含下载指南）。选择“Palo Alto PTA Council”作为您需要接受警报的选项。选择在2018年9月30日之前能多次接收警报的功能。选择“确定”以允许通知您。您必须这样做才能收到移动通知。

T-6 Andy

LEGOLAND

Enjoy a day at LEGOLAND on us! **PTA Family Field Trip:** Visit LEGOLAND California and SEA LIFE Aquarium for only \$55 per adult or child. That's half off the regular price! Must be reserved and

pre-paid by phone. Call (760) 438-5346 and have your school name ready (minimum purchase 6 tickets).

PTA Kids Go Free (Online): Visit www.LEGOLAND.com/ptadiscout to purchase one full paid adult admission to LEGOLAND California and SEA LIFE Aquarium and receive one free child admission. Enter discount code 15031.

PTA Kids Go Free (Flier): Visit www.LEGOLAND.com/ptafllyer to print your own flier and bring it to a LEGOLAND California ticket booth to receive one free child with one full paid adult admission to LEGOLAND California and SEA LIFE Aquarium.

乐高乐园

在乐高乐园享受一天吧!PTA家庭实地考察旅行:以成人或儿童的价格, 只花55美元, 就可以参观乐高和加利福尼亚和海洋生物水族馆。这是正常价格的一半!必须保留和预付电话。电话(760)438-5346, 并准备好你的学名(最低购票6张)。

家长教师联谊会的孩子们免费(在线):访问www.LEGOLAND.com/ptadiscout, 购买一个全额付费成人进入乐高和加利福尼亚和海洋生物水族馆, 并获得一个免费的儿童入场券。输入折扣代码15031。

家长教师联会的孩子们免费(传单):访问www.LEGOLAND.com/ptafllyer, 打印你自己的传单, 并把它带到一个LEGOLAND California售票亭, 接收一个全额付费的成人带一个免费的孩子, 进入LEGOLAND California和SEA LIFE水族馆。

Summer Camps Held at PAUSD Sites

Looking for a summer camp in your neighborhood or at one of our Palo Alto Unified school sites? Now you can find it at the PTAC website at <https://ptac.paloaltopta.org/2018-summer-camps/>. Camp providers listed on this page host activities/summer camps at PAUSD Schools, and pay rental fees to our district. These rental fees help to defray the cost of running our schools while providing local opportunities for our kids. PTA Council does not endorse one camp over another. This service is offered to give parents an easy way to find out what is being offered and where. Please contact the [PTAC Webmaster](#) to recommend updates to this information. There is no charge to providers to be listed.

夏令营在PAUSD网站举行

在你的社区或我们的帕洛阿尔托统一的学校里找一个夏令营?现在你可以在PTAC网站上找到它, 网址是<https://ptac.paloaltopta.org/2018-summer-camps/>。在此网页上列出的营办商在PAUSD学校举办活动/夏令营, 并向我们的地区支付租金。这些租赁费用有助于支付我们学校的运营费用, 同时为我们的孩子提供当地的机会。PTA理事会并会支持一个阵营而不支持令一个阵营。这项服务提供给父母一种简单的方

法来了解他们提供什么 和在哪里。请与PTAC网站管理员联系，建议更新此信息。供应商没有被列出的费用。



Community

High School Internships Information Meeting (2 more dates added)

Wed, May 9, and Wed, May 16, 6:30-7:30 PM, Mitchell Park Community Center "Matadero Room,"
[3700 Middlefield Rd. Palo Alto](#)

Learn about Get Involved high school internships at our info session. Get Involved was developed by former Paly career advisor Christina Owen with students and parents to help teens pursue their interests and earn meaningful community service hours. Interns promote the causes and missions of local nonprofit organizations with Design Thinking, informational interviews, electronic portfolios, and the "soft skills" required for college and career success. Interns can also earn the President's Award for Volunteer Service. Current Get Involved interns will share their projects, and the program director will answer questions about our program. Anyone interested in Get Involved internships, please come! Students with free and reduced lunch receive 100% tuition waivers to attend the program.

For more information, email: Christina@getinvolvedfoundation.org.

高中实习信息会议

周一，4月30日下午5:30-6:45，米切尔公园社区中心“El Palo Alto”房间，3700米德菲尔德路，帕洛阿尔托。

在我们的春季展示会中学到高中实习。参与其中的是前Paly职业顾问Christina Owen与学生和家长一起帮助青少年追求他们的兴趣并获得有意义的社区服务时间。实习生通过设计思维、信息面试、电子投资组合以及大学和职业准备所需的“软技能”来促进当地非营利组织的事业和使命。实习生还可以获得总统志愿服务的奖励。目前参与的实习生将分享他们的项目，项目主管将回答关于我们的项目的问题。任何有兴趣参加实习的人，请到我们的展示台和我们一起分享开胃菜!免费和减少午餐的学生可以得到100%的学费减免来参加这个项目。要了解更多信息，请发电子邮件:christina@getconnectedfoundation.org

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T7Jasmine

Downtown Palo Alto Farmer's Market Opening

Sat, May 12, 8 AM-noon, Gilman St between Hamilton & Forest

The Downtown Palo Alto Farmers' Market opens for 2018 on Saturday, May 12. The Market is a great place to get fresh local fruits, veggies, flowers, meats, cheeses, breads and more! Come hang out and listen to live music, while getting delicious brunch and coffee. Located on Gilman Street between Hamilton and Forest, the Market is open every Saturday from 8 AM to noon. Market is open rain or shine through mid-December. More at www.pafarmersmarket.org.

帕洛阿尔托市中心的农贸市场开放

周六, 5月12日上午8时到中午, 在Hamilton和Forest之间的Gilman 街

5月12日, 周六, 帕洛阿尔托市中心的农贸市场将开放。市场是获得新鲜水果、蔬菜、鲜花、肉类、奶酪、面包等新鲜水果的好地方!来吧, 一起去听现场音乐, 享受美味的早午餐和咖啡。这个市场位于汉密尔顿和森林之间的Gilman 街, 每个星期六上午8点到中午都是开放的直到12月中旬风雨无阻。了解更多 www.pafarmersmarket.org。

Youth Mental Health First Aid

Thu, May 17 & May 24, 9 AM-1 PM, Mitchell Park Community Center, [3700 Middlefield Rd, Palo Alto](http://www.paloalto.gov/3700/Middlefield-Rd-Palo-Alto)

Learn important skills for promoting youth mental health and well-being! In partnership with Santa Clara County Behavioral Health Services, Project Safety Net invites you to a training in Youth Mental Health First Aid. Youth Mental Health First Aid teaches a 5-step action plan to offer initial help to young people showing signs of mental illness or in a crisis, and connect them with the appropriate professional, peer, social, or self-help care. *This training requires attendance on both days.* [RSVP](#)

青少年心理健康急救

周四, 5月17日- 5月24日, 9月9日下午1点, 米切尔公园社区中心, 3700米德尔菲尔德路, 帕洛阿尔托。学习重要的技能, 促进青少年精神健康和幸福!与圣克拉拉县行为健康服务合作, 项目安全网邀请您参加青少年心理健康急救培训。“青年精神健康急救”计划提供一项5步行动计划, 为那些表现出精神疾病或危机迹象的年轻人提供初步帮助, 并将他们与适当的专业、同龄人、社会或自助护理联系起来。这项训练需要两天的时间。

Community Service Opportunity: Volunteer on National River Cleanup Day

Sat, May 19, 9 AM-12 PM, Baylands (Matadero or Adobe Creek)

The City of Palo Alto is hosting two Cleanup sites (Matadero: site 17 and Adobe: site 18) to clean up litter in the Baylands. Please go to www.cleanacreek.org to sign up and be sure to bring your waivers. Three hours of community service will be available.

社区服务机会:全国河流清扫日志愿者

周六, 5月19日上午9点至12点, Baylands (Matadero或Adobe Creek)

帕洛阿尔托市(Palo Alto)正在举办两个清理场地(Matadero: site 17和Adobe: site 18)来清理Baylands的垃圾。请登录www.cleanacreek.org注册, 并确保携带您的豁免书。将有三个小时的社区服务。

T8Jasmine

Project Safety Net Community Forum: Policy and Advocacy (Goal 4)

Wed, May 23, 3:30-5:30 PM, Rinconada Library, Embarcadero Room, [1213 Newell Rd, Palo Alto](#)

You're invited to a special community forum meeting, as Project Safety Net will be focusing on Goal 4: Policy and Advocacy, as outlined in Project Safety Net's [Three-Year Road Map](#). RSVP [here](#). There will be a discussion with advocates and community leaders regarding the current local, state, and federal landscape of youth well-being and suicide prevention policy. Presenters will outline best practices for weighing in with policy makers, and share future opportunities for supporting youth mental health and suicide prevention initiatives.

项目安全网络社区论坛:政策与宣传(目标4)

周三, 5月23日, 下午3:30-5:30, Rinconada图书馆, 位于Palo Alto的Newell Rd, 1213号

你被邀请参加一个特别的社区论坛会议, 因为项目安全网络将聚焦于目标4:政策和宣传, 正如项目安全网的三年路线图所概述的那样。关于当前的地方、州和联邦的青年福利和自杀预防政策, 将会与倡导者和社区领导人进行讨论。发言者将概述与决策者进行权衡的最佳做法, 并分享未来支持青少年心理健康和自杀预防措施的机会。

Family Yoga at Blossom

Saturdays, 10:30-11:30 AM, Blossom Birth, [505 Barron Ave, Palo Alto](#) (New location after May 28th)

Family Yoga at Blossom is perfect for moms, dads or grandparents and their toddlers or preschool kids. Enjoy vitalizing yoga, playful meditation and singing as a sweet way to connect with your child. Have two or more? Bring them all, children join for free. Make this a joyful weekend family routine or drop-in whenever you need some vitalizing movement.

<https://www.blossombirth.org/mom--toddler.html>

家庭瑜伽在开花

星期六, 10:30-11:30 AM, Blossom Birth, 505 Barron Ave, 帕洛阿尔托(5月28日之后会出新地址)

家庭瑜伽对母亲、父亲、祖父母、幼儿或学龄前儿童来说都是完美的。享受充满活力的瑜伽, 好玩的冥想和唱歌, 作为一种甜蜜的方式与你的孩子联系。有两个或两个以上的吗?把他们带来, 孩子们免费加入。无论何时你需要一些生机勃勃的运动, 都要让这成为一个快乐的周末家庭生活。

<https://www.blossombirth.org/mom--toddler.html>

Ragazzi Boys Chorus Spring Recital

Sat, Jun 9, 5:00 PM, First United Methodist Church, [625 Hamilton Ave, Palo Alto](#)

Not sure about auditioning? Hear our youngest singers! The boys of Ragazzi Boys Chorus, from small to medium, sing in their end-of-the-year Spring Recital. Many levels of the chorus are showcased, at levels from beginners through boys preparing for summer touring. The choristers are at their finest at this recital. Experience the artistry of our young singers; we're delighted to share their beautiful choral accomplishments. Sung by Primary Groups, Ragazzi Premiere and Avanti. Buy tickets at <https://ragazzi.org/performances/>.

拉齐男孩合唱团春季独奏会

周六, 6月9日下午5点, 第一联合卫理公会教堂, 625号, 帕洛阿尔托。

不知道效果?来听听我们的最年轻的歌手!从小到中, 拉齐男孩合唱团的男孩们唱着他们年底的春季独奏会。许多级别的合唱都是展示, 从初学者到男孩准备夏季巡回演出。唱诗班的人在这次演奏会中表现最好。体验我们年轻歌手的艺术性;我们很高兴分享他们美丽的合唱成就。由主要团体演唱, Ragazzi Premiere和Avanti。在<https://ragazzi.org/performances/>上买票。

T9Jasmine

Ragazzi Sings Bing! 30th Anniversary Concert

Sun, Jun 10, 2:30 PM, Bing Concert Hall, Stanford University, [327 Lasuen St](#)

Presented by Stanford Live, our entire program is on display in Bing Concert Hall. Augmented by our Alumni Chorus and our Alumni ensemble, Ragazzi Continuo, this concert will explore a stunning range of vocalism. All the boys, from small to tall, will perform at their peak of the season. Alums of all Ragazzi generations come together to recreate -- with the very same Director -- the unparalleled experience they shared growing up as Ragazzi choristers. This concert has been 30 years in the making, and features old favorites, new works and countless rewards. Buy tickets at <https://ragazzi.org/performances/>.

Bing Ragazzi唱歌!30周年音乐会

周日, 6月10日, 下午2点30分, Bing音乐厅, 斯坦福大学, 327号, Lasuen St。

由斯坦福大学直播, 我们的整个节目在Bing音乐厅展示。由我们的校友合唱团和我们的校友合奏, Ragazzi Continuo, 这场音乐会将探索一系列令人惊叹的声乐。所有的男孩, 从小到高, 都将在本赛季的颠峰表演。所有的拉贾拉奇家族的校友们都聚在一起, 共同创造出一种前所未有的体验, 他们共同成长成为拉齐阿奇(Ragazzi choristers)。这场音乐会已经进行了30年, 并有一些旧的收藏、新作品和无数的赏金。在<https://ragazzi.org/performances/>上买票。

Free On-Demand Webinar from PAMF: Tips for Transitioning Into College Life

View online anytime:

<http://www.pamf.org/healtheducation/reference/video.html>

This webinar is focused on helping teens make healthy choices as they transition into college. The presenters are a family physician and psychologist. Topics include transitioning to adult healthcare, living with a roommate, managing stress, sexual health and more. Perfect for parents of graduating seniors to help start conversations around changing roles and responsibilities. Please contact Jen Hawkins with any questions: hawkinjn@pamf.org.

PAMF免费在线研讨会:过渡到大学生活的建议

随时查看在线: <http://www.pamf.org/healtheducation/reference/video.html>

这个网络研讨会的重点是帮助青少年在进入大学的过程中做出健康的选择。主持人是家庭医生和心理学家。话题包括向成年人提供医疗服务、与室友一起生活、管理压力、性健康等等。对即将毕业的大四学生的父母来说，最完美的方法就是帮助他们开始讨论角色和责任的变化。请与珍·霍金斯联系：

hawkinjn@pamf.org。

Downtown Palo Alto Farmers Market Looking for Student Volunteers

Downtown Palo Alto Farmers Market is currently looking for a few committed High School students to help with the downtown Palo Alto Farmers' Market on Saturday mornings. Earn those community service hours in the company of farmers, foodies, and awesome fruits and vegetables. Learn how a farmers' market is run and help make it go! Minimum commitment is 2-3 hours, two Saturdays per month. Shifts are 7-10 AM and 10 AM-12:30 PM. Market opens May 12, 2018. Please contact Jennifer Dell-Ernstrom (jdellern@gmail.com) to fill out application.

帕洛阿尔托市中心的农贸市场正在寻找学生志愿者

帕洛阿尔托市中心的农贸市场目前正在寻找几名高中学生，以帮助他们在周六上午在帕洛阿尔托市的市中心的农贸市场工作。在农民、美食家和令人惊叹的水果和蔬菜的公司里赚取这些社区服务时间。了解一个农贸市场是如何运作的，并帮助它前进!最低承诺是2-3小时，每个月2个星期六。换班时间是早上7点到10点，早上10点到中午12点30分。市场于2018年5月12日开业。请联系Jennifer Dell-Ernstrom (jdellern@gmail.com)填写申请表。

FROM THE PREVIOUS ISSUE:

T10 Max

Palo Alto Chinese School is Accepting New Enrollment for 2018-2019

Open House Fri, April 27 & May 4, 7 & 8 PM

Palo Alto Chinese School has been serving the community in Chinese language instructions for 55 years, and is accepting new enrollment. School year starts on 8/17/2018. Class meets every Friday 7-9 PM at JLS Middle School. There are two tracks. The Mandarin track is offered from Preschool to Grade 12, for students from heritage families. The Chinese as a Second Language (CSL) track is offered from intro, beginning, intermediate to advanced level for students with various exposure to Chinese language. For more info, check <http://www.paloaltochineseschool.org/> or email contact@paloaltochineseschool.org.

Palo Alto 中国学校正在接受2018-2019新招生

星期五, 4月27日和5月4日, 下午7点和八点

Palo Alto中国学校在中文说明方面已经帮助社区服务55年, 并在接受新的招生。学校从2018年8月17日开始。JLS中学每周五7-9点都会开班。有两条路线。普通话路线从学前班到12年级为来自传统家庭的学生提供。中文作为第二语言(CSL)的路线是从介绍, 开始, 中级到高级水平为学生提供各种接触中文的方式。想要更多的信息, 请查看<http://www.paloaltochineseschool.org/> 或者用邮箱联系 contact@paloaltochineseschool.org

Magical Strings West Spring Concert 2018

Sun, Apr 29, 3:30-5 PM, Menlo-Atherton Center for Performing Arts, [555 Middlefield Rd, Atherton](#)

Reserve your tickets at magicalstringswest.eventbrite.com. Free admission. Magical Strings West, a group of talented young violinists from age 3 to 18, once again will present a wonderful program this year, with music by Bach, Vivaldi, Bartok, Telemann, Brahms, Veracini and more.

魔术弦西春音乐会2018年

星期六, 四月29日, 下午3点30至5点, *Menlo-Atherton Center for Performing Arts, [555 Middlefield Rd, Atherton](#)*

预订门票在magicalstringswest.eventbrite.com。免费入场。本次魔术弦西春音乐会是由一群年龄在3至18岁之间的天才小提琴手, 将在今年推出精彩节目, 包括巴赫, 维瓦尔第, 巴托克, 泰勒曼, 勃拉姆斯, 韦拉奇尼等等。

Grace Lutheran Preschool Community BBQ and Silent Auction

Sun, Apr 29, 4-7 PM, Grace Lutheran Church, [3149 Waverley St, Palo Alto](#)

Join us for an evening of old fashioned BBQ and fun with Zuc's Frontyard BBQ, a jumpy house, face painting, and a silent auction with offerings for the whole family. Proceeds support the Grace Lutheran Preschool scholarship fund and Grace Lutheran Church Youth Group. Purchase tickets in advance at <http://gracepre.org>. \$15 for adults/\$10 for children under 10. Questions? (650) 493-8942

Grace Lutheran 学龄前社区烧烤和无声拍卖

周六, 四月29日, 下午4点至7点, *Grace Lutheran Church, [3149 Waverley St, Palo Alto](#)*

加入我们, 参加Zuc's Frontyard烧烤, 一座跳跳房, 脸上绘画, 以及为全家人提供无声拍卖的老式烧烤乐趣。收益支持Grace Lutheran学前奖学金基金和Grace Lutheran Church Youth Group。提前购买门票在<http://gracepre.org>。成人15美元/ 10岁以下儿童10美元。如果有问题 (650) 493-8942

George Zheng

High School Internships Information Meeting

Mon, Apr 30, 5:30-6:45 PM, Mitchell Park Community Center "El [Palo Alto](#)" Room, [3700 Middlefield Rd. Palo Alto](#)

Learn about Get Involved high school internships at our Spring Showcase. Get Involved was developed by former Paly career advisor Christina Owen with students and parents to help teens pursue their interests and earn meaningful community service hours. Interns promote the causes and missions of local nonprofit organizations with Design Thinking, informational interviews, electronic portfolios, and the "soft skills" required for college and career readiness. Interns can also earn the President's Award for Volunteer Service. Current Get Involved interns will share their projects, program director will answer questions about our program. Anyone interested in Get Involved internships, please come to the Showcase and share appetizers with us! Students with free and reduced lunch receive 100% tuition waivers to attend the program. For more information, email:

Christina@getinvolvedfoundation.org.

Paly Theatre Annual One Acts Showcase

Thu-Sat, May 3-5, 7:30 PM, Performing Arts Center, Palo Alto High School, [50 Embarcadero Rd. Palo Alto](#)

Paly Theatre is hosting their annual One Act One Acts which are a student produced and directed performance of a variety of short shows. Some of these shows were written by students, and all of them are directed by students. These shows are unique and it's not every day you get to see work that's created almost entirely by high-school students. Don't miss out! Tickets will be sold at the door: \$5 for students; \$10 for adults; cash only. More details available at <https://www.palytheatre.com/>.

Los Altos Hills Pathways Run/Walk

Sat, May 5, 9 AM, Byrne Open Space Preserve Los Altos Hills

Come out for the 17th Annual Los Altos Hills Pathways Run/Walk, and make Los Altos Hills Pathways your home run! This year's event will enjoy a special Cinco de Mayo theme so wear your favorite festive running attire. Free sombreros for interested participants will available at packet pickup and race day while supplies last. This fun annual event begins at the Westwind Community Barn, runs through the Byrne Preserve and extends into the Los Altos Hills Pathways system. The run features a hilly and challenging 5K and 10K Pathways Run/Walk and a 1-Mile Fun Run. Special comfy Home Run race shirts will be provided along with finisher medals to those who register. To register, volunteer or for more race information contact Sarah Robustelli (650) 947-2518, srobustelli@losaltoshills.ca.gov or visit the event website at www.lahpathwaysrun.org.

高中实习信息会议

周一，4月30日，5：30-6：45 PM，帕洛阿尔托米德尔菲尔德路3700号米切尔公园社区中心“埃尔帕洛阿尔托”房间。

在我们春季展览中了解关于参与高中实习的信息。参与由前Paly职业顾问Christina Owen与学生和家长共同开发，旨在帮助青少年追求自己的兴趣并获得有意义的社区服务时间。实习生通过思维，信息访谈，电子档案以及大学和职业准备所需的“软技能”来促进当地非营利组织的使命。实习生还可以获得总统奖志愿服务奖。现任实习生将分享他们的项目，项目总监将回答有关我们计划的问题。任何有兴趣参与实习的人士，请来我们的展示并与我们分享他们。免费和减免午餐的学生将获得100%的减免费用，以参加该计划。欲了解更多信息，请发送电子邮件至Christina@getinvolvedfoundation.org。

帕罗奥图高中剧院一年一度话剧展示

星期四至五，下午7:30，帕洛阿尔托帕帕奥多高中表演艺术中心，Embarcadero路50号，帕洛阿尔托 Paly Theatre将举办年度“One Act One Acts”活动，该活动由学生制作并负责演出各种短片。其中一些节目由学生编写，所有节目都由学生指导。这些表演是独一无二的，并不是每天都能看到。这是几乎完全由高中生创作的作品。不要错过！门票将在门外销售：学生5美元；成人10美元；只收现金。更多详情，请访问<https://www.palytheatre.com/>。

洛斯阿尔托斯山路径跑步/走路

星期六，5月5日上午9点，拜恩露天保护区洛斯阿尔托斯山

出席第17届洛斯阿尔托斯山路径跑步/走路。让洛斯阿尔托斯山的道路成为您的家！今年的活动将享有特殊的Cinco de Mayo主题，因此请穿上您最喜爱的节日跑步服装。对于感兴趣的参与者会比赛当日供应免费松糕。这个有趣的年度活动始于西风社区谷仓，贯穿Byrne保护区并延伸至Los Altos Hills道路。这个活动有丘陵和有挑战性的5K和10K Pathways Run / Walk以及1英里的趣味跑步。比赛还会提供特别舒适的赛事衬衫将与精简奖牌。需要注册者，志愿者或需要获取更多比赛信息，请联系Sarah Robustelli (650) 947-2518, srobustelli@losaltoshills.ca.gov或访问活动网站www.lahpathwaysrun.org。

T12 Xiaolin

Tangos De Concierto: Tango Music for the Concert Hall

Sun, May 6, 7 PM, Mountain View Center for the Performing Arts, SecondStage, [500 Castro St. Mountain View](#)

Virtuosic Argentinian pianist, Pablo Estigarribia to tango his way into your hearts! An alluring night of musical passion and classical elegance. The skillful blend of tango colors with classical virtuosity and jazz flavor hits the Mountain View Center for Performing Arts stage with Maestro Pablo Estigarribia from Buenos Aires. Come and delight in his award winning piano solos, Tangos De Conciertos, and the debut of exclusive works with local guest artists. The program highlights Pablo's original tango music with brief narratives. [Tickets](#): \$35 Adults/Seniors, \$26 Students (21 & Under), \$19 Children (12 & Under). Ticket price includes \$3 Facility Use Fee. Other fees, depending on method of purchase, may apply.

Parent Chat: Support for Parents of Teens with Mental Health Challenges

Tue, May 8 & June 12, 7-8:30 PM, Los Altos Library, [13 S. San Antonio Rd, Los Altos](#)

Are you concerned about the emotional well-being of your child? Come to Parent Chat, peer to peer support for parents of teens. Hosted by the Mental Health Subcommittee of SELPA 1 CAC.

<http://www.selpa1cac.org/>

音乐会大厅的探戈音乐 ; Tangos De Concierto

五月六号, 星期天, 7pm, 山景表演艺术中心, 第二段, [500 Castro St, Mountain View](#)

精湛的阿根廷钢琴演奏家Pablo Estigarribia将用他的方式把音乐引入你的心中。这将会是一个充满激情以及古典优雅的音乐之夜。来自布宜诺斯艾利斯的帕布罗·斯蒂加里比亚大师将探戈音乐的色彩与古典的精湛技巧以及爵士乐的融合在一起, 他将震撼整个山景表演艺术中心。欢迎来到他的获奖钢琴独奏, Tangos De Conciertos, 以及与当地嘉艺术家的独家作品首演。该节目将以简短的叙述突出了巴勃罗的原始探

音乐。门票:\$35成人/老年人, \$26学生(21岁以下), \$19儿童(12岁以下)。票价包括3美元设施使用费。其他费用将视购买方法而定, 可以申请。

家长聊天:支持有心理健康挑战的青少年家长

五月八号, 星期天 &六月12号, 7-8:30PM, Los Altos图书馆, [13 S. San Antonio Rd, Los Altos](#)

你是否担心你的孩子的情绪健康? 来Parent Chat, 我们将为青少年父母提供点对点支持。由SELPA 1 CAC的心理健康小组委员会主办。 <http://www.selpa1cac.org/>

T13Jasmine

Let's Talk: Parent Spec Ed Support Group

Mon, May 14, 10 AM-12 PM, Los Altos Library, [13 S. San Antonio Rd, Los Altos](#)

A chance to ask questions and share ideas, resources, and support with other parents of students with IEPs, 504s, learning differences, mental health challenges, etc. All are welcome, participants must respect confidentiality. Organized by SELPA 1 CAC. <http://www.selpa1cac.org/>

让我们谈谈:家长规范支持小组

周一, 5月14日上午10点至12点, 洛斯阿尔托斯图书馆, 圣安东尼奥路13号, 洛斯阿尔托斯

有机会提问和分享想法、资源, 以及与其他有IEPs、504s、学习差异、心理健康挑战等的学生家长的支持。所有这些都是受欢迎的, 参与者必须尊重机密。由SELPA 1 CAC组织。 <http://www.selpa1cac.org/>

Save the Date:

Palo Alto World Music Day 2018 10th Anniversary: Musicians & Volunteers Wanted

Sun, Jun 17, 3-7:30 PM, University Avenue from Webster-High St (closed to traffic and open for pedestrians), Palo Alto

The City of Palo Alto has declared Sunday, June 17, as World Music Day. World Music Day is a free music festival that takes place in cities around the world every year around the Summer Solstice. Now for the tenth year in Palo Alto, 50 professional and amateur musical groups will perform a wide variety of musical genres: jazz, pop, rock, classical, world music, choral, etc. All performances are FREE and open to the public. This is a fun and unique family event not to be missed. Book the date now and tell your friends. The organizers are also looking for musicians and event volunteers from our community, including students from our schools. World Music Day is presented by the Stanford Federal Credit Union and organized by the Palo Alto Recreation Foundation. For more info: www.pamusicday.org or info@pamusicday.org. Click [here](#) to volunteer. Please invite all your Facebook friends to go to [Palo Alto World Music Day 2018 10th Anniversary](#). For more info on Make Music Day: <http://www.makemusicday.org/>.

帕洛阿尔托世界音乐日2018年10周年:召集音乐家和志愿者

6月17日, 下午3时到7点30分, 大学大道从webster 到 high 路段 (关闭对行人开放), Palo Alto

帕洛阿尔托市已宣布6月17日星期日为世界音乐日。世界音乐日是一个自由的音乐节, 每年的夏至都在世界各地的城市举行。现在, 在帕洛阿尔托是第10年, 50个专业和业余的音乐团体将演奏各种各样的音乐流派:爵士乐、流行音乐、摇滚、古典音乐、世界音乐、合唱等等。所有的表演都是免费的, 并向公众开放。这是一个有趣而独特的家庭事件, 不容错过。现在就预定日期, 告诉你的朋友。组织者还在寻找来自我们社区的音乐家和活动志愿者, 包括我们学校的学生。世界音乐日由斯坦福联邦信用联盟提出并由帕洛阿尔托娱乐基金会组织。更多信息:www.pamusicday.org或info@pamusicday.org。点击[这里](#)志愿者。请邀请你所有的Facebook朋友去帕洛阿尔托世界音乐日, 2018年10周年纪念日。有关制作音乐日的更多信息:<http://www.makemusicday.org/>。

For older Community announcements, see [Recent Issues of the Gunn Connection](#).